

FY2025 Buncombe County Tipping Point Grant Mid-Year Report

Organization Name:	Waypoint Adventures
Project Name:	Volunteer Training for Accessible Adventures

Activities Accomplished	Annual Goal	Amount Completed
Number of accessible hiking skills and CAP trainings	1	1
Number of adaptive kayaking skills trainings (occurring in the spring)	1	0
Number of volunteers completing each session	12	6
Total number of qualified volunteer participants	24	6

Expenses (please list <u>all</u> grant related expenses)	Amount Spent
Food and coffee for training participants	\$ 47.03
Meeting travel/parking	\$ 16.95
3 staff to develop and deliver training	\$ 2,436.00

TOTAL: \$ 2,500

Narrative summary of grant related activities

This full day training session was lead by Waypoint staff members Adam Combs, Ryan Carlson, and Shelby Hampton on Saturday, 12/07/2024. The day was broken up into two parts.

The morning session was a classroom-style learning and discussion of Waypoint's approach to community, access, and preparation. The afternoon focused on wheelchair transfers, spotting techniques, and using adaptive equipment, and hands-on outdoor instruction and experiance.

PART I: 9:00am - 12:00pm

Waypoint CAP Sauce Training:

Waypoint Adventure uses a set of program implementation guiding principles for all of our programing. We call our approach the "CAP sauce," which stands for Community, Access, and Preparation. We believe these three concepts are the foundation of running a successful, inclusive program that meets the needs of all participants.

During the CAP Sauce portion of the training we explain the definition of disability, according to the Americans with Disabilities Act, and share important data that illustrates the need for inclusive adventure education programs.

We then focus on specific aspects of each concept (Community, Access, and Preparation) and how Waypoint believes these three concepts are neccessary to successfully including all people with and without disabilities. Volunteers leave with a better understanding of how to include people with disabilities on Waypoint programs and specific tips for best learning about and meeting people's indidivual needs.

PART II: 1:00pm - 3:00 pm

Adaptive Hiking Training:

During this portion, we applied the learnings from the part I in the context of a typical hiking program at a typical program site, general outdoor leadership skills, and the role of a volunteer on WPA programs. This included the hands-on use of a variety of off-road wheelchairs and other adaptive equipment as well as experiential instruction on commonly encountered scenarios such as participant transfers, what to do if a participant becomes overwhelmed, and generally what volunteers should expect on a program.