

**Buncombe County FY2020 Strategic Partnership Grants
Application Summary Sheet**

Project	ABBA's HOUSE
Organization	Western Carolina Rescue Ministries/ 101 Kids

Amount Requested	\$444,000	Strategic Priority or Sustainability Goal	Opioids
New or Renewal Request	New	Commissioner Districts Served	All

Organization Description	<ul style="list-style-type: none"> Western Carolina Rescue Ministries has been doing residential recovery services for over 25 years in downtown Asheville. Abba's House, a Residential Substance Abuse Treatment Program was opened in Jan 2018 for mothers and children ages 0-6. Have had over 37 women and 42 children over the last year. Have 14 units that will allow mothers and babies the opportunity to be safe secure and bond.
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Project Description	<ul style="list-style-type: none"> Will provide a 6 month program, with 6-12 month transitional housing if needed. Staff 24/7 each day. Women will attend classes and group sessions that will focus on various topics. They will meet with resources personnel weekly to develop and update their individualized recovery plan and gain valuable support and encouragement along the way. The small community will help to provide opportunities to process, identify, and express each person's needs and experiences so that they can create healthy boundaries and establish strong, positive relationships in their lives. Each participant will work with Parenting Educator to work on strategies for effective parenting and meeting their child's specific needs. Will provide 14 fully furnished residential units, three meals, all utilities, access to laundry, security, limited transportation to required meetings, access to medical clinic and common areas. Can handle children in house between the ages of 0-6 long term.
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People Served	<ul style="list-style-type: none"> Mothers with opioid substance use disorder, generally from a lower income level. Will continue to only serve mothers and children from Buncombe County. Have 14 fully furnished units.
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Outcomes	<ul style="list-style-type: none"> Use Spero Software. It provides the tools that simplify and enhance administration processes, outcome tracking, record keeping and other daily tasks. It offers a unique level of security. Track all data in this system including client notes, medicines & drug test. Weekly meetings with clients and monthly Treatment Team meetings with HHS Case Workers and the Start team. Have meetings with Client's Case workers as needed if emergencies occur. Success in this type of Substance Abuse Recovery program has to be measure differently. Measure success in several different ways. Restored relationships with mother and child, SUCCESS, Mother and Child in safe housing, SUCCESS, Completion of treatment Program, SUCCESS, Mother with restored hope and confidence, SUCCESS, Graduation from the 6 month recovery program, SUCCESS, Transition to safe housing, SUCCESS, Employment and/or continued schooling, SUCCESS.
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Budget			
Amount Funded FY2019	n/a	Increase Request	n/a
Project Budget	\$444,000	Total Organization Budget	\$1,528,600
Other Funding Sources: Will cover any shortfalls through the organization's general fund			

Additional Information
<ul style="list-style-type: none"> Late Submission Project has a County HHS contract for \$380,141 for FY2019. Residential substance abuse treatment services are currently under an open bid process for HHS, so this project may not be renewed for FY2020.

ABBA'S HOUSE

FY2020 Strategic Partnership Grants

Western Carolina Rescue Ministries/ 101 Kids

Mr. Micheal Anthony Woods
225 Patton Ave
Asheville, NC 28801

micheal@westerncarolinarescue.org
O: 8282541529
M: 8282541529
F: 828-254-0428

Mr. Micheal Anthony Woods

225 Patton Ave
PO Box 909
Asheville, NC 28801

micheal@westerncarolinarescue.org
O: 8282541529
M: 8282541529
F: 828-245-0428

Application Form

Question Group

Please complete the form below and upload the required files for your application. Organizations submitting more than one project must complete one submission form for each project. Incomplete applications will not be considered.

Priority is given to nonprofit organizations with projects that contribute to Buncombe County's strategic priorities or sustainability goals.

For FY2020, no Strategic Partnership Grant applications will be considered for the strategic priorities "Affordable Housing" or "Early Childhood Education." Funding for affordable housing projects is managed through Buncombe County's Affordable Housing Services Program. Funding for early childhood projects will be managed through the newly forming Early Childhood Education and Development Fund.

Project Name*

Name of Project.

ABBA'S HOUSE

Amount Requested*

\$444,000.00

Strategic Priority*

Which of the following priorities best reflects the primary goal of your project?

Buncombe County Commissioners are dedicated to strengthening the quality of life for everyone by setting new fiscally, socially and environmentally responsible goals that will guide decisions and improve our community for future generations. The Board has committed to strategic priorities as a guide to shape partnerships and investments of resources to insure a healthy, safe, well-educated, thriving and sustainable community.

Details about the Strategic Priorities are available at [THIS LINK](#).

Opioid Addiction

Strategic Priority - Other Sustainability Goal

If you selected "Other Sustainability Goal" from the list of Strategic Priorities, please list it here.

Details about the Sustainability Goals are available at [THIS LINK](#).

Organization Description*

Tell us about your organization. What is your mission? Highlight two or three key facts and accomplishments that best define your organization.

Western Carolina Rescue Ministries has been doing residential recovery services for over 25 years in downtown Asheville. In Jan of 2018 we open Abba's House a Residential Substance Abuse Treatment Program for mothers and children ages 0-6. We have had over 37 women and 42 children over the last year.

We have 14 units that will allow mothers and babies the opportunity to be safe secure and bond. During our

first year of operations we encountered many obstacles that contributed to an early high turn over of women.

We had women with major mental health issues, multiple court cases from different jurisdiction, custody issues, conflicting treatment models and women feeling they had little choice in treatment. We worked with

HHS to solve each issue. We used the treatment teams to address each issue and to advocate what is in the best interest of all parties. We currently have 14 mothers with 9 children in residence and 7 in kinship or foster care.

Project Description

What do you propose to do? What is your plan? What are your goals?

We will provide a 6 month program, with 6-12 month transitional housing if needed. Staff 24/7 each day. Women will attend classes and group sessions that will focus on various topics. They will meet with resources personnel weekly to develop and update their individualized recovery plan and gain valuable support and encouragement along the way. The small community will help to provide opportunities to process, identify, and express each person's needs and experiences so that they can create healthy boundaries and establish strong, positive relationships in their lives. Each participant will work with our Parenting Educator to work on strategies for effective parenting and meeting their child's specific needs. We will

provide 14 fully furnished residential units, three meals, all utilities, access to laundry, security, limited transportation to required meetings, access to medical clinic and common areas. We can handle children in

house between the ages of 0-6 long term.

Key Steps*

How will the project work? What are specific activities and milestones that your project entails?

We accept women referred from HHS into our program. We work with the HHS case worker on an individual treatment plan. We encourage each mother to dream of her life free of addiction and we partner with her and other organization to move towards that dream. We are very relational so we have established a very home life environment. The mothers are in daily group sessions on campus, along with the requirements of their treatment plan. They get weekly one-on-one session with staff. They attend 2 Celebrate Recovery meetings each week. They are required to complete a parenting class prior to graduation. They have chores and must comply by house rules.

Area Served*

Which areas of the County will be served by this project? Which Commissioner District(s) will be served?

A Buncombe County Commissioner district map is available at [THIS LINK](#).

We will continue to only serve mothers and children from Buncombe County. Last year we served 37 women and 42 children from all over Buncombe County. We had or have families from every district in the county.

People Served*

Who are the members of our community this project will serve? How many people will be served? Include demographics, including age, area median income, race, neighborhood and/or school.

Last year we served 37 Women and 42 Children in Abba's House. We have 14 fully furnished units. Currently we have 14 mothers and 9 children in residence and 7 in kinship or foster care.

Our mothers typically range in age of 18-42. Children range in age between 0-6 years old. Because we concentrate on mothers with a opioid substance use disorder we have seen mostly women from a lower income level. About 99% are White, 1% are African American. Only about 10% have not finished high school or have a GED. We have only had 2 clients with any college education. Currently we have mothers enrolled in GED classes and College Technology Courses at AB-TECH

Partners*

Which other organizations are you working with to reach your goals? What other local organizations provide similar services or serve similar beneficiaries, and how do you work together?

We are currently collaborating with Buncombe County HHS, Mission Hospital, MAHEC, AMCHC, Soar Court, Drug Court, Neil Dobbins, RHA, October Road, Family Preservations, Women's Recovery, Vaya Health, and Western Carolina University.

Personnel*

Who is responsible for the project? Briefly describe project leaders and the role each will play in the project. How do these leaders reflect the population or community that you serve?

Micheal Woods, President and CEO of the WCRM is the responsible person for the program.

Staffing:

Abba' House Program Director --Full time Salaried (Clinically trained, CPR certified, trauma trained, Inner Healing- Freedom modality trained)

Assistant Program Director -- Full Time Salaried (License Social Worker, CPR Certified, Certified Parent Trainer, Trained Foster Care Worker)

First Shift House Supervisor -- Full Time Hourly (Trained group home supervisor, CPR Certified, Peer Support trained)

2nd Shift House Supervisor -- Full Time Hourly (CPR Certified)

3rd Shift House Supervisor -- Full Time Hourly (CPR Certified)

Weekend House Supervisor 1 -- Part Time Hourly (CPR Certified)

Weekend House Supervisor 2 -- Part Time Hourly (CPR Certified)

We have multiple bi-lingual staff at the ministry.

This allows for 24 coverage since some mothers and children are required to be under 24 supervision.

Success*

How will you measure results? What will success look like? How will you document the impact of your project? Include whether there is a model that serves as basis for project design.

We use Spero Software it is fast, flexible and integrates seamlessly within our organization. It provides us with the tools that simplify and enhance administration processes, outcome tracking, record keeping and other daily tasks. It offers a unique level of security. We track all data in this system including client notes, medicines & drug test. Weekly meetings with clients and monthly Treatment Team meetings with HHS Case

Workers and the Start team. We have meetings with Client's Case workers as needed if emergencies occur.

Success in this type of Substance Abuse Recovery program has to be measure differently. We measure success in several different ways. Restored relationships with mother and child, SUCCESS, Mother and child

in safe housing, SUCCESS, Completion of treatment Program, SUCCESS, Mother with restored hope and confidence, SUCCESS, Graduation from the 6 month recovery program, SUCCESS, Transition to safe housing,

SUCCESS, Employment and/or continued schooling, SUCCESS

Funding*

What is your plan for finding the balance of the project budget? What is your funding timeline and what are your other sources of support?

WCRM has been serving the homeless, addicted and poverty stricken population of Buncombe County for 39 years. We are a financially stable organization. We are a certified member of the City Gate Network (Association of Gospel Rescue Mission). We are members of Evangelical Council for Financial Accountability (ECFA). The BOD have an independent audit done annually and we make the report public each year. The attach budget details the operations expense in order to provide the current services to the clients of Abba's House. Because of the 24/7 staffing and monitoring needed for the ladies and children the total operations cost for the program are the same even if some rooms

are unused temporarily. The daily cost per unit is \$86.89 to provide all the services required. We have committed to only take families from the county as per the previous contracts each unit is set aside for use by HHS and the partners. We covered any and all shortfall through our general fund.

Sustainability*

How will this project be maintained? Please describe funding sources and how you plan to sustain the project in future years.

We hope to continue a partnership with the county and develop an endowment that will allow us to expand the services and create more opportunities for more mothers. This is a part of our strategic development plan for the next 5 years.

ATTACHMENTS

Project Budget*

Download the budget form at **THIS LINK**.

Complete the budget form for this project and the overall organization.

Save it to your computer, then upload it.

strategic-partnership-grants-FY2020-budget-template (10).xlsx

Financial Statements

Upload a copy of the most recently completed financial statements.

All financial statements must be audited, reviewed or compiled by a certified public accountant and include a full balance sheet, income statement, and cash flow statement.

If your organization does not have financial statements, briefly state the reason.

WCRM 2017 FINANCIAL STATEMENTS W SIGNED REPORT.pdf

IRS Form 990

Upload a copy of the 990 nonprofit tax reporting form that you most recently completed.

If your organization does not have a 990, briefly state the reason.

WCRM 2017 FORM 990 COPY FOR PUBLIC DISTRIBUTION.pdf

Board of Directors List

Upload a current list of your organization's Board of Directors.

If your organization does not have a board of directors, briefly state the reason.

Board of Directors with contact information 2019.doc

Authorized Signatory

By typing in below the name of the authorized signatory and date of submittal, you acknowledge that your governing body has authorized this application, that it is true and current to your knowledge. As a condition of any grant awarded, this organization will provide all information in the manner described in the contract to be executed between the organization and Buncombe County or its designee, including program and financial reporting.

Name & Date

Micheal A. Woods 02/15/2019

Other attachments or supplemental information may be submitted to Rachael Nygaard at rachael.nygaard@buncombecounty.org

File Attachment Summary

Applicant File Uploads

- strategic-partnership-grants-FY2020-budget-template (10).xlsx
- WCRM 2017 FINANCIAL STATEMENTS W SIGNED REPORT.pdf
- WCRM 2017 FORM 990 COPY FOR PUBLIC DISTRIBUTION.pdf
- Board of Directors with contact information 2019.doc