

A close-up photograph of a man with dark hair and a pained expression, coughing into his hand. The background is a solid green color.

**Don't
be this
GUY!**

COVER YOUR COUGH

**WASH YOUR HANDS
STAY HOME WHEN YOU'RE SICK
GET A FLU SHOT**

Take a few simple steps to prevent getting or spreading the flu

A message from BUNCOMBE COUNTY HEALTH & HUMAN SERVICES

