



# SECOND SATURDAYS

Knowledge and skills classes for bicyclists

## Course topics include:

- Bike Selection, Fit, and Equipment
- Route Selection & Backup Plans
- Drive Your Bike (Vehicular Cycling)
- Handling Skills & Practice Drills
- Safety and Emergency Maneuvers

- **Sat, 09 March - 10 AM-4 PM - Traffic Skills 101**
- **Sat, 13 April - 10 AM-1 PM – Confident Commuter**
- **Sat, 11 May - 10 AM-4 PM - Traffic Skills 101**
- **Sat, 08 June - 10 AM-1 PM – Confident Commuter**

Central AVL location at 185 S. French Broad Avenue (YWCA of Asheville)  
Classroom discussions and group ride will be led by certified instructors w/  
commuting experience - from the League of American Bicyclists

E-mail [BuncombeBikeEd@gmail.com](mailto:BuncombeBikeEd@gmail.com) to receive more information and sign up for the course (registration fee for course materials)

