## FY2025 Buncombe County Tipping Point Grant Mid-Year Report

| Organization Name:   | SPARC Foundation  |             |        |  |  |
|--|---|-------------|--------|--|--|
| Project Name:  | PEACE Team  |             |        |  |  |
| Activities Accomplished  |   | Annual Goal | Amount |  |  |
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| Number of mothers who have been impacted by violence who receive |   |             |        |  |  |
| connection and healing support through the L.O.V.E. Group        |   | 10          | 13     |  |  |
| Percent of mothers who i   | ndicate an improvement in their grief and an                      |             |        |  |  |
| increase in their connection to others                           |   | 90%         | 100%   |  |  |
| Number of youth and adu  | Its who are most impacted by violence who                         |             |        |  |  |
| experience connection ar   | e connection and understanding through a weekend long event 100 0 |             |        |  |  |
| Percent of Peace and Un  | ity Event participants who indicate an                            |             |        |  |  |
| improvement in their sense of community cohesion and connection  |   | 70%         | n/a    |  |  |

| Expenses (please list <u>all</u> grant related expenses)         |               |          | Amount Spent |  |
|--|---------------|----------|--------------|--|
| Books to help family members process the grief of losing a child |               | \$       | 161.10       |  |
| Holiday Dinner for LOVE group                                    | or LOVE group |          | 834.60       |  |
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|  |               | <b>•</b> |              |  |
|  | TOTAL:        | \$       | 996          |  |

## Narrative summary of grant related activities

The L.O.V.E. Group is based off supporting families that have suffered loss of life within their family structure mostly due to gun violence. The work we do is helping families cope with grief, stress, end-of-life planning, and offering support to help through that time. It is also an ongoing support of building community within the families and a bigger support group from others within the group. We have focused on supporting a family that is identified as struggling with a loss such as a small gift basket with condolences, books based on many ways of navigating grief, and support and contact information with the founder of L.O.V.E. We also add other familiar points of contact with other members of L.O.V.E. that suffer the same grief so as a community we can lean on each other. Over this time L.O.V.E. has supported thirteen mothers/grandmothers with the above-mentioned services. All have stated the support and thanks for helping navigate the methods of support they needed. Ten members are consistent in contact and support others as they are identified. There have been a few ways for group participation such as community engagements teaching yoga, mediation, coping skills, using essential oils, and unity within participants, we also hosted a Holiday dinner for families. The Holiday Dinner was a chance for families to have a moment to be catered to, sit down and relax during the holidays, and be surrounded by others who struggle during that time. We catered the meal, decorated for the holidays, and had children's activities for the smaller kids to enjoy. This meal was also another way to build support and community between participants who share similar grief. The weekend long event will occur later in the year.