



**Join us for a 6 week program.
Starts Monday, September 17.**

**Contact Karla Furnari
karla.furnari@buncombecounty.org/828-250-6705**

Walk with Ease

**Manage aging
and arthritis
through active
living**

**MONDAYS 10AM-11AM
LAKE JULIAN PARK**

**WEDNESDAYS 10AM-11AM
BUNCOMBE COUNTY
SPORTS PARK**

**FRIDAYS 10AM-11AM
CHARLES D. OWEN
PARK**