

JCPC YOUTH SERVICES

INTERVENTION & PREVENTION RESOURCE GUIDE

FOR BUNCOMBE COUNTY



LAST UPDATED:
March 2024

DEAR BUNCOMBE COUNTY COMMUNITY MEMBERS,

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We are pleased to introduce the Juvenile Crime Prevention Council (JCPC) Youth Services: Intervention & Prevention Resource Guide for Buncombe County, a compilation of services and support designed to enhance the well-being and development of youth in our community.

North Carolina established JCPCs in the late 1990s as a state & local partnership to provide alternatives to youth development centers (YDCs) and offer noninstitutional dispositional interventions that protect both the community and youth. Buncombe County faces challenges with high numbers of youth referred to the Juvenile Justice system who have low-risk levels, very low needs, and very high strengths (see linked [Summary Risk & Needs Report, December, 2023](#)). Additionally, concerns persist about the high percentage of school-based complaints filed in Buncombe County compared to the state, and recent reports demonstrating inequities in school discipline and referrals to court from the [ACLU](#) and the [NCDPS Division of Juvenile Justice](#).

Consistent with research across the country, in May 2023 the NC Sentencing and Policy Advisory Commission published a Juvenile Recidivism Study ([linked here](#)), which noted: “the lowest levels of recidivism correspond to the least invasive systemic responses of the juvenile justice system, particularly by intervening with youth short of adjudication... this report and past report findings indicate the most efficient and effective investment of sufficient resources is in the community, at the front end of the juvenile justice system.”

Aligning with these findings, the JCPC advocates for increasing alternative pathways to respond to youth behavior and needs, emphasizing behavioral health and restorative justice opportunities, increasing access to other JCPC-funded programs through direct referrals from school and community partners, and increasing awareness of community-based resources available to support youth.

Please explore this resource guide as a reference point for programs, interventions, and support available to our youth. We hope that by centralizing this information, we can foster a more informed and connected community, working collaboratively to uplift and empower the next generation. We look forward to a collaborative effort in building a stronger, safer, and more supportive community for our youth.

Sincerely,

Jorge Redmond, Chair, Juvenile Crime Prevention Council, Senior Attorney, Buncombe County Sheriff's Office, Jorge.Redmond@buncombecounty.org

Hannah Legerton, Youth Justice Division Manager, Buncombe County Justice Services, Hannah.Legerton@buncombecounty.org

JCPC Youth Services:

Intervention & Prevention Resource Guide for Buncombe County

The purpose of this resource guide is to document the continuum of services available for youth in the community. The following is a list of existing resources – it is not a measure of resource effectiveness and/or sustainability. This resource guide can and should be updated throughout the year as services become available, expanded, or discontinued.

Buncombe County JCPC Funded Programs: July 1, 2023 – June 30, 2024

JCPC programs serve youth involved in the court system – or at risk of involvement – through intervention, diversion, treatment, and aftercare strategies to strengthen families and support community safety.

- **Aspire Youth & Family:** Contact 828-556-1155, robin@aspirenc.org.
 - Kids At Work! Interpersonal skills development program based around culinary arts.
 - The Connection Youth learn entrepreneurial and vocational skills through a music production job training program.
- **Buncombe Alternatives:**
 - Teen Court Clients are given the opportunity to take responsibility for offenses by participating in court proceedings held by trained youth and adult volunteers. Contact (828)707-2113, jamielee@buncombealternatives.org.
 - Earn and Learn: Restorative Community Service works with youth assigned community service hours and/or given a monetary compensation requirement for victims provided. Contact (828)707-3800, juan@buncombealternatives.org.
- **Partners Unlimited:** Buncombe Structured Day Academic and behavioral supports for at-risk middle and high school youth as well as an alternative placement for short- and long-term suspended youth and DJJ referrals. Contact (828) 281-2800, p.unlimited18@gmail.com.
- **PIVOTPoint WNC** Therapeutic nature- and wilderness-based interventions to youth ages 14+ who are court involved, diverted, or at-risk of court involvement. Contact 828-785-2881, mo@pivotpointwnc.com.
- **Youth Justice Clinical Program** Provides behavioral health assessments (CCAs) and trauma-informed counseling for young people involved with the justice system, or at-risk involvement. Contact Ava Vaughan (828) 250-6553, Ava.Vaughan@BuncombeCounty.org.

ADDITIONAL COMMUNITY RESOURCES

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This continuum starts with prevention and moves towards graduated interventions.

MENTORING

Umoja's HOPE (Healing Our Past Experiences) 4 the Future

A free after school and summer camp for school aged children and teens. This program is trauma-informed, culturally aligned and knows that by reaching these youth now, so they are more likely to avoid risky behaviors such as substance use and violence, in their future. To refer someone or register for the HOPE 4 the Future program go the website linked here. <https://www.umojahwj.org/programs> or contact Michael Hayes the Executive Director at 828-490-5774 or email by at umojahwjcollective@gmail.com.

UNETE's Mentoring and Nurturing Our Students (M.A.N.O.S)

To encourage Latino youth to consider a path to college and careers, this program was created in 2009 and continues to provide a safe space for students and their parents to cultivate a culture of academic achievement, social engagement, and community accountability. More information about the M.A.N.O.S program can be accessed through their website linked here <https://unetenc.org/> or by calling (828) 273-9065.

Youth Transformed for Life (YTL)

G.R.A.C.E. for Teens Afterschool, Summer Camp, G.R.A.C.E for R.O.S.E.S/M.O.S.S, YTL G.R.A.C.E for Girls Elementary, YTL G.R.A.C.E for Boys, and YTL G.R.A.C.E for Teens Advocacy and Outreach programs were created to assist disadvantaged youth in reaching and exceeding their personal, educational, and professional goals by equipping them with effective communication skills; supporting and advocating for them in the school system; investing time and resources, and creating experiences that will enhance their self-worth and improve their vision for the future. <http://ytltraining.org/programs/>. For more information call YTL Training Program at (828)407-8979 or email ytltraining@gmail.com.

My Daddy Taught Me That

Serves youth in grades 6 - 12, ages 10-19, and is developing an ambassador program for young adults. The program serves many kids in public housing but is not limited to public housing residents. The mission is to assist in the development of young males into Righteous, Respectable and Responsible Men through empowerment, education and support. Applications for the My Daddy taught me That as well as the Junior Program are available on the website linked here <https://mydaddytaughtmethat.org/>. For more information call MDTMT at (828) 582 2261.

One Youth At A Time, Inc.

One Youth At A Time is an Asheville-based nonprofit that works with at-risk and delinquent youths ages 8-18. The program offers youth tutoring and mentorship programming in Buncombe and Asheville schools. For more information about One Youth At A Time contact Levonia C. Ray at oyaat2@aol.com or call 828-776-1721.

Open Doors

The Mentorship programming includes Academic/tutoring program, enrichment activities, quarterly guest Teaching, and AVL Rise. Open Doors Asheville supports students' kindergarten through college age. Students can be referred directly through their website <https://opendoorsasheville.org/>. For more info call Open Doors at 828-239-8811.

Word on the Street/La Voz de les Jóvenes, Arteria Collective

A program that centers the leadership and creativity of black and brown teens, through arts-based programming and opportunities for participants to develop healthy relationships with peers and mentors, while working to make a difference in their community using their voices, talents and imaginations. For more information visit <https://arteriacollective.org>, call WOTS/VDLJ at (828)505-8377, or email wots.vdlj@gmail.com.

Big Brothers/ Big Sisters

Big Brothers Big Sisters of Western North Carolina offers three mentoring programs—each of which provides its own unique opportunities for your child to engage with their Big Brother or Big Sister. There is no cost to participate in any of our programs. To enroll a child, visit the website at <https://www.bbbswnc.org/new-littles-enrollment-form/> or email the enrollment and matching specialist Jennifer Griffin at jenniferg@bbbswnc.org.

Journeymen

Journeymen mentorship programming supports adolescent males ages 12-17. The programs' goal is to help male-identified youth step into new aspects of themselves, allowing an opportunity to let go of old patterns that no longer serve, while stepping into a new more integrated identity. Through their partnership with United Way, they offer mentoring groups in several Buncombe County Schools (A.C. Reynolds middle and Highschool, North Buncombe Middle School, Clyde A. Erwin Middle School, and Enka Middle School). Prospective Mentors and Mentees for all Journeymen programs can apply through their website <https://journeymenasheville.org>. For more information contact Journey Men at (828) 771-6344 or email journeymenasheville@gmail.com.



PARENT/FAMILY SKILLS

MotherLove YWCA

MotherLove YWCA is for pregnant and parenting teens, to help support them staying in school, having access to higher education and vocational training, develop skills needed for strong parenting, and delay another pregnancy. YWCA provides MotherLove to each high school. MotherLove provides additional case management services and group meeting to encourage the student to stay in school and graduate. For more information on the YWCA programing contact the MotherLove Coordinator at 828.254.7206 x 205 or by email at motherlove@ywcaofasheville.org.

Project NAF

Nurturing Asheville and Area Families is a program offered through the Mount Zion Community Development Program and supported by NC Dept of HHS and Buncombe County. Programs offered include prenatal and postnatal support, coordination of childcare and transportation, perinatal smoking cessation, breastfeeding, and empowerment plan. With questions or to access this resource contact Belinda Grant at (828) 776-1427. For more information on this program visit their website <https://www.mtzionasheville.org/mzcd-inc/naf/>.

SistasCaring4Sistas

Sistas Caring 4 Sistas is a community-based doula program founded by women of color for women of color who could benefit from this evidence-based form of birth support. Their mission is to reduce adverse birth-related outcomes among individuals of color by providing doula services, advocacy, and education with a vision to eliminate the barriers contributing to birth-related inequities among persons of color. For more information visit their website <https://www.sistascaring4sistas.org/> or contact SC4S at (828) 620-9828 or email them at doulaup@sistascaring4sistas.org.

MAHEC Ob-Gyn

MAHEC provides comprehensive patient-centered obstetrical and gynecological care including working with adolescents, substance use disorder treatment, and high-risk of pregnancies. For more information visit the MAHEC Ob-Gyn Teen Services website <https://mahec.net/obgyn/index>. To contact MAHEC call (828) 771-5500.

Services provided include:

- Teen Services
- Project CARA: Substance use disorder treatment for pregnant and parenting people
- Centering Pregnancy

Triple P: Positive Parenting Program

Triple P Positive Parenting Program is an evidence-based program that gives parents the skills they need to build strong family relationships, manage misbehavior and prevent problems happening in the first place. Offered through groups and seminars. To access these resources call (828) 257-4456 or email triplep@mahec.net.

Circle of Security Parenting Classes

Circle of Security™ Parenting: Join other parents for an 8-week class to strengthen parent-child relationships. Interventions focus on helping caregivers reflect upon children's attachment needs to promote secure attachment with a child. The training is built for parents and caregivers of children 2 months to 6 years old. For more info go to the <https://buncombepfc.org/for-families/circle-of-security/> or call 828-285-9333. Classes provided through:

- Buncombe Partnership for Children
- Verner Early Learning Center
- Mountain Child Advocacy
- Resources for Resilience
- Buncombe HHS (REQUIRES DSS REFERRAL)

Verner Early Learning Center

Verner Center for Early Learning is a nonprofit agency providing high quality, affordable early care for children birth to five years old. This program is centered around holistic learning environments. Verner Early Learning Center strives to help build a community where every child and family can thrive. Waitlist Applications for the Early Head Start (ages 0-3) and NC pre-K and Kindergarten readiness are available through their website. Children participating in this programming also have access to the Verner Experiential gardens and Vern's Rainbow in my Tummy Program. Verner Families also have access to the Family Empowerment Program, through this Program Verner Early Learning Center provides one-on-one support and case management to motivated families who want to gain the necessary skills to return to the workforce, increase their income levels, and break the cycle of poverty. For more information go to the Vener website <https://vernerearlylearning.org/family-empowerment-program/> or email info@vernerlearning.org.

Helpmate

Helpmate provides free emergency shelter, counseling, and support for you and your children. Helpmate offers "Talking with Your Teens", a workshop focused on teaching parents how to identify signs of abusive relationships and support their teens in cultivating healthy relationships. For more information about Helpmates extensive services are available on their website <https://helpmateonline.org/services/#outreach>, those seeking more information can also call the Helpmate business line at (828) 254-0516.

First Resource Center for people of all ages with disabilities

FIRSTwnc offers comprehensive services to children, youth and adults with disabilities or at risk of disabilities, young children with a variety of mental wellness and the people who love and support them. Referrals can be sent through their website <https://firstwnc.org/refer/>. Those looking to access this service email FIRSTwnc info@firstwnc.org or via phone by calling 828-277-1315.

SPARC Family Visitation and Parent Coaching Program

The SPARC Foundation supports family reunification through our Family Visitation and Parent Coaching program. SPARC offers professional staff to observe court-ordered visitation between parents and children in foster care. SPARC also has Visitation Coaches for parents in need of guidance and support with parenting skills. SPARC coaches are available to transport children and/or parents to/from visits to reduce transportation barriers. Families often have scheduling challenges that require visits to occur outside the typical 9-5, M-F workday. SPARC coaches will develop schedules with families that work for them in accordance with their court order. Families and individuals can be referred directly on the SPARC foundation website at this link <https://thesparcfoundation.org/family-center-treatment-referral/> More info available through the SPARC Foundation website as well as through email frontoffice@thesparcfoundation.org or phone (828) 552-3771.

Nurse Family Partnership

Nurse-Family Partnership® (NFP), established in Buncombe County in October 2009, has served over 1100 families. NFP is an evidence-based community health program that helps transform the lives of vulnerable mothers who are pregnant. Each mother served by NFP is partnered with a registered nurse early in her pregnancy and receives ongoing nurse home visits that continue through her child's second birthday. To qualify for enrollment, first-time mothers must be enrolled prior to 29 weeks' gestation, and pregnant mothers with one or more children must be enrolled prior to delivery. For more information or to access this resource visit the Buncombe County Nurse Family Partnership or contact Veronic Watts at Veronica.watts@buncombecounty.org or by calling 828-250-5063.

Mission Children's Family Support Network

Family Support helps families access services and supports it is a community-based approach that increases the strength and resilience of families, supports parents as they help their children with special needs achieve their full potential, improves community providers' capacity to serve families with children who have special needs. The services family support offers are parent to parent support, information and referral, support groups and workshops, and service system navigation support. More information is available through their website <https://missionhealth.org/member-hospitals/childrens/fsn/>. Referrals are accepted from any source by phone, email, mail or in person at the office. To learn more about our services or to make a referral please call Reuter Children's Outpatient Center at [828-213-0047](tel:828-213-0047) or Mission Hospital at 828-213-9787 for inpatient. Referrals can be made via email at MHAV.FamilySupportNetwork@HCAHealthcare.com.

First Resource Center for people of all ages with disabilities

FIRSTwnc offers comprehensive services to children, youth and adults with disabilities or at risk of disabilities, young children with a variety of mental wellness and the people who love and support them. Referrals can be sent through their website <https://firstwnc.org/refer/>. Those looking to access this service email FIRSTwnc info@firstwnc.org or via phone by calling 828-277-1315.

VA Group for Vets with children

PTSD Family Education classes are offered at various points throughout the year and Veterans can obtain referrals to that through their VA provider, as well as Veteran family therapy. For more information or to find out how to access these resources contact Jennifer Holser at Jennifer.Hosler@va.gov.

Christine Avery Early Learning Center

The Christine Avery Early Learning Center provides children with all backgrounds with access to a quality education rooted in sociocultural theory and ministry, assisting in the growth and development of the students academically, socially, and spiritually. Registration for the Early learning program (2- to 4-year-olds) and NC pre-K are available through their website as well as registration for the school aged children's programs which include after school and summer camp. More information on this program can be accessed through their website <https://www.cwalearningcenter.com/school-aged-programs> or by phone at 828-232-7433.

ABCCM Transformation Village

ABCCM Transformation Village provides up to 100 beds of transitional housing for homeless women, mothers with children, and Veterans. Typically serving those who have experienced domestic violence and/or abandonment and are working towards recovery. These services can be accessed by calling Transformation Village at 828-259-5365. Information regarding their other miniseries including Crisis, Medical, and Veterans Services can be accessed through the ABCCM website <https://www.abccm.org/get-help/>. For further support or questions about these services contact ABCCM by email at info@abccm.org or by phone (828) 259-5300.

Blue Ridge Healthy Families - Buncombe

BRHF is a free, voluntary program designed for families that are expectant or have recently delivered a new baby. We seek to provide empathic support that serves to assist families in developing nurturing and responsive parent-child relationships. Highly trained and qualified family support specialists (home-visitors) partner with families to guide their parenting practices, respond to their individual needs, and establish family goals all within the context of child-centered services. For more information go to the Blue Ridge Healthy Families Facebook page <https://www.facebook.com/BRhealthyfamilies/> or call (828) 682-0047.

De Mujer a Mujer, UNETE

This a grassroots volunteer-based community group founded in 2016 by Latino women as result of focus groups and collaboration between Children First/CIS and Mountain Area Health Education Center (MAHEC) De Mujer A Mujer NC (DMAM) believes in creating a culture which supports women and their families in achieving a comprehensive well-being through equity, solidarity and empowerment. More information about UNETE can be accessed through their website <https://unetenc.org/> and more support or questions regarding these services can be directed to their email contactus@unetenc.org or by phone (828) 273-9065.

Children First Family Resource Centers @ Emma and Estes Elementary

Family Resource Centers at Emma and Estes support families access to resources through a food pantry, SNAP applications, emergency financial assistance, community referrals, and parent workshops. More information about these services are available through Children First Family Resource Centers website <https://childrenfirstcisbc.org/familyresourcecenters/>, further support or questions about these resources can be accessed via phone 828-259-9717 or email info@childrenfirstbc.org.



INTERPERSONAL SKILLS

ASPIRE Kids At Work!

Kids At Work! is an afterschool program designed for kids 12 to 17 years old to learn technical skills of cooking while building better methods of communication. Participants in this program do not have to be enrolled in School to participate. Participants will work to gain their ServSafe Certification as well as to gain skills they will need to get hired for jobs. The referral form can be found on the ASPIRE Kids at Work! website <https://kidsatworknc.com/kaw-referral-form/>. Those interested in more information on the Aspire Kids At Work! services can call the Asheville Office at 828-226-5533 or contact 828-556-1155, robin@aspirenc.org

PIVOTPoint WNC

PIVOTPoint is an innovative therapeutic adventure company that harnesses the power of nature to drive transformation. PIVOTPoint also offers Group Intensives, Family Intensives, and Day Programs Those seeking more information on this resource contact Matthew Mannis PIVOTPoint founder at 828-748-8424 or email admissions@pivotpointwnc.com

Mountain Child Advocacy Center, School-based programming

Mountain Child Advocacy Center is setting the standard for the prevention and treatment of neglect and child abuse. Yearly, they teach more than 8,000 children in Buncombe County through highly interactive and research-based classes designed to educate and empower kids. When abuse occurs, they provide access to free, evidence-based therapies that help children heal. To access this information contact MCAC at advocacy@mtncac.org or Colleen Burnett educator@mtncac.org.

Our Voice

Our Voice is an organization with a mission of preventing sexual violence and providing outreach. Youth programs include a 90-minute dating and communication program for middle and high school students; an 11-week "Climbing Toward Confidence" girls empowerment program for 7th-8th grade girls; and an interactive theater program for teens and college students. For more information visit the Our Voice website here <https://www.ourvoicenc.org/programs/#youth>, call the office line (828) 252-0562, or email through this link: <https://www.ourvoicenc.org/contact/>.

Helpmate

Helpmate offers both single- and multi-session Youth Prevention Education programming about healthy dating and dating abuse prevention to youth ages 12-18 in public and private schools, youth groups and summer camps. For more information about Helpmates extensive services are available on their website <https://helpmateonline.org/services/#outreach>, those seeking more information can also call the Helpmate business line at (828) 254-0516.

Community-Based Public Health Response to Violence (CPrV)

The CPrV model focuses on root causes of violence and honors the lived experience of community members whose voices have historically been overlooked or downplayed. One core strategy of CPrV is Youth Leadership Development through Youth Empowerment Solutions (YES). Youth in YES work to change the community as a way to prevent youth violence. Contact William.Baxter@buncombecounty.org or 828-767-2770.

Resources for Resilience

Resource for Resilience offers a wide variety of services including the Ambassadors for Youth (R.A.Y.) program, Circle of Security® Parenting™ (COS-P), Reconnect for Resilience™ (Reconnect), and Reconnect for Resilience™ Implementation Coaching. We offer dynamic tools to support everyone's capacity for wellbeing. The classes and trainings are trauma-informed and resiliency-focused. The effective tools can empower individuals, organizations, and whole communities to handle adversity and remain connected during tough times. For more information about these programs and to find out how to access these resources visit the Resource for Resilience website <https://resourcesforresilience.com/resources-for-resilience-offerings/>, call 828-367-7092, or email information@resourcesforresilience.com.

Light a Path

Light a Path (LAP) offers yoga/fitness instruction for youth, the incarcerated, the unhoused, and those in recovery at community partner locations. Volunteers are trained in racial justice, physical responses to trauma, and trauma-informed wellness. More information is available on their website <https://www.ywcaofasheville.org/light-a-path/>, those interested in accessing this resource or with questions can contact Erika Bowman at lightapath@ywcaofasheville.org or call 828-254-7206 x 229.



EXPERIENTIAL SKILLS

Girls on the Run

Girls on the Run is a confidence skill building program that helps girls build healthy lifestyles. The program is for 10 weeks afterschool for 3rd-5th graders, and a new program, Heart and Soul, continues for girls in middle school. Activities are run at the following school locations: Averys Creek, Black Mtn Primary, Black Mtn Elementary, Claxton, Estes, Glen Arden, Hall Fletcher, Hominy Valley, Invest Collegiate, Ira B. Jones, Isaac Dickson, Leicester, NB, UNC A, Oakley Elementary, and Vance. for more information or to access this resource call (828) 713-4290 or go to the website <https://www.gotrwnc.org/>.

Muddy Sneakers

Muddy Sneakers introduces students to the wonders of the natural world through experiential outdoor education aligned to North Carolina's essential science standards. For more information on Community Programming email info@muddysneakers.org, or call 828-862-5560.

Asheville City Schools Foundation & In Real Life After-School

Asheville City Schools Foundation offers experiential opportunities through the In Real Life Program, or through teacher led opportunities during the school day that the Foundation funds. For more information or to gain access to these services contact Asheville City Schools (828)-350-6174, more information can also be found on the ACSF website <https://www.acsf.org/>, those looking for more information can also email acsf@acsf.org. In Real Life After-school provides high quality, hands-on, equitable, and accessible after school experiences for all Asheville City Schools middle school students. IRL is committed to ensuring that all students have access to opportunities which allow them to explore their interests and ignite their creativity. IRL operates on an affordable sliding scale of \$0-\$75/club and partners with Asheville City Schools transportation to provide bussing around the city and in the evenings. To learn more about the IRL program and to find out how to access this resource reach out IRL Program Coordinator Joshua Wilson at joshua.wilson@acsgmail.net or (828) 747-2247 or Gregory Hall via email at greg@acsf.org or by phone at his office number 828-350-2608 or through the IRL 828-747-2247.



TUTORING/ACADEMIC ENHANCEMENT

Partners Unlimited-Structured Day Program

Partners Unlimited is open and accepting Buncombe County/Asheville City school students for Credit Recovery and Long-Term Suspension with the approval of the home school. Transportation not available outside city limits. This program is targeted at youth ages 10 to 18 years old. For students long or short term suspended, or credit recovery. Those interested in accessing this resource should contact Anderson Davis, Partners Unlimited Director, at 828-216-5326 or email p.unlimited18@gmail.com. more information is available through the Partners Unlimited Facebook page <https://www.facebook.com/davis.anderson2009/>.

Community Action Opportunities

Community Action Opportunities offers a wide variety of services to both children and families in the community. The Head Start program is a comprehensive child and family development program serving families who live on limited incomes and have children ages 3-5 years old. The Life Works program helps individuals obtain full-time, living wage jobs so they can move out of poverty and obtain economic security. Participants are typically in the program one to three years. The Weatherization Services program helps make home improvements that result in safer and more energy efficient homes. For more information on this program and to learn how to access this contact Community Action Opportunities at (828) 252-2495 or info@communityactionopportunities.org. More information is also available through their website communityactionopportunities.org.

Read to Succeed

Read to Succeed serves youth Kindergarten through 3rd grade. They work with youth who test below expected grade ready level and are referred by their schools for tutoring with trained volunteers. Most are from low-income homes. Currently, offered in six BC elementary schools: Johnston, Candler, Haw Creek, Woodfin, Oakley and Estes; and ACS elementary schools. For more information on this service contact 828-747-2277, email info@r2sasheville.org, or visit their website at <https://www.r2sasheville.org/>.

Youthful HAND

Youthful Hand, Housing Against Narcotics and Drugs (HAND) at Hillcrest Community Center, run by Elinor Earles. Youthful Hand is an enrichment and academic program that works with 5-12-year-olds after school and in summer and 3pm-5:30pm. For questions or for more information contact Executive Director Copland Arnold Rudolph at copland@acsf.org or (828) 350-6174.

Bright Ideas through Isaac Dickson

Bright IDEAS is an extended-day afterschool program that offers safe and fun enrichment opportunities for students enrolled at Isaac Dickson Elementary. Bright IDEAS runs Monday through Friday, 2:30-6:00. Email penny.lewis@acsgmail.net to register with Bright IDEAS Google Group to receive updates.

OpenDoors of Asheville

Open Doors is a local program primarily for youth academic enhancement, but also with individualized education and enrichment opportunities for youth that enhance lifelong social, emotional, cognitive and physical skills. There are three levels of programming for youth, including community level programming, tier 2 programming, and intensive. OpenDoors of Asheville serves children birth-12th grade. Students can be referred directly through their website <https://opendoorsasheville.org/>. For more information call Open Doors at 828-239-8811.

Asheville Middle School After School - In Real Life

Asheville Middle School – In Real Life, IRL is a diverse and engaged network of Service Providers who remove barriers and serve the Social-Emotional and academic needs of Asheville City students. IRL provides transportation, healthy snacks, and integrated support for students during the school day, and wrap-around services for disadvantaged families. IRL programs are fun, hands-on, and high quality. Each year IRL offers over 80 programs in STEM, Health and Wellness, and Humanities. For more info or to access this service contact Gregory Hall via email at greg@acsf.org or by phone at 828-350-2608 or through the IRL 828-747-2247.

Salvation Army Boys and Girls Club

The Salvation Army Boys and Girls Club of Buncombe County is a nonprofit youth development organization serving young people of all backgrounds, ethnicities, and life experiences, particularly those who are vulnerable or marginalized. Through after-school services, summer programs, and a teen center, The Salvation Army Boys and Girls Club provides a safe place for children to learn and grow, ongoing relationships with caring mentors, and life-enhancing experiences. Read to Succeed serves youth Kindergarten through 3rd grade. They work with youth who test below expected grade ready level and are referred by their schools for tutoring with trained volunteers. Most are from low-income homes. Currently, offered in six BC elementary schools: Johnston, Candler, Haw Creek, Woodfin, Oakley and Estes; and ACS elementary schools. For more information on this service contact 828-747-2277, email info@r2sasheville.org, or visit their website at <https://www.r2sasheville.org/>.

Asheville Parks and Rec After School Programs

Asheville Parks and Rec offers many after school programs for young kids and teens including Fun Day Out and Fun Day Out Teen Programs as well as Therapeutic Recreation Fun Day Out. The schedule and registration information for these programs are available through their website linked [here](#); they can also be reached via phone at (828)259-5800.

YWCA of Asheville

YWCA of Asheville Offers many different childcare programs. Pay-By-The-Hour Childcare is designed so busy parents can take care of errands, doctor's appointments, meetings, etc. The Empowerment Childcare is an income verified program that provides up to 12 hours of free childcare per week for parents who are in transition, continuing their education, and/or accessing social services. Many YWCA programs offer childcare including Health & Wellness, MotherLOVE, Getting Ahead, and more. For more information about these resources contact Alesia Summey, Director of Empowerment Childcare at ecc@ywcaofasheville.org or 828-254-7206 x113. More information is also available through the Asheville YWCA website <https://www.ywcaofasheville.org/empowerment-childcare>.

YMCA of Western North Carolina

The YMCA of Western North Carolina offers four different afterschool programming options:

Part-time: this program is offered three days of your choice per week for the school year. Early release care included. Does not include holidays or School's Out days.

Full-time: 41 weeks of program through the school year. Includes afterschool childcare, teacher workdays, snow days, two weeks of care for winter break, spring break and most holidays.

Year-round: 50 weeks of program. Includes afterschool childcare, teacher workdays, snow days, two weeks of care for winter break, spring break, most holidays, and summer day camp. Complimentary household membership to the YMCA. Must register by Aug. 31.

Year-round with Watia upgrade: Comes with the same benefits and coverage as the year-round plan, plus one week at YMCA Camp Watia for children ages 7 and up. Must register by Aug. 31.

To register for these programs, visit their website

<https://ymcawnc.org/programs/children-teens/childcare/afterschool> or email the YMCA Business Center ybc@ymcawnc.org or call 828-251-5910.

Buncombe County Schools McKinney Vento Tutoring

Those who qualify for McKinney-Vento Services are Homeless students are children and youth who lack a fixed, regular, and adequate nighttime residence. The term "homeless student" shall also be deemed to include the term "unaccompanied youth", which includes a youth who is not in the physical custody of a parent or guardian.

Asheville City Schools Contact Jordan Mayhew the McKinney-Vento and Foster Care Coordinator at O: 828-350-6266, C: 828 747-1486 or via email at jordan.mayhew@acsgmail.net.

Buncombe County Schools Contact [Shannon Boyd](#) the McKinney-Vento and Foster Care Coordinator and Director of the Buncombe County Schools Family Resource Center at 828-775-1898

Community Schools

Homework Diners:

- Asheville Middle
- Enka Middle
- Owen Middle
- Erwin Middle
- A.C. Reynolds Middle
- North Buncombe
- Asheville High/SILSA

Community Nights (featuring Homework Diners) offer students and their families a nutritious meal, academic support, and access to a wide variety of community resources. This unique family engagement experience builds connections between parents, teachers, students, and community resources. Community Nights happen weekly at several local schools and are open to all families with a K-12 student in the surrounding school district (PreK-8th grade students must attend with an adult family member). The schedule of Homework Dinner locations and times available on their website <https://www.unitedwayabc.org/homework-diners>.

Delta House Life Development at Asheville Middle

LEAAP for Success (Learning through expanded Academics and Arts Program) Community Learning Center is an after-school program of Delta House Life Development of Asheville, Inc. The program provides a safe learning environment and high-quality hands-on learning opportunities for students in grades 6-12 who are at high risk of not achieving in and out of school. Students served live in poverty, and they attend free. The program provides academic support such as homework help, tutoring, and developing skills. Students participate in cultural and social enrichment activities such as arts and crafts, jazz band, health/nutrition, field trips, mentoring, Social Graces, visual arts; positive prevention/intervention and awareness activities such as alcohol, bullying, drugs, gambling, and uses social-emotional growth. Students attend the program Monday thru Thursday from 3:30pm – 6:15pm. Shirley Whitesides is the program director at 254-6804 (office) and 230-9192 (cell); email deltahse218@deltahouse21stcentury.com, website: www.deltahouseleeap21stcentury.com.

Children First/Communities in Schools Learning Center Program at Pisgah View and Woodridge

Children First/Communities in Schools Learning Centers are safe haven afterschool programs that provide homework help, enrichment activities (like soccer, dance and yoga) and a healthy snack to children in grades K-5 living in vulnerable communities. The program free of charge to families living in public housing/low-income communities of Pisgah View and Woodridge Apartments. A summer camp program is also being offered. For more information or to learn how to access these services contact the Director Barbara Norton at barbaran@childrenfirstbc.org.

Youth Transformed for Life (YTL)

YTL's G.R.A.C.E. for Teens Afterschool, Summer Camp, G.R.A.C.E for R.O.S.E.S/M.O.S.S, YTL G.R.A.C.E for Girls Elementary, YTL G.R.A.C.E for Boys, and YTL G.R.A.C.E for Teens Advocacy and Outreach programs were created to assist disadvantaged youth in reaching and exceeding their personal, educational, and professional goals by equipping them with effective communication skills; supporting and advocating for them in the school system; investing time and resources, and creating experiences that will enhance their self-worth and improve their vision for the future. For more information visit the Youth Transformed for Life website <https://www.ytltrainingprograms.org/> or contact them directly via phone at (828) 348-8357 or via email yttraining@gmail.com.

Marvelous Math Club

Marvelous Math Club is an afterschool club that integrates math and psychology, centering the experiences of the students, families, and guardians at Pisgah View Community Center and celebrates its elementary-age students (Math Leaders). MMC is a partnership between Asheville Housing Authority, UNC Asheville, and Asheville City Schools. Marvelous Math Club was created at the request of the community to make a space where Math Leaders feel safe physically and emotionally while practicing and celebrating Math Leadership. For more information or to find out how to access this resource go to the Marvelous Math Club face book page <https://www.facebook.com/marvelousmathclub/about> or email mmc@unca.edu.

One Youth at a Time

One Youth at a Time is an Asheville-based nonprofit that works with at-risk and delinquent youths ages 8-18. The program offers youth tutoring and mentorship programming in Buncombe and Asheville schools. For more information about One Youth at a Time contact Robbie Williams at 828-281-0208.



VOCATIONAL SKILLS

ASPIRE- Kids at Work, The Connection *(music)*

Kids at Work provides interpersonal skills in an after-school program led by a chef and a therapist, designed to help kids (ages 12-17) learn the technical skills of cooking while building better methods of communication. For more information or to learn how to access these resources contact Kim Castano 828-226-5533.

Goodwill Youth Resources and Opportunities

Opportunities for job readiness training, paid work experience, communication skills, individual career plans, assistance in getting diploma and access to other resources. for more information or to find out how to access these resources call 828-298-9023 ext. 11167
LINKS Program (available for current and former foster care youth):
<https://www.ncdhhs.gov/assistance/state-guardianship/independent-living-services-for-foster-children#:~:text=To%20improve%20outcomes%2C%20the%20Independent%20Living%20Services%20for,not%20participating%20in%20Foster%20Care%2018%20to%2021>

Mountain Area Workforce Development Board, NEXTGEN

The WIOA Youth Program, NEXTGEN, provides training and development services to eligible individuals ages 16-24. The major focus of the program is to connect in-school and out-of-school youth to career readiness, career guidance, remediation, community resources and employment and training opportunities. The NEXTGEN Program provides skills necessary to gain and retain employment, directs individuals to careers that are in demand and promotes employment advancement to become self-sufficient. Participants receive one-on-one assistance from a Career Advisor that creates a service strategy to obtain career goals. For more information visit the NEXTGEN website
<https://www.mountainareaworks.org/youth-services/> or contact Brandon Priester at brandonp@landofsky.org

Job Corps

Based in Brevard but will accept Buncombe referrals, then provide residential services and training; do not serve youth on probation. Schenck Job Corps Civilian Conservation Center supports the Job Corps program's mission to teach eligible young people the skills they need to become employable and independent and place them in meaningful jobs or further education. To refer a student to this program visit the Job Corps website <https://schenck.jobcorps.gov/> and for more information call 1-877-763-0580.

GO Places

GO Places Program helps justice-involved young adults prepare for employment through placement into paid work experiences, job training, and mentorship. In partnership in Buncombe County with My Daddy Taught Me That and the SPARC Foundation, YWCA of Asheville serves woman-identifying and non-binary participants in the program. For More Information Contact Women's Empowerment YWCA at womens.empowerment@ywcaofasheville.org or call 828-254-7206 ext. 104. For more information about the GO Places program contact Erika Bowman GO Places Coordinator erika@landofsky.org or call (828) 470-0879.

Operation Gateway

Operation Gateway

The mission of Operation Gateway is decreasing recidivism by addressing the social determinants of the health of returning citizens. Operation gateway has community health workers, does advocacy in the Buncombe County Community, works on prison in reach, welcoming home release prisoners, and offers intensive support. For more information about the services offered by operation gateway go to their website <https://www.operationgateway.org/> or call (828) 318-5234.

United Community Development

One of the powerful strategies employed by UCD is to use in-demand home repair, weatherization services, and social enterprise to provide job training, real living wage jobs, and cooperative community control of the social enterprise to the organizations and the residents we serve as a vital anti-poverty strategy. All profits from our "fee for services contracts" are used to support our charitable work in low-income weatherization and energy efficiency, home repair job training, de-cluttering services, and resident capacity-building in microenterprise. For more information visit the United Community Development website <https://ucdofnc.org/>, call 828-275-6217, or email info@ucdofnc.org.



RESTORATIVE & MEDIATION SERVICES

United Way Restorative Practices Trainings w/Asheville City and Buncombe County Schools

United Way is partnering with Asheville City and Buncombe County Schools to offer free Restorative Practices trainings to school and community partners. For info on schools integrating RP visit <https://www.unitedwayabc.org/united-youth-network>; to sign up for RP training contact Kyle.Garrett@united.way.org.

Mediation Center

The mission of the Mediation Center is to create opportunity from conflict. They offer Mediation, Family Visitation Support, and Training and Workshops. Family Mediation is offered for free for conflict for families and the youth in the family. For more information or to learn how to access this resource visit the Mediation Center website <https://mediatewnc.org/> or contact the Executive Director Laura Jeffords at 828-251-6089.

Earn and Learn Restitution

Earn and Learn Restitution
Earn and Learn Restitution works with youth assigned community service hours and/or given a monetary compensation requirement for victims provided. For more information go to the Earn and Learn information site <https://buncombealternatives.org/earn-learn-restorative-community-service/> or contact them directly vis phone (828)707-3800 or by email at juan@buncombealternatives.org.

Teen Court

Teen Court Clients are given the opportunity to take responsibility for offenses by participating in court proceedings held by trained youth and adult volunteers. For more information or to find out how to access these resources contact (828)707-2113 or email jamielee@buncombealternatives.org.



COMMUNITY DAY PROGRAMMING/STRUCTURED DAY

Schools Day Treatment with A Caring Alternative, Buncombe County Schools (Woodfin Elementary, Owen Middle, Buncombe Community High Pass Program)

Day Treatment is an intensive behavioral health service that allows children and adolescents to access clinical treatment while enrolled in the local county school system. Day Treatment services focus on helping the child or adolescent meet goals and return to a traditional academic setting. Day Treatment Services partners with Buncombe, Mitchell, and Yancey County School Systems. For more information visit the Caring Alternatives website

<https://www.caringalternative.com/services/buncombe-county> or call (828) 475-0822.

Eliada Reuter Transitional Cottage

The Reuter Transitional Cottage is a level 3 cottage designed to care for students in need of this level of care that have been in higher levels of care for extended periods of time. This program serves youth ages 11-17. The Typical stay is an average of 6 months. This program partners with area agencies to return the student to the family home with varying levels of support at home and school or step them down to a therapeutic foster care level with additional supports as well. The students should be referred by their Complex Care Manager from VAYA. For more information go to the Reuter Transitional Cottage page on the Eliada website <https://www.eliada.org/reuter-transitional-cottage/>, or contact Eliada directly by calling (828) 348-3381 or emailing referral@eliada.org.

Partners Unlimited Structured Day Program

Academic and behavioral supports for at-risk middle and high school youth as well as an alternative placement for short- and long-term suspended youth and DJJ referrals. For more information on this resource contact Partners Unlimited at (828) 281-2800 or p.unlimited18@gmail.com, more information is also available through their website <https://punlimited18.wixsite.com/partnersunlimitedinc>.



OUTPATIENT BEHAVIORAL HEALTH SERVICES

Vaya Local Management Entity/Managed Care Organization

Vaya Health is a specialty managed care organization that oversees publicly funded behavioral health and intellectual/developmental disability services across a 31-county region of North Carolina. Vaya manages Medicaid, federal, state and local funding to meet member and community needs while advancing whole-person health. Access to crisis assistance is available 24/7 at 1-800-849-6127. For more information visit <https://www.vayahealth.com/>.

Buncombe County Youth Justice Clinical Program

Youth Clinical Services aims to meet the needs of young people, prevent involvement with the justice system, and increase access to therapeutic services for young people who are court-involved. Youth Clinical Services at Buncombe County Justice Services offers free counseling and assessments for youth involved with the juvenile justice system, or at-risk involvement. Licensed therapists use trauma-informed, evidence-based approaches, including Cognitive Behavioral Therapy (CBT) and Dialectical Behavior Therapy (DBT) to address needs like substance use (SU) and social issues. SU related services are provided by licensed clinicians from Buncombe County Justice Services or From the Ashes. Contact Ava Vaughan: 828-250-6553, Ava.Vaughan@BuncombeCounty.org.

Services:

- **Comprehensive Clinical Assessments (CCA)**
- **MH & SU Counseling (Individual and/or Group)**

Youth Villages

Youth Villages provides direct services ranging from in-home to residential treatment; shares its nationally recognized and evidence-based program models with partners; and supports state child welfare leaders to bring sustainable change to systems.

Services Offered by Youth Villages:

- **Comprehensive Clinical Assessments (CCA)**
- **Hi-Fidelity Wrap Around Services**
- **Intercept: Strengthening families to prevent or limit the need for foster care**
- **Residential Treatment Programs: Research-based therapy for serious emotional and behavioral problems**
- **Lifeset: Helping young adults make a successful transition to adulthood**
- **Multi Systemic Therapy: For teens who are at-risk of placement out of home due to anti-social behavior**

For more information or to refer a child for services visit the Youth Villages website <https://youthvillages.org/services/refer-a-child/> or contact them via phone (828) 250-3700.

Children's Hope Alliance: TASK program

The TASK treatment model is designed to meet the complex needs of youth who have caused sexual harm. Youth who cause sexual harm or engage in sexually problematic behavior come from a variety of backgrounds and are often involved with the justice system. Problem sexual behavior can be symptomatic of underlying mental health issues, including trauma and dysregulation. Highly qualified, licensed staff members who are trained in the TASK model of care provide therapy through an in-home, outpatient model that provides structured family, individual, and group therapy, with an emphasis on safety planning. TASK serves youth ages 8 to 20 years old and emphasizes the development of skills related to self-regulation, communication, healthy sexuality, family conflict, academic engagement, peer relations, and risk management. Treatment lasts an average of 9 to 12 months. All youth receive a Comprehensive Evaluation of Sexual Harm (CESH). For more information on this program or to refer a youth to this program visit the Children's Hope Alliance website

<https://www.childrenshopealliance.org/services/treatment-alternatives-for-sexualized-kids-task/> or call Childrens Hope Alliance at 844-226-8855.

Services:

- **Comprehensive Clinical Assessments (CCA) & Comprehensive Evaluation of Sexual Harm (CESH)**
- **Outpatient Counseling Treatment for Sexualized Youth**

Family Preservation Services

Family Preservation services is a comprehensive provider. they offer Psychiatric Evaluation, Medication Management, outpatient counseling, school-based therapy, and outpatient+ services for children and adolescents. As part of an interdisciplinary approach to the treatment of mental health symptoms, many individuals receive medication to address, stabilize and improve their symptoms. The psychiatry team provides ongoing medication monitoring to those consumers receiving medication. Children and adolescents as well as adults have access to a crisis walk-in center Monday through Friday from 9am-4pm which is insurance blind. To request services vis the "Request Services" tab on the Family Preservation Services website <https://www.fpsnorthcarolina.com/contact/> or call them at (828) 225-3100.

Services:

- **Comprehensive Clinical Assessments (CCA)**
- **Counseling & Medication Management**
- **Intensive In Home**
- **School-Based Therapy**
- **Outpatient+**
- **Healthy Transitions**
- **First Episode Psychosis Treatment Program**
- **Healthy Transitions Grant**

(<https://www.fpsnorthcarolina.com/services/healthy-transitions/>)

RHA

RHA Asheville is a comprehensive provider that offers a wide range of services. They offer Psychiatric Evaluation, Medication Management, outpatient counseling, school-based therapy, and outpatient+ services for children and adolescents. As part of an interdisciplinary approach to the treatment of mental health symptoms, many individuals receive medication to address, stabilize and improve their symptoms. The psychiatry team provides ongoing medication monitoring to those consumers receiving medication. Children and adolescents as well as adults have access to a crisis Walk In Center Monday through Friday from 9am-4pm which is insurance blind. For more information about the services offered by RHA visit their website

<https://rhahealthservices.org/c3356-comprehensive-care-center/crisis-walk-in-services/#bhuc> or call RHA at 1-800-848-0180.

Services:

- **Counseling Services & Medication Management**
- **Comprehensive Clinical Assessments (CCA)**
- **Intensive In Home**
- **Mobile Crisis Management**
- **MORES Pilot (Mobile Outreach, Response, Engagement, and Stabilization)**

*Special Programs

- **Asheville Buncombe Futures Movement (ABFM):** ABFM is a youth-led, student collective optimizing youth voices to advocate for a happy, healthy drug-free Buncombe County. The program is designated for Highschool aged students (in or out of school). For more information visit the substance free youth website linked here <https://www.substancefreeyouth.com/our-youth/> or email barry.merlu@rhanet.org.

ACAPS

Appalachian Counseling and Psychological Services offers psychological evaluation and neuropsychological assessments. Psychological evaluations can clarify diagnoses, identify obstacles, determine current functioning, and guide treatment options. This organization offers the assessments for the following Depression and Anxiety, Learning Disabilities, ADHD Testing, Mood Disorders, Personality Disorders, Cognitive Functioning, Traumatic Brain Injuries (TBI), Parental Fitness Evaluations, Giftedness Evaluations, Developmental Disabilities, and Speech-Language/Social Communication. To make an appointment visit the Appalachian Counseling and Psychological Services website <https://apppsych.org/our-services/> or call 828-575-9760.

Services:

- **Counseling & Medication Management**
- **Comprehensive Clinical Assessments (CCA)**

Grandis Evaluation Center

Grandis Evaluation Center provides psychological evaluations for people of all ages. Grandis Evaluation Center serves youth ages 3 and up. To refer a patient or to get more information on this program visit the Grandis Evaluation Center website <https://gectesting.com/forms/> or contact them via phone at (828) 299-7451.

Services:

- **Psychological Evaluations**

Access Family Services

Access Family Services clinical staff complete a strength-based comprehensive assessment, outpatient therapy and intensive in home. Therapy may be provided at different sites including our offices, school, home and various community settings. For more information on this service visit the Access Family Services website <https://accessfamilyservices.com/services/outpatient-treatment/> or call the Asheville office at 828-670-7723.

Services:

- **Comprehensive Clinical Assessments (CCA)**
- **Counseling & Medication Management**
- **Intensive In Home**
- **Therapeutic Foster Care**
- **Outpatient +**

Carolina Pediatrics

Carolina Pediatrics offers services for Infants and Toddlers, School-Age Youth, Teenagers, and Families. The clinicians are trained to work with children and teens in various treatment models (cognitive behavioral therapy, solution-focused, positive psychology, or mindfulness-based), as well as evidence-based treatments (treatments supported by positive research outcomes), including Triple P (Positive Parenting Program) or Trauma-Focused Cognitive Behavioral Therapy. The Behavioral Health services can be especially beneficial for children & youth experiencing anxiety, traumatic stress, depression, ADHD (Attention Deficit Hyperactivity Disorder), and learning challenges such as dyslexia, math & reading learning disabilities. For more information visit the Carolina Pediatrics Website <https://www.carolinaped.com/pediatric-behavioral-health>. To schedule an appointment call (828) 845-4042.

Services:

- **Comprehensive Clinical Assessments (CCA)**
- **Counseling & Medication Management**

Equine assisted psychotherapy:

- Eliada
- Horse Sense

[Eliada Homes Equine Assisted Therapy \(eliadaequinetherapy.org\)](http://eliadaequinetherapy.org)

Horse Sense of the Carolinas: [https://www.horsesenseotc.com/](http://www.horsesenseotc.com/)

Services:

- **Equine Assisted Therapy**

MAHEC

For more info on MAHEC's Center for Psychiatry and Mental Wellness see <https://mahec.net/psychiatry>.

Services:

- **Comprehensive Clinical Assessments (CCA)**
- **Counseling & Medication Management**
- **School-Based Therapy**
- **Substance use disorder treatment for pregnant and parenting people (Project CARA)**

Blue Ridge Treks

Blue Ridge Treks, LLC is a community of mental health therapists dedicated to enhancing health and wellness in the Blue Ridge Mountains surrounding Asheville, North Carolina. The program utilizes a holistic approach that is strengths-based and relationship-centered. Blue Ridge Treks offers both individual therapy as well as family therapy. For more information on this program vis the Blue Ridge Treks website <http://www.blueridgetreks.com/contact-us/> or contact the Clinical

Director Jen Riley at jen@blueridgetreks.com.

Services:

- **Outpatient Counseling**
- **Outdoor Programming**

Mountain Child Advocacy Center

Mountain Child Advocacy Center is setting the standard for the prevention and treatment of neglect and child abuse. Yearly, they teach more than 8,000 children in Buncombe County through highly interactive and research-based classes designed to educate and empower kids. When abuse occurs, they provide access to free, evidence-based therapies that help children heal. To access this information contact MCAC at advocacy@mtncac.org or Colleen Burnett educator@mtncac.org or call (828) 213-9824

Services:

- **Counseling**
- **Interpersonal Skills**
- **Child Abuse Prevention Education**

AMI Kids Functional Family Therapy

AMI Kids North Carolina Family Services program provides home-based family counseling as designed by FFT LLC, Inc. FFT is a highly regarded evidence-based model proven to reduce recidivism rates and increase overall family functioning. For more information visit the AMI website <https://amikids.org/programs-and-services/programs/amikids-north-carolina-family-services-morganton/story/program> or call the AMI main office at (813) 887-3300.

DJJ REFERRAL REQUIRED

Services:

- **Home Based Family Therapy**

Blue Ridge Health

Blue Ridge Health offers Trauma-informed therapy services, including individual, group, and family interventions. Whole-person care recommendations are developed with the family through clinical assessment. Case management services are offered alongside outpatient therapy. Support is provided in the home and in the community for individuals who are transitioning between services, or who may benefit from coordinated efforts between multiple agencies. For more information visit the Blue Ridge Health website

<https://www.brchs.com/services/behavioral-health-counseling/> or call 888-573-1006.

Blue Ridge Health also offers School-Based Health Centers, to access these services students must register with Blue Ridge Health to receive services. For more information on these programs call the phone number associated with the school you are trying to access services through.

- IC Imagine K-12 Public Charter School: 828-233-2261
- The Franklin School of Innovation: 828-233-2280
- Asheville Middle School: 828-233-2279
- Clyde A. Erwin Middle: 828-233-2280

Services:

- **Outpatient Counseling & Medication Management**
- **Since BRCHS is a Federally Qualified Health Center (FQHC), they also provide whole-person medical care**

Appalachian Mountain Community Health Center

Appalachian Mountain Community Health Centers (AMCHC) offer Trauma-informed therapy services, including individual, group, and family interventions. Whole-person care recommendations are developed with the family through clinical assessment. Case management services are offered alongside outpatient therapy. Support is provided in the home and in the community for individuals who are transitioning between services, or who may benefit from coordinated efforts between multiple agencies. For more information contact the AMCHC office at Corporate Office (828) 202-5200 or email info@amchc.org, or visit

<https://www.amchc.org>.

AMCHC now has School-Based Health Centers open at Asheville High School and PEAK Academy, currently enrolling new patients.

- **ASHEVILLE HIGH SCHOOL:** The Campus Clinic provides comprehensive primary care, behavioral health counseling, and dental to AHS students and staff.
- **ASHEVILLE PEAK ACADEMY:** AMCHC is expanding services to provide Holistic School-Based Health Care services at PEAK Academy

Services:

- **Outpatient Counseling & Medication Management**
- **Since BRCHS is a Federally Qualified Health Center (FQHC), they also provide whole-person medical care**

SPARC Foundation

SPARC Foundation practitioners are keeping families together and reuniting disrupted families through intensive home-based family therapy called Family Centered Treatment (FCT). With FCT and Family Centered Treatment Recovery which addresses parental substance misuse, we not only have the opportunity to directly improve the outcomes for current families, but also for generations to come as children see a positive shift in their family system and carry that into their future families. To refer individuals to this program, visit the SPARC foundation website referral page <https://thesparcfoundation.org/family-center-treatment-referral/>. For more information call the SPARC Foundation at 828.552.3771 or email frontoffice@thesparcfoundation.org.

Services:

- **Family Centered Treatment (FCT)**

SPARC Services & Programs

Family Centered Treatment® (FCT) is an evidence-based practice (EBP) model of home-based treatment that lowers rates of out of home placements. FCT is a systemic family systems change model. The third phase of treatment, valuing changes (through use of paradoxical and experiential exercises), seeks to confirm and capitalize on internal changes within the family so that the family is not dependent on the therapist once services terminate. Services are intensive with a minimum of 10 hours per month provided to the family. FCT incorporates coordination with other systems, such as MCO, DSS and DJJ as well as 24/7/365 Crisis Intervention. To learn more about Family Centered Treatment: <http://familycenteredtreatment.com> or email Teri Herrmann at therrmann@thesparcnetwork.net

Services:

- **Family Centered Treatment (FCT)**

Your Next Chapter Counseling

Your Next Chapter Counseling serves children and adolescents. Therapists utilize evidence-based modalities including Child Centered Play Therapy, Art Therapy, Parent/Child Coaching, and Cognitive Behavioral Therapy. Their hope is to make therapy a positive and safe place for our youngest clients. For more information or to access these services contact Your Next Chapter Counseling via phone at 828-708-7088 or via email info@yournextchaptercounseling.com. More information is also available through their website <https://www.yournextchaptercounseling.com/>.

Services:

- **Counseling**
- **School-Based Therapy**

INPATIENT ACUTE CRISIS STABILIZATION & ASSESSMENT

Facility Based Crisis Center

Caiyalynn Burrell Child Crisis Center

The Caiyalynn Burrell Child Crisis Center (CBCCC) Facility-Based Crisis Service for children and adolescents, ages 6-17, is a service that provides an alternative to hospitalization for an eligible child or adolescent who presents with escalated behavior due to a mental health, intellectual or development disability or substance use disorder and requires treatment in a 24-hour residential facility. CBCCC is an indirect, intensive short term, medically supervised service provided in a physically secure setting, that is available 24 hours a day, seven days a week, 365 days a year. For more information or to learn how to access these services call 877.277.8873 or visit the Daymark website <https://www.daymarkrecovery.org/locations/fbc-buncombe>.

Psychiatric Acute Care Inpatient Hospital

Mission/HCA Sweeten Creek Mental Health and Wellness Center (Formerly Copestone)

Mission/HCA provides a full spectrum of acute inpatient psychiatric care in the Sweeten Creek MH and Wellness Center. Sweeten Creek MH and Wellness Center provides age-specific inpatient psychiatric units for children, adolescents, adults and geriatrics. For more information visit the Mission Health website <https://missionhealth.org/services-treatments/mental-behavioral-health/therapy-programs/> or call 828-213-1111.



RESIDENTIAL (MEDICAID LEVELED PLACEMENTS)

Local services most relevant to youth at risk of court involvement are included here.

For a comprehensive list, see Vaya Health's Child and Youth Services Resource Guide here:

<https://www.vayahealth.com/wp-content/uploads/2023/10/Child-Youth-Services-Resource-Guide.pdf>

Vaya Local Management Entity/Managed Care Organization

For information on Child Placing Agencies who provide Therapeutic Foster Care contact Vaya Health. Vaya Health is a specialty managed care organization that oversees publicly funded behavioral health and intellectual/developmental disability services across a 31-county region of North Carolina. Vaya manages Medicaid, federal, state and local funding to meet member and community needs while advancing whole-person health. For more information visit <https://www.vayahealth.com/>.

Behavioral Health Crisis Line: 1-800-849-6127, available 24/7, 365 days a year

Member and Recipient Services: 1-800-962-9003, Open Monday-Saturday 7am-6pm

Services:

- **Therapeutic Foster Care**

Eliada

For more information visit the Eliada website <https://www.eliada.org>. To refer, contact referral@eliada.org.

Services:

- **Therapeutic Foster Care**
- **Medicaid Level III Transitional Cottage:** Provides care for students transitioning from extended periods of higher level care back to the community, with the goal of preventing re-entering a Psychiatric Residential Treatment Facility (PRTF). This 30- to 45-day program provides wraparound support with partners to return the student to the family home or step down to Therapeutic Foster Care with additional supports.
- **Medicaid Level III Group Home:** This 8 bed group home and assessment center serves youth ages 11-17, with a 30- to 45-day length of stay. Youth receive a comprehensive multidisciplinary evaluation to determine appropriate levels of care in the least restrictive setting. Participants receive campus-based education through Day Treatment, specialized behavioral interventions, psychiatric evaluation, medication management, crisis stabilization, and clinical services. Youth with co-occurring substance use disorders or developmental disabilities are considered on a case-by-case basis.
- **Community Respite Home:** Green Community Respite has 4 beds dedicated to Vaya members, serving youth ages 6-17 for up to 14 days. The facility provides temporary/periodic placement for youth with a mental health diagnosis and/or mild I/DD. Referrals must be completed by Vaya.
- **ESTA Workforce Ready Housing:** to assist young adults (ages 18-25) in obtaining the life skills necessary to secure and maintain stable housing. Participants must be working or Ready-to-Work, meet age requirements and complete an application. Participants are provided weekly case management to help overcome their barriers to housing.

Youth Villages

Youth Villages provides direct services ranging from in-home to residential treatment; shares its nationally recognized and evidence-based program models with partners; and supports state child welfare leaders to bring sustainable change to systems.

Services Offered by Youth Villages:

- **Comprehensive Clinical Assessments (CCA)**
- **Hi-Fidelity Wrap Around Services**
- **Intercept: Strengthening families to prevent or limit the need for foster care**
- **Residential Treatment Programs: Research-based therapy for serious emotional and behavioral problems**
- **Lifeset: Helping young adults make a successful transition to adulthood**
- **Multi Systemic Therapy: For teens who are at-risk of placement out of home due to anti-social behavior**

For more information or to refer a child for services visit the Youth Villages website <https://youthvillages.org/services/refer-a-child/> or contact them via phone (828) 250-3700.

Access Family Services

Access Family Services clinical staff complete a strength-based comprehensive assessment, outpatient therapy and intensive in home. Therapy may be provided at different sites including our offices, school, home and various community settings. For more information on this service visit the Access Family Services website <https://accessfamilyservices.com/services/outpatient-treatment/> or call the Asheville office at 828-670-7723.

Services:

- **Comprehensive Clinical Assessments (CCA)**
- **Counseling & Medication Management**
- **Intensive In Home**
- **Therapeutic Foster Care**
- **Outpatient +**

Care Haven Respite Facility w/Caring Alternatives

Care Haven is a five-bed community respite facility serving youth with a mental health diagnosis. The facility provides temporary placement for youth for up to 24 days in a calendar year without prior authorization (same-day intake). It also provides 24-hour awake staff who are paraprofessionals (with Therapeutic Foster Care parent training) for supervision. Located in McDowell County. Licensed for ages 5 to 17. Contact: A Caring Alternative | House Main Number: 828-475-1705 | Melisa Tate: 828-608-3408, ext. 751 carehaven@caringalternative.com | caringalternative.com

Services:

- **Respite Care Homes (30 days or less)**

Interlude with Brandi Nichole Family Enrichment Center

Interlude is a five-bed community respite facility serving youth with a mental health diagnosis. The facility provides temporary placement for youth for up to 24 days in a calendar year without prior authorization (same-day intake). It also provides 24-hour awake staff who are paraprofessionals (with Therapeutic Foster Care parent training) for supervision. Located in Buncombe County. Licensed for ages 5 to 17. Contact: Contact Jewel Richardson at jewel@brandinichole.org or Karen Cowen at karen@brandinichole.org. For more information visit the Brandi Nicole Website <https://www.brandinichole.org/respice-care/> or call (828) 687-3776.

Services:

- **Respite Care Homes (30 days or less)**

Hawthorn Heights

Hawthorn Heights is a nine-bed licensed community respite facility with four dedicated beds for members with a primary mental health diagnosis. The remaining beds are for children involved with the DJJ. The facility provides temporary/periodic placement for youth. The provider has 24/7 admission (requests at least two hours' notice of transport after referral has been accepted for placement). The home provides 24-hour awake staff with youth being separated by age and gender to ensure safety. Located in Swain County. Licensed for ages 12 to 17. Kara Long (Director), 828-488-6512 | Fax: 828-488-7975 | referrals@hawthornheights.org.

Services:

- **Respite Care Homes (30 days or less)**

Timber Ridge

Timber Ridge Treatment Center serves males from 12 to 17 years of age. Timber Ridge accepts Medicaid. Located in Salisbury, NC, near the Uwharrie Forest, Timber Ridge takes an ecologically oriented, positive peer group approach to treatment. Programs include:

- An on campus academic program, the Uwharrie Learning Center, features traditional classroom studies and a hands-on experiential approach which is beneficial to children with Attention Deficit and Conduct Disorder symptoms. Residents may receive individual tutoring as needed.
- Substance use counseling services include 12-step programming for Dual Diagnostic youths with addiction problems.
- Family Counseling sessions are scheduled on a regular basis, including monthly group parent training opportunities and weekly contact with child and family. Family and individual sessions are provided by Master's level counselors. In addition, residents progress through the Moral Reconation Therapy program with regular group sessions.
- Supervises treatment for Problem Sexual Behaviors (PSB); treatment components include Trauma Focused Cognitive Behavioral Therapy, risk assessments, safety plans, individual, family and group therapy.

More information is available through their website <https://www.trtc.net/>. Contact laurenplyler@trtc.net or (704)279-1199.

Services:

- **Medicaid Level III Wilderness Program**

Eckerd Short Term Residential – DJJ Level II

Eckerd Connects' short-term juvenile justice gender-specific residential academy offers rehabilitative services for youth ages 13 - 17. Our services help youth change their behavior by building upon their strengths. This intensive program lasts between four to six months. For more info [Short-Term Residential Programs](#) | [NC DPS](#):

- Eckerd Connects | Boys Residential Academy at Boomer (336) 921-3300
- Eckerd Connects | Boys Residential Academy at Candor (910) 974-4183
- Eckerd Connects | Boys Residential Academy at Yanceyville
- Eckerd Connects | Female Residential Academy at Kerr Lake (252) 366-9380.

Macon County Multipurpose Group Home

The Multipurpose Juvenile Home Program is designed to provide non-secure, long-term, residential care as an alternative to secure detention and youth development centers. Macon County Group Home is a Medicaid Certified 6 Bed Intermediate Care Facility located in Franklin, NC, with service to the surrounding community. Macon County Group Home can be contacted at (828) 524-5888. For more info see [Multi-Purpose Juvenile Homes](#) | [NC DPS](#): <https://www.ncdps.gov/juvenile-justice/community-programs/multi-purpose-juvenile-homes>

DJJ REFERRAL REQUIRED

Services:

- **Group Home**

Western Area Multipurpose and Assessment (Buncombe County)

The Crisis and Assessment Center is designated for ages 10-17 years old. The center serves boys and girls with histories of behavioral and mental health issues, neglect, trauma, or substance abuse. The stay length of this center is 14 to 45 days for comprehensive testing and observation under the supervision of a licensed psychologist and licensed clinical case managers. They leave with a plan of care that maps out their strengths, areas of focus, goals, and services in their community that can help (therapy, counseling for substance abuse or mental health, educational/vocational training, or other). The Western area location has 5 Crisis Beds and 4 Secure Custody Beds.

For more information visit the Methodist Home for Children website <https://www.mhfc.org/services/juvenile-justice/residential> or call 828-338-8340 to contact the Western area location.

DJJ REFERRAL REQUIRED

Methodist Home for Children - Transitional Living Programs (Sites across NC)

Methodist Home for Children operates transitional living homes in partnership with the NC Department of Public Safety. Homes provide 6- to 12-month residential programs that support court-involved young people ages 16 - 21 to build the vocational and interpersonal skills they need to live independently. For more info: [Transitional Services | NC DPS: <https://www.ncdps.gov/our-organization/juvenile-justice/community-programs/transitional-services>](https://www.ncdps.gov/our-organization/juvenile-justice/community-programs/transitional-services).

DJJ REFERRAL REQUIRED

Services:

- **Transitional Living Homes**

