

Hard to House Asheville, NC

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North Carolina Coalition to End Homelessness

securing resources • encouraging public dialogue • advocating for public policy change

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Keys to Ending Homelessness

- Affordable Housing
- Appropriate Services
- Adequate Income

PSH Successes & Evidence

- ❑ Decreases in Chronic Homelessness
- ❑ Improvements in Maintaining Housing Stability
- ❑ Improvements in Health Outcomes
- ❑ Decreases in publicly-funded institutions

Evidence

- 2009 Seattle study found that moving chronic inebriates into permanent supportive housing resulted in an approximately 33 percent decline in alcohol use for clients
- Studies consistently find decreases in utilization of emergency rooms, state hospitals stays, jail costs, shelter costs, etc.
 - Buncombe: 31% decline in costs in one year
 - Guilford: 19% decline in costs in one year
 - Wake: 30% decline in costs after two years

Housing First

- An evidence-based practice that looks at housing as a tool, rather than a reward, for recovery.
- It is an approach to ending homelessness that centers on providing permanent housing first and then providing services as needed and requested.
- Pioneered by Dr. Sam Tsemberis from Pathways to Housing in New York City,
- Housing First believes that any person is ready for housing.

Housing First Principles

- Move people into housing directly from streets and shelters without preconditions of treatment acceptance or compliance;
- The provider is obligated to bring robust support services to the housing. These services are predicated on assertive engagement, not coercion;
- Continued tenancy is not dependent on participation in services;
- Units targeted to most disabled and vulnerable homeless members of the community;
- Embraces harm-reduction approach to addictions rather than mandating abstinence. At the same time, the provider must be prepared to support resident commitments to recovery;
- Residents must have leases and tenant protections under the law;
- Can be implemented as either a project-based or scattered site model.

Barriers to Getting Housing

- ▣ Criminal History
- ▣ Credit History
- ▣ Housing History
- ▣ Financial Resources

Barriers to Keeping Housing

- ▣ Financial Barriers

- Income, budgeting

- ▣ Behavioral Barriers

- Mental Health, substance use, tenancy skills

A New Approach



vs.



Approaches That Work

- ❑ Critical Time Intervention
- ❑ Progressive Engagement
- ❑ Harm Reduction
- ❑ Housing First
- ❑ Motivational Interviewing
- ❑ PSH graduation
- ❑ Funding for Tenancy Supports
- ❑ Fidelity to the Model

What does Permanent Supportive Housing look like in North Carolina?

Tenant-Based Rental Assistance (TBRA)

vs.

Project-Based Rental Assistance

Scattered Site

vs.

Site-based projects

Housing Resources

- ❑ Target Key Program
- ❑ Housing Choice (Section 8) Vouchers
- ❑ Section 811
- ❑ Public Housing Authority Units
- ❑ HOME TBRA
- ❑ Shelter Plus Care
- ❑ Homeless Permanent Supportive Housing Programs
- ❑ Special Assistance (Community Living)
- ❑ YM 700 IPRS Code
- ❑ New Resources from DOJ Settlement...

DOJ Settlement

- 3000 Housing Slots of Community-Based Supportive Housing by July 1, 2010
- Access to transition and ongoing services
- In-reach activities in Adult Care Homes & State Psychiatric Hospitals
- Discharge/Transition
- Pre-admission Screening and Diversion
- Quality Assurance and Performance Improvement

DOJ Settlement Target Population

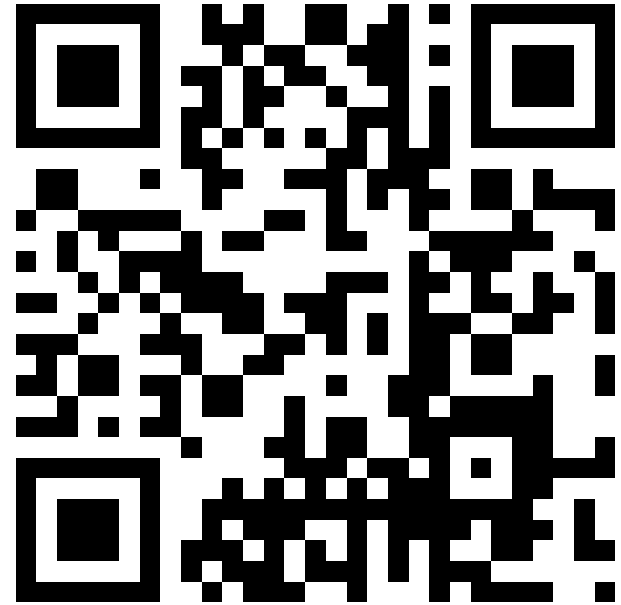
- Individuals with SMI who reside in ACHs determined by the State to be an IMD
- Individuals with SPMI who are residing in ACHs licensed for various populations
- Individuals with SPMI who are or will be discharged from a State Psychiatric Hospital and who are homeless or have unstable housing
- Individuals diverted from entry into ACHs pursuant to the pre-admission screening and diversion provisions established by the State.

DOJ New Resources

- Tenant-Based Rental Assistance
- Increased Housing Staff @ State and MCO/LME Levels
- ACTT Fidelity
- Supported Employment
- Funding Tenancy Supports
 - Medicaid
 - TBRA

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- NCCEH Webpage: www.ncceh.org
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