

## **Buncombe County Public Libraries**

### **PROGRAM – August 2019**

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#### **Preview Leicester Artist Studio Tour**

*August – all month long*

*Leicester Library - 1561 Alexander Rd. - Leicester*

*(828) 250-6480*

Stop by the library for a preview of the Leicester Artist Studio Tour! Local artists' work will be on display from July 11- August 10 and may be viewed any time during the library's open hours. We'll also have brochures about the Annual Artist Studio Tour, which is taking place throughout the Leicester community August 17-18. For more information about the studio tour, visit <http://cometoleicester.org/>

#### **Town Wide Read: *One Foot In Eden* by Ron Rash**

*Events throughout August*

*Fairview Library - 1 Taylor Rd. - Fairview*

*(828) 250-6484*

Fairview Library is inviting everyone in the community to come together this summer through the shared experience of reading the same book in its first ever Town Wide Read.

The book chosen for this summer's Town Wide Read is *One Foot in Eden* by Ron Rash. The library has plenty of books in circulation for people to check out, and the Friends of Fairview Library will be selling copies of the book for \$5.00 to anyone that would like to own one.

Small group book discussions are planned at several Fairview businesses, and the library will be hosting 'An Evening with Ron Rash' on Wednesday September 11th at Fairview Christian Fellowship Church.

You can pick up a Town Wide Read Guide at any of our 2019 Friends of Fairview Library Business Member locations, at our book discussion locations, or at the library.

Schedule of Events for August:

- Monday, August 5th at 2pm: Book Discussion Group at Rise Above Bakehouse
- Tuesday, August 13th at 2pm: Book Discussion Group outside at Trout Lily (rain location is the library)
- Tuesday, August 20th at 7pm: Book Discussion Group at Fairview Public Library

#### **Book Club - *The Tea Girl of Hummingbird Lane* by Lisa See**

*Thursday, August 1 at 6:30PM*

*East Asheville Library - 902 Tunnel Rd. - Asheville*

*(828) 250-4738*

Discuss this month's book club pick, *The Tea Girl of Hummingbird Lane*, by Lisa See, with other book lovers.

#### **Spanish Conversation Group**

*Every Thursday in August at 5pm*

*Pack Memorial Library – 67 Haywood Street – Asheville*

*828-250-4700*

Looking to practice your Spanish language skills? Come to the Spanish Conversation Group at Pack Library! The group meets once a week to practice their language skills with a native Spanish speaker. Newcomers are always welcome to join in.

## **Gardening with Native Plants: A Sowing Circle Presentation**

*Saturday, August 3 at 10:00AM*

*Black Mountain Library - 105 N. Dougherty St. - Black Mountain*

*828-250-4756*

Debbie Green teaches us how to garden with native plants. Sponsored by Friends of the Black Mountain Library in partnership with Buncombe Master Gardeners.

## **Leicester Food Swap**

*Saturday, August 3 at 10:00AM*

*Saturday, August 31 at 10:00AM*

*Leicester Library - 1561 Alexander Rd. - Leicester*

*(828) 250-6480*

Bring what you've got to swap! On select Saturday mornings at the Leicester Library, bring your homegrown, foraged, or homemade foods to trade. Please prepare your food items in small, tradeable sizes. August 3; August 31; September 28.

## **Evening Book Club: *The Story of Arthur Truluv* by Elizabeth Berg**

*Tuesday, August 6 at 7:00PM*

*Enka-Candler Library - 1404 Sandhill Rd. - Candler*

*(828) 250-4758*

We will be discussing "The Story of Arthur Truluv" by Elizabeth Berg

## **Queer Book Club: *Picture Us in the Light* by Kelly Loy Gilbert**

*Tuesday, August 6 at 5:30PM*

*Skyland/South Buncombe Library - 260 Overlook Rd. - Asheville*

*(828) 250-6488*

For adults and young adults. First Tuesday of the month at 5:30pm.

- August: *Picture Us in the Light* by Kelly Loy Gilbert
- September: *Laura Dean Keeps Breaking Up With Me* by Mariko Tamaki & Rosemary Valero-O'Connell

## **Weaverville Book Club: *Just Mercy* by Bryan Stevenson**

*Tuesday, August 6 at 7:00PM*

*Weaverville Library - 41 N. Main St. - Weaverville*

*(828) 250-6482*

## **An Evening With Your Health: 5 Essentials of Health**

*Tuesday, August 6 at 6:15:00 PM*

*North Asheville Library - 1030 Merrimon Ave. - Asheville*

*(828) 250-4752*

Join experts from the WNC Holistic Center as they discuss the essentials of full-body health and how to incorporate healthy habits into your life.

From the "gut brain" to full-body nutrition to mental health, they will share with you how to stay healthy in a natural, affordable, and drug-free way. You will learn about the definition of health, how to interpret food labels, and how to decide what foods to buy organic.

## **Yoga Outside**

*Every Tuesday in August at 7:00PM*

*Leicester Library - 1561 Alexander Rd. - Leicester*

*(828) 250-6480*

Join us for yoga on Tuesday evenings in August at 7pm. This free, 4-part yoga series will calm the mind and invigorate the spirit. We'll be practicing amitra yoga outside as weather permits and will practice in the meeting room if it's raining. Wear comfortable clothing and bring a mat or a towel to put on the grass. All levels welcome.

## **Meet Guide Dogs for the Blind**

*Friday, August 9 at 2:00PM*

*Black Mountain Library - 105 N. Dougherty St. - Black Mountain*

*828-250-4756*

Come and learn about raising a Guide Dog for the Blind. What makes a good Guide? How do we raise them? Would YOU like to be a puppy raiser? Puppy Raisers will be on hand to answer questions, and puppies will be on hand for snuggles!

## **Mull it Over Book Club: *Amity and Prosperity* by Eliza Griswold**

*Tuesday, August 13 at 7:00PM*

*Pack Memorial Library - 67 Haywood St. - Asheville*

*(828) 250-4700*

Join us the second Tuesday of each month at 7 PM for a book discussion. For the month of August, we'll be discussing "Amity and Prosperity" by Eliza Griswold. We might meet at a brewery, a coffee-house, or somewhere else! We like to change it up and newcomers are always welcome. Place to be posted soon! Books are available at the front desk of Pack or on our digital library.

## **Friends of Fairview Library Meeting**

*Tuesday, August 13 at 7:00PM*

*Fairview Library - 1 Taylor Rd. - Fairview*

*(828) 250-6484*

The Friends of Fairview Library will be meeting on Tuesday, August 13 at 7pm. All members are welcome to attend.

## **Mending Workshop with Sewing Rebellion**

*Wednesday, August 14, 2019, 5 – 6:30pm*

*Pack Memorial Library - 67 Haywood St. - Asheville*

*(828) 250-4718*

Have an item of clothing that needs repair? Want to learn how to do some simple fixes on clothes, like buttons, zippers or patches? Come to the library with your items and we'll teach you how to mend that classic pair of jeans or your favorite stuffed animal.

Children are welcome to sew as well, but they must be accompanied by their parent or guardian. This program is free and supplies will be provided!

## **Chair Yoga for Seniors**

*Thursday, August 15 at 2:00PM*

*Thursday, August 22 at 2:00PM*

*Thursday, August 29 at 2:00PM*

*North Asheville Library - 1030 Merrimon Ave. - Asheville*

*(828) 250-4752*

Join instructor Darleen Benson as she leads a 6-week series of chair yoga classes geared specifically towards seniors.

A yoga teacher with almost 40 years of experience, Darleen will lead the class in a beginner friendly routine designed to increase strength, flexibility, and balance. Participants will learn natural body postures that fight pain and promote mobility.

This program is free and open to the public. Classes will be held at 2pm every Thursday from August 15th through September 19th.

### **Mixed Level Mat Pilates Class**

*Saturday, August 17 at 11:00AM*

*Pack Memorial Library – 67 Haywood Street – Asheville*

*828-250-4700*

Learn the fundamentals of Pilates, or for those who are already experienced, deepen your practice in this mixed level class. Pilates is a whole body workout where we find strength, stretch, and control Pilates is for every BODY...no matter your age, gender, or physical ability. This event is free, but you do need to register. Please visit the library web page and use the link on the calendar for this program to sign up.

### **North Asheville Book Club: *American Eden* by Victoria Johnson**

*Tuesday, August 20 at 2:00PM*

*North Asheville Library - 1030 Merrimon Ave. - Asheville*

*(828) 250-4752*

Join us to discuss this month's book: "American Eden: David Hosack, Botany, and Medicine in the Garden of the Early Republic" by Victoria Johnson. The North Asheville Book Club meets on the 3rd Tuesday of every month.

### **Mystery Book Club: *A Cold Day For Murder* by Dana Stabenow**

*Tuesday, August 20 at 7:00PM*

*Black Mountain Library - 105 N. Dougherty St. - Black Mountain*

*828-250-4756*

Discuss mystery genre books in a community of book-loving sleuths. We'll be discussing *A Cold Day for Murder* by Dana Stabenow.

### **An Evening With Your Health: Stress Management**

*Tuesday, August 20 at 6:15:00 PM*

*North Asheville Library - 1030 Merrimon Ave. - Asheville*

*(828) 250-4752*

Join experts from the WNC Holistic Center as they share simple and effective ways to manage everyday stress. They will discuss some of the common causes of stress and share exercises and activities designed to help you better deal with and reduce the stress in your life.

### **Afternoon History Book Club: *The Removes* by Tatjana Soli**

*Wednesday, August 21 at 3:00PM*

*Enka-Candler Library - 1404 Sandhill Rd. - Candler*

(828) 250-4758

We will be discussing *The Removes* by Tatjana Soli

### **Swannanoa Book Club: *The Overstory* by Richard Powers**

*Thursday, August 22 at 6:00PM*

*Swannanoa Library - 101 W. Charleston Ave. - Swannanoa*

*(828) 250-6486*

"The Overstory" by Richard Powers was the 2019 winner of the Pulitzer Prize for Literature, and was a finalist for the Man Booker Prize. Join us for an evening of discussion and light refreshments about this amazing story.

This program is free and open to the public. Classes will be held at 2pm every Thursday from August 15th through September 19th.

### **Graphic Novel Book Club**

*Tuesday, August 27 at 3:00PM*

*North Asheville Library - 1030 Merrimon Ave. - Asheville*

*(828) 250-4752*

Come join the Graphic Novel Book Club! We'll come together at the North Asheville Library on the 4th Tuesday of every month at 3pm. We'll discuss the graphic novel of the month and create some related artwork! Come by the North Asheville circulation desk to check out a copy of our current book of the month! For ages 8-12.

### **Billy Wilder Film Series: *Some Like it Hot***

*Tuesday, August 27 at 6:00PM*

*Fairview Library - 1 Taylor Rd. - Fairview*

*(828) 250-6484*

In a career that spanned five decades, Billy Wilder is considered one of the most brilliant and versatile filmmakers of Hollywood's Golden Age. Join us for part 3 of a 4 part retrospective of his brilliant career. While on the run from the mob, Joe and Jerry (Tony Curtis and Jack Lemmon) get the wise idea to disguise themselves as women and join an all-female traveling band. Could anything be more sensible?

This comedy classic also stars Marilyn Monroe as Sugar Kane (the band's lead vocalist and ukulele player) and George Raft as "Spats" Colombo (the gangster out to get our heroes). All screenings will be hosted by North Carolina Film Critics Association member James Rosario (thedailyorca.com), who will introduce each film and lead a discussion after. Free popcorn provided by Grail Moviehouse. Not Rated. 110 minutes.

### **WNC Declassified: Local History Discoveries in Long-Secret Documents**

*Wednesday, August 28 at 6:00PM*

*Pack Memorial Library*

*67 Haywood Street*

*828-250-4740*

WNC Magazine Senior Editor Jon Elliston will recap his yearlong series on declassified local documents with a multimedia presentation featuring:

- Asheville's Fascist: William Dudley Pelley's obscure but infamous Silver Shirt movement lives on in his paper trail
- Swannanoa's Superspy: Carl Duckett's unlikely journey from small-town roots to top CIA official

- Rosman’s Spy Base: When the National Security Agency set up a mountain espionage station, it was a hard secret to keep
- Senator Sam Ervin’s Secret Wars: He stuck to the Constitution through clashes with McCarthy, the Army, CIA, and Nixon
- School Under Scrutiny: The FBI’s files on Black Mountain College tell a little-known story of art, politics, and surveillance

Please join us for this free program on WNC history. Light refreshments will be served.

**Kathy Izard: Reading & Signing *The Hundred Story Home***

*Thursday, August 29 at 6:00PM*

*Pack Memorial Library*

*67 Haywood St. – Asheville*

*(828) 250-4718*

Join us at Pack Memorial Library to welcome Kathy Izard, author of *The Hundred Story Home* and *A Good Night for Mr. Coleman*. She will be conducting a reading followed by a Q&A with guests from AHOPE Day Center-Homeward Bound of WNC.

Kathy Izard is an award-winning author and speaker who helped bring transformation to Charlotte in the areas of homelessness, housing and mental health. Her memoir *The Hundred Story Home* has been featured on NPR and the TODAY Show and inspires people to be change makers in their communities.

Malaprop's Bookstore/Cafe will be here for book sales and help with the book signing. This program is free and everyone is welcome.