

Funded Services Descriptions  
FY 22

Provider	Service	Description
Buncombe County/Mountain Mobility	Medical Transport	Mountain Mobility provides both medical and general transportation to the most vulnerable members of our community who have no other means of transportation. Home and Community Care Block Grant funds allow us to provide life-saving medical trips such as dialysis and chemotherapy and to transport seniors to and from grocery shopping, pharmacies and other critical destinations throughout our community.
Buncombe County/Mountain Mobility	General Transport	Mountain Mobility provides both medical and general transportation to the most vulnerable members of our community who have no other means of transportation. Home and Community Care Block Grant funds allow us to provide life-saving medical trips such as dialysis and chemotherapy and to transport seniors to and from grocery shopping, pharmacies and other critical destinations throughout our community.
DayStay HBC, Inc	Adult Day Care	DayStay HBC Inc (d/b/a DayStay Adult Day Services) provides daytime, weekday respite for older and impaired adults. DayStay offers an activity-driven program to support socialization as well as a nutritious lunch and snacks.
Jewish Family Services WNC	Group Respite	Jewish Family Services' Elder Club Group Respite Program meets multiple times weekly to provide socialization and support in a group setting through peer-to-peer communication. Appropriate physical and memory-enhancing activities are included, as well as a nutritious meal provided by our professional chef. Caregivers have peace of mind and a moment to themselves, knowing their loved ones are well-cared for in a safe, welcoming secure environment.
Jewish Family Services WNC	Mental Health Counseling	Healing Solutions Counseling at JFS provides counseling to individuals and couples struggling with depression, stress management, anxiety, trauma, relationship problems, adjustment disorders, healthy aging, parenting issues, grief and loss, as well as providing specific support for our LGBTQ+ community. Counseling is made available to those who are under-or uninsured based on a sliding scale, so that anyone who needs the support of one of our licensed social workers may have access.
Land of Sky Regional Council	Health Promotion	The Asheville Terrace Community Health Worker (ATCHW) program is a community-based model addressing complex needs of high-risk older adults in subsidized senior housing. Because the Asheville Terrace program specializes in community health work with older adults there is an emphasis on social connectivity, safety, physical activity, and nutrition. Services are provided at individual and community level and include food distributions, health education & exercise, access to on-site clinical services and home visits. We also coordinate activities to facilitate the development of social networks and create opportunities for engagement through community volunteerism.

Funded Services Descriptions  
FY 22

MAHEC - Home Based Primary Care Outreach	Health Promotion	MAHEC will offer home based primary care services and medication management assistance through referrals from Buncombe County Adult Protective Services and agency community partners.
Meals on Wheels of Asheville & Buncombe County	Home Delivered Meals	Meals on Wheels of Asheville and Buncombe County delivers prepared nutritious meals to homebound seniors helping them live nourished lives with independence and security in their the comfort of their own homes. The nutritious meal, friendly visit and safety check help them cope with three of the biggest threats of aging: hunger, isolation and loss of independence. Research proves that when seniors have the right support, they gain greater quality of life, need fewer hospital stays and live longer.
MemoryCare	Caregiver Support	MemoryCare is a nonprofit out-patient clinic providing care management services for families affected by dementia that combines medical care of older adults with cognitive impairment with support and education for their caregivers. The program is available for anyone with need of this service- see <a href="http://www.memorycare.org">www.memorycare.org</a> for additional information.
Mountain Housing Opportunities, Inc.	Housing Home Improv.	The primary goal of the Emergency Home Repair Program is to reduce imminent threats to life, health and safety in homes owned and occupied by low and very low income people living in Buncombe County. For HCCBG funding, the program clients are 60 years and older and there are no restrictions on income.
MountainCare	General Transport	MountainCare Adult Day Services is an engaging, safe, state certified nonprofit Day Care/Day Health program that includes health monitoring, social enrichment, therapeutic activities and nutritionally balanced meals. We are open Monday-Friday from 7:30am to 5:30pm and two Saturdays a month from 9:00am to 5:00pm.
MountainCare	Adult Day Health	MountainCare Adult Day Services is an engaging, safe, state certified nonprofit Day Care/Day Health program that includes health monitoring, social enrichment, therapeutic activities and nutritionally balanced meals. We are open Monday-Friday from 7:30am to 5:30pm and two Saturdays a month from 9:00am to 5:00pm.
MountainCare	Adult Day Care	MountainCare Adult Day Services is an engaging, safe, state certified nonprofit Day Care/Day Health program that includes health monitoring, social enrichment, therapeutic activities and nutritionally balanced meals. We are open Monday-Friday from 7:30am to 5:30pm and two Saturdays a month from 9:00am to 5:00pm.
OnTrack Financial Education & Counseling	Financial Counseling	OnTrack Financial Education & Counseling's Silver Dollars Program improves and supports financial wellbeing among older adults with individual financial/housing counseling, education programs/webinars, and free tax preparation. Please visit <a href="http://www.ontrackwnc.org">www.ontrackwnc.org</a> for updates on programs to help navigate finances and housing challenges caused by COVID-19.
Pisgah Legal Services - Elder Law Program	Legal Services	Pisgah Legal Services' Elder Law Program provides free legal services to low-income seniors (age 60 and older) who are in crisis due to housing instability; dangerous or unhealthy living conditions; creditor, financial, and physical abuse; consumer scams; illegal debt

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FY 22

		collection; or lack of basic resources such as health care access or subsistence income.
The Council on Aging of Buncombe County, Inc.	Housing Home Improv.	In partnership with Asheville Area Habitat for Humanity, Council on Aging social workers will work with individuals to identify substandard housing and "aging in place" home repair needs. Clients will receive security enhancements, mobility and accessibility improvements and other home repairs from the Asheville Area Habitat for Humanity that go beyond the scope of the Council on Aging Minor Home Repair program, including home rehabilitation/improvement solutions so clients can maintain adequate housing, increase safety and other concerns, reduce cost burden, and improve the likelihood that the individual can stay in their homes as long as possible.
The Council on Aging of Buncombe County, Inc.	Congregate Meals	The Senior Dining and Wellness program offers eligible adults the opportunity to enjoy free hot meals from Moose Cafe throughout the week, opportunities to connect with others, and includes educational and fitness programming geared toward health and wellness. Council on Aging works with partnered meal sites at the Weaverville First Baptist Church, Senior Opportunity Center, Shiloh Community Center, and the Lakeview Center for Active Aging to meet nutritional and social needs of our community with food, fun and friendship.
The Council on Aging of Buncombe County, Inc.	Information & Assistance	Council on Aging provides information to community members about available resources with aging service specialists and social workers to answer questions, make referrals, and assist callers with getting the services and support they need. We offer comprehensive, person-centered information to ensure clients meet their goals with a "no wrong door" approach to community resources coordination.
The Council on Aging of Buncombe County, Inc.	In Home Aide Level I, II, III	Council on Aging of Buncombe County's In Home Aide Care Manager assists eligible clients in receiving no-cost companionship and personal care services through a needs discovery process, including service plans and care management to connect clients to carefully selected, subcontracted and licensed care providers for regular in-home care from trained professional caregivers (aides). These services could include meal preparation, light housekeeping, assistance with showers, mobility support, medication reminders, toileting, dressing and grooming. We
The Council on Aging of Buncombe County, Inc.	Institutional Respite	Council on Aging caregiver specialists assist family care partners in planning and arranging for time away from their loved one in adult day and facility settings. Funds go toward these options to reduce cost burden on families and ensure the level of care required to support the care recipient. This short-term respite option is ideal for families who are unable to keep their loved one in the home while the care partner takes a break.

Funded Services Descriptions  
FY 22

<p>The Council on Aging of Buncombe County, Inc.</p>	<p>Consumer Directed Services</p>	<p>Home Care Independence is a program designed to empower adults who need in-home care to identify and employ a Personal Assistant with the support of a Council on Aging Care Advisor. Clients will receive companionship and personal care services to help them maintain their independence, dignity and well-being.</p>
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