

VOLUNTEER WITH US!

MAKE A DIFFERENCE IN OUR COMMUNITY



REGIONAL AGING ADVISORY COUNCIL

The Advisory Board consists of members from all four counties. Together, they manage and guide the work of AAA staff.



FOSTER GRANDPARENT PROGRAM (FGP)

At local schools and nonprofit daycares, Foster Grandparents become friends and mentors to children. They connect with children by sharing experiences, supporting learning, and offering encouragement.

SENIOR COMPANION PROGRAM (SCP)

The Senior Companion Program focuses on providing assistance and friendship to older adults who have difficulty with daily living tasks, such as transportation, shopping or organizing.

SENIOR TAR HEEL LEGISLATURE

County delegates and alternates meet to review local and regional needs and priorities. At the state level, they advocate for resources and solutions for older adults.

HEALTH PROMOTION COACHES

Volunteers will be trained on how to teach and lead any of our evidence-based health promotion classes. These classes can be held around our communities and will allow volunteers to mentor to aging adults on ways to age healthy.

COMMUNITY ADVISORY COMMITTEE (CAC)

Volunteers advocate for residents living in long term care facilities by ensuring that Resident Rights are being followed. Volunteers go into long term care facilities to connect and talk with residents.

CALL US FOR MORE INFO

 **828-251-6622**

 info@landofsky.org

 www.landofsky.org/aaa