

# NON-HEALTH CARE EMPLOYEE SYMPTOM

# SCREENING CHECKLIST

**ANYONE SHOWING SYMPTOMS OF COVID-19 OR WHO MAY HAVE BEEN EXPOSED TO COVID-19 SHOULD NOT WORK.**

**1** *Have you had close contact (within 6 feet for at least 10 minutes) in the last 14 days with someone diagnosed with COVID-19 or has any health department been in contact with you and advised you to quarantine?*

**YES**

The employee should not work. The employee can return to work 14 days after the last time they had close contact with someone with COVID-19.

**NO**

The employee can work if they are not experiencing symptoms.

**2** *Since you last worked, have you had any of these symptoms?*

Fever

Muscle pain

Shortness of breath

Sore throat

Cough

New loss of taste or smell

Chills

Confusion or dizziness

Repeated shaking with chills

*If an employee has any of these symptoms, they should go home, stay away from other people, and call their health care provider.*

**IF AN EMPLOYEE HAS BEEN DIAGNOSED WITH COVID-19 OR HAS HAD SYMPTOMS RECENTLY, THEY SHOULD NOT WORK.**

*If an employee is diagnosed with COVID-19 based on a test or their symptoms or does not get a COVID-19 test but has had symptoms, they should stay at home.*

*An employee can return to work when they can answer YES to ALL three questions:*

Has it been at least 10 days since you first had symptoms?

Has it been at least 3 days since you've had a fever (without using fever reducing medicine)?

Has it been at least 3 days since your symptoms have improved, including cough and shortness of breath?

*If an employee has had a negative COVID-19 test, they can return to work once they have no fever without the use of fever-reducing medicines and have felt well for 24 hours.*

*The employee can return to work without meeting the above criteria and without a negative COVID-19 test result IF they have a doctor's note allowing them to return to work.*



**HAVE MORE QUESTIONS?**

**CONTACT THE READY TEAM AT  
(828) 419-0095 OR**

**READY@BUNCOMBECOUNTY.ORG  
(MONDAY-FRIDAY, 8AM-5:30PM)**



**STAY INFORMED**

[BUNCOMBECOUNTY.ORG](https://www.buncombecounty.org)

[NCDHHS.GOV](https://www.ncdhhs.gov)

[CDC.GOV](https://www.cdc.gov)

DIAL 2-1-1 FOR COMMUNITY RESOURCES

TEXT COVIDNC TO 898-211 FOR UPDATES

