

Brown Rice Pudding

Source: WIC buying guide 2009.

Ingredients

- 1 ½ cups cooked brown rice
- 2 cups 1% milk
- ¼ teaspoon salt
- ¼ cup sugar
- ¼ cup raisins
- ½ teaspoon vanilla extract

Directions

1. Preheat oven to 300° F.
2. Combine all ingredients in a 1 quart casserole and stir.
3. Bake for 45 minutes. Stir once about 15 minutes after placing in the oven.

I sprinkled with ground cinnamon and added candied or crystallized ginger on top.