## Helping Parents Find Triple P Services in Buncombe County: REFERRAL FLOW CHART

**Parenting Needs**

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<th>Parenting Needs</th>
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| Brief Parenting Advice For those who need a few effective strategies to make parenting saner | Level 2 Seminar                     | *Large-group, 90-minute presentation of general positive parenting strategies*  
*Go to [www.triplep-parenting.net](http://www.triplep-parenting.net), click “calendar” and sign up for an upcoming event.* |
| Focused Skill-Building For those with one or two particular behavior concerns | Level 3 Primary Care                | *Four 30-minute sessions focused on one particular behavior concern*  
*Contact a provider agency parent already has a relationship with (go to [www.triplep-parenting.net](http://www.triplep-parenting.net) and click “find a provider,” or see provider referral list).* |
| Comprehensive Skill-building For those struggling with multiple disruptive behaviors or lack of parenting resources | Level 3 Discussion Group            | *Two-hour small-group discussion focused on one particular behavior concern*  
*Go to [www.triplep-parenting.net](http://www.triplep-parenting.net), click “calendar” and sign up for an upcoming event, or call 828-250-5110 for waitlist.* |
|                                                                                  | Level 4 Standard                    | *Ten 1-hour sessions developing a broad array of parenting skills*  
*Contact a provider directly (to [www.triplep-parenting.net](http://www.triplep-parenting.net) and click “find a provider,” or see attached provider referral list).* |
|                                                                                  | Level 4 Group                       | *Eight sessions developing a broad array of parenting skills (5 small-group sessions; 3 individual phone support sessions)*  
*Go to [www.triplep-parenting.net](http://www.triplep-parenting.net), click “calendar” and sign up for an upcoming event, or call 828-250-5110 for waitlist.* |