## FY2022 Buncombe County Tipping Point Grant Report

Organization Name:	Trauma Intervention Programs (TIP)
Project Name:	Emotional First Aid and Diversity Training

Activities Accomplished	Annual Goal	Amount Completed
Number of community members trained in emotional first aid	20	18
Number of training sessions with at least a 90% completion rate	2	2
Percent of trainees who received resource guides	100%	100%

Expenses (please list all grant related expenses)		Amount Spent	
Marco Promotions (TIP Pens)		201.01	
4Imprint (magnets, reusable bags)		188.14	
Custom Lip balm (lip balm)		230.00	
Facebook/Instagram Targeted Ads		500.00	
Best Value Copies (Flyers)		116.88	
Mileage/Travel for meetings and recruitment		662.00	
Mountain Express		153.00	
Grind/Strictly Wings		132.55	
Best Value Copies (Flyers/Resource Guides/Training Manuals)		671.83	
Amazon/Walmart/Aldi/Etc. (supplies, snack, training materials)		283.39	
Office Max (grief material/additional resources)		441.36	
Staff/Trainer time dedicated to this project (40 hours approx.)		1,000.00	
TOTAL	: \$	4,580.16	

Overall project	February 2022 Met with Brenda Mills - Director, Equity and Inclusion and with contacts in
Overall project updates:	February 2022 Met with Brenda Mills - Director, Equity and Inclusion and with contacts in the Shiloa and Southside Community trying to get event scheduled. April, 2022 spoke with J Hackett of Black Wall Street and Grind in River Arts District. Scheduled Emotional First Aid training at Grind, but event was cancelled. Scheduled Emotional First Aid training in Arden, no one RSVP's or showed up. May, 2022 Reached out to Arthur R. Edington Education Center multiple times, with no response. Had second discussion with Brenda Mills and spoke Michael Lamb, APD requesting assistance in getting the word out. June, 2022, Buncombe County Sheriff Quinten Miller and Deputy Chief Herbert Blake introduced TIP to Reverend Matthew Coleman from the Asheville Dream Center. June, 2022 a successful Emotional First Aid training was conducted with 12 people in attendance at the Asheville Dream Center. TIP Program Director Christi Hayes, attended a meeting a Hillcrest Apartments with Sheriff Miller a few days after a shooting (note, TIP volunteers were on scene on the day of the shooting). During this meeting, Christi met with several individuals and provided them with information on how to help their neighbors. Resource guides and training manuals that had been created especially with fund from this grant were provided. Captain Donald Eberhard, BSCO has requested TIP do another EFA training at Hillcrest in July. While this 3rd training will occur after the closure of the grant, TIP will be able to use materials that were purchased during the grant year to do this training - a training date is pending at this time.

Indicators of service quality: (How well did we do it?)	While one scheduled training resulted in zero attendance, the second formal training was very successful and very well received. TIP's attendance at the scene of the Hillcrest shooting was part of TIP's normal response, not part of the grant, but the subsequent post response with Sheriff Miller allowed TIP program Director Christi Hayes to provide information and training for neighbors to assist neighbors not only in regards to the recent tragedy but gave them the skills to help their family, friends and neighbors in the furture. These individuals were also provided resources and information on how to obtain additional information and training.
Result/Outcome: (Is anyone better off)	Those in attendance at the Asheville Dream Center were provided skills and information on how to "be there" for anyone experiencing a trauma. They learned all 5 Emotional First Aid skills as well as learning What to Say and What Not to Say to someone experiencing a traumatic event. They were also provided information of self care and briefed on local resources. Two of the individuals in attendance have registered for the full TIP Training scheduled in the Fall and plan to become volunteers. The individuals at Hillcrest who were provided an overview of the Emotional First Aid skills and given resources, while not as in depth as the training at Asheville Dream Center, still have a much better understanding of how to help their neighbors when trauma occurs and have resource guides to share with others in their community. Overall, TIP was able to provide skills to 18 individuals who will now be able to provide skilled care and compassion on the worst day of someone's life.