

Why Does Health Equity Matter?

Health disparities happen when a disease affects one group more than another. For example, by 2001, African Americans and Hispanics made up 26 percent of the US population, but they accounted for 66 percent of all AIDS cases. Additionally, African American adults suffer a 30% higher death rate due to heart disease than do white adults.

HEALTH EQUITY is based on the belief that everyone in our community should have the same opportunities to make choices that allow them to live a long, healthy life, regardless of their income, education or ethnic background.

How Are the Community Partners Improving Health?

1. Providing health screenings and medical care referrals
2. Offering classes to help people “take charge” of their chronic diseases
3. Offering special programs and classes for minority populations

NC Office of Minority Health and the CFEHDI Grant

The CFEHDI Grant (Community Focused Eliminating Health Disparities Initiative) is a 3 year grant from the NC Office of Minority Health and Health Disparities designed to be used by community-based organizations, faith-based organizations, hospitals, and local health departments to improve the health of minority populations.

Buncombe County Health and Human Services



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Buncombe County Health & Human Services

Minority Health Equity Project



Improving Health for Everyone...
Building a Better Future Together

Tel: 828-250-5319

Chronic Disease Is Not Fair...But Together We Can Improve Everyone's Health



To learn more about accessing our services or participating in our effort to improve health:

Mt. Zion Community Development, Inc.

- Offers Project NAF (Nurturing Asheville & Area Families): Buncombe County's Minority Infant Mortality Program that provides advocacy & support services to African American pregnant and post-partum women and their babies
- Offers Project EMPOWER (Education Means Power): Buncombe County's Teen Pregnancy Prevention Initiative; services in collaboration with the Asheville City Schools System & Foundation

www.mtzionasheville.org/mt_zion_cdc
(828) 350-9821

Land of Sky Regional Council

- Coordinate Living Healthy classes
- Train leaders for the Living Healthy classes

www.livinghealthywnc.org
(828) 251-7438

What is the Living Healthy Class?

- Highly participatory workshop: takes place once a week for 6 weeks for 2 and a 1/2 hours each session
- Facilitated by 2 trained leaders
- Program designed to help people learn the skills and tools to better manage chronic conditions
- Several different versions of this class offered: Living Healthy with a Chronic Health Condition, Living Healthy with Diabetes, Tomando Control de Su Salud, and the Positive Self-Management Program

ABIPA

- Health outreach and health screenings in the community
- Work with Faith Health Network in order to raise awareness about chronic disease

<http://www.abipa.org/>
(828) 251-8364

YWCA

Offer two programs for Diabetes:

- The Diabetes Wellness Program: designed for those who have already been diagnosed with Diabetes
- The Diabetes Prevention Program: designed for those who are at risk of developing Diabetes

www.ywcaofasheville.org/site/c.7oIEJQPXGeISF/b.8131591/k.A7A9/Preventive_Health.htm
(828) 254-7206 x 212

UNC Asheville— Center for Health and Wellness

- Evaluation and student internship support



The Health Equity Team meeting to coordinate community projects.