# **AGE-FRIENDLY**

# Buncombe County, NC 2022 Progress Report

MEMBER OF THE NETWORK OF AGE-FRIENDLY COMMUNITIES SINCE 2017





Committee made the decision to align the Aging Plan and the Age-Friendly Plan into one document. Following that decision, the committee worked to align the Age-Friendly Action Plan with the Buncombe County Strategic Plan. The pages that follow are a snapshot of accomplishments and alignments of actions with these plans.

As we look to the future, we are excited to be welcoming an Age-Friendly Coordinator as a full-time employee with Buncombe County. We have also launched our new logo (noted at the top) and are envisioning our next phases of Age-Friendly Buncombe County. On the next page is a quick overview of future objectives:



Age-Friendly Buncombe is a "big tent", bringing together community collaborations, committees, and working groups all of whom are committed to ensuring that: Older Adults in Buncombe County are Safe, Well, and Engaged in their Community.

# **Buncombe County 2017 Resolution:**

In a 2017 resolution recommending that Buncombe County join the Network of Age-Friendly Communities, the County Commissioners called upon all our citizens, business leaders, elected and staff government officials, philanthropists, educators, civic groups, and advocacy and service organizations, to:

- recognize that older adults constitute a valuable human resource; and,
- engage older adults in all aspects of community and civic life.

#### Looking to the Future, continued

- Expand on our monthly blog posts and recruitment efforts of age-friendly members.
- Develop an Age-Friendly Business program.
- Ensure representation of older adult voices at tables where decisions are being made.
- Expand our partnerships and grow our outreach into communities.
- Solidify the plan for the Active Aging Center including finalizing owner, operator, and location.
- And much, much more!

While we are excited about the future and all that is in store, we want to take a moment to acknowledge the work for Alison "Ali" Climo. Ali has served as the Buncombe County Age-Friendly Coordinator since 2016. Her guidance, vision, and leadership have moved us from a place of vision to action. It is through her efforts and support that much of the work that you see on these pages has been completed. She has helped the community care about aging and has assisted Buncombe County in embracing the concept and goals of Age-Friendly. We will miss her and are grateful for the groundwork she has laid for the next phase.

#### **Domain: Housing**

#### **Age-Friendly Action Plan:**

Increase availability of affordable, accessible housing options for older adults.

#### **Buncombe County Strategic Plan:**

- Protect older residents' ability to age in place.
- Implement land use strategies that encourage affordable housing near transportation and jobs.

## **Affiliated Working Group:**

Housing Options for Aging in Place (HOAP)

#### **Highlights and Accomplishments:**

- Housing Options for Aging in Place Working Group (HOAP) worked with Asheville Design Center and national ADU expert Kol Peterson to highlight the needs, challenges and development opportunities for Accessory Dwellings (ADUs). Click to watch the <u>Virtual Tour</u> and visit the <u>webpage</u>.
- As an outcome of their participation on the HOAP Working Group, Asheville Area Habitat for Humanity initiated a new <u>Aging in Place affordable home-ownership program</u> for adults age 55+.
- PBS North Carolina's weekly program, ncIMPACT, featured Buncombe County's Housing Options for Aging in Place Working Group on their March 11, 2022 episode on Aging in Place.



# **Domain: Transportation**

# Age-Friendly Action Plan:

Increase older adults' access to transportation options.

#### **Buncombe County Strategic Plan:**

Increase access to public transportation, including public transit and para-transit services.

#### Affiliated Working Group:

Community Transportation Advisory Group

#### **Highlights and Accomplishments:**

<u>Asheville City Transit</u> Bus Drivers, Trainers, Supervisors, & Dispatchers were trained in dementia friendly service and communication (2021).



# **Age-Friendly Action Plan:**

Ensure safe and accessible public and other outdoor spaces and buildings. (Specifically: Provide age- and dementia friendly features in public spaces, such as greenways, benches, playgrounds, and restrooms.)

# **Buncombe County Strategic Plan:**

Expand and maintain cultural and recreational assets.

# **Domain: Outdoor Spaces and Buildings**

# **Affiliated Working Group:**

Active Aging Center Steering Committee

#### **Highlights and Accomplishments:**

- Asheville Street Tweaks implemented a 3-day "tactical urbanism" project in West Asheville (see photo, left). The project was designed to improve neighborhood and pedestrian safety through the addition of a traffic circle and visual street art (May 2021).
- Land of Sky Regional Council received a <u>2020</u>
  <u>Aliceann Wohlbruck Impact Award</u> from the
  National Association of Development Organizations (NADO) for Age-friendly Buncombe
  County (October 2020).

# Domain: Social Participation, Civic Engagement and Employment

# **Age-Friendly Action Plan:**

- Promote older adult engagement (e.g., employment, lifelong learning and civic engagement).
- Promote older adults' financial wellbeing.

#### **Buncombe County Strategic Plan:**

- Protect older residents' ability to age in place Increase total employment in region's targeted industries.
- Increase median household income to North Carolina's benchmark.

#### **Affiliated Working Groups:**

- Social Bridging Project
- Experienced Workforce Initiative

#### **Highlights and Accomplishments:**

- In 2021 the Experienced Workforce Initiative grew to include the <u>Digital Literacy Network</u> to provide technology navigators for those under the digital divide.
- Experienced Workforce Initiative of WNC was featured in NC Works Commission's <u>Spotlight on Local Workforce Innovations</u> (March 2021).



# Domain: Respect and Inclusion

#### **Age-Friendly Action Plan:**

Improve older adults' access to services and supports. Specifically: Ensure aging services demonstrate respect, equity and inclusion of all older adults, regardless of any protected status.

#### **Buncombe County Strategic Plan:**

 Ensure that policies and practices eliminate barriers to allow for equitable opportunity.

#### **Affiliated Working Groups:**

- Asheville/Buncombe Black Elders Engagement Project
- Blue Ridge Pride Generation Plus
- Dementia Friendly WNC

#### **Highlights and Accomplishments:**

- Asheville/Buncombe Black Elders Engagement Project produces a monthly calendar of opportunities that promote engagement and wellbeing for members of the Black community.
- Asheville Art Museum offered monthly <u>"Connections"</u> virtual and small group/in-person docent-led tours for adults with memory loss and their care partners.
- Buncombe County allocated Aging Services funding to Blue Ridge Pride's Generation Plus to support education, advocacy and celebration of LBGT older adults.

# **Age-Friendly Buncombe Community Partners**

AARP Foundation

AARP Mountain Region NC

AB Technical Community College

Area Agency on Aging at the Land of Sky Regional Council Asheville

Area Chamber of Commerce Asheville Area Habitat for Humanity

Asheville Art Museum

Asheville Bike & Pedestrian Task Force

Asheville Community and Economic Development

Asheville on Bikes

Asheville Parks and Recreation

Asheville Police Department

Asheville Realty Group

Asheville Regional Transit Coalition

Asheville Transit Committee

Avery Health Education and Consulting

Better Business Bureau

Biltmore Farms

Blue Ridge Audubon Society

Blue Ridge Bike Club

Blue Ridge Pride

Buncombe County Affordable Housing Services Program

Buncombe County Clerks's Office

Buncombe County Community Engagement

Buncombe County District Attorney's Office

Buncombe County Family Justice Center

Buncombe County Parks and Recreation

Buncombe County Public Library System

Buncombe County Sheriff's Office

Buncombe Health and Human Services

Connect Buncombe

Council on Aging of Buncombe County, Inc.

DayStay Adult Day

Digital Literacy Network

**Energy Savers Network** 

Family Caregiver Support Program

Givens Affordable Communities

Hands-On Asheville Buncombe County

Holistic Elder Services

Institute for Preventive Healthcare and Advocacy

Jewish Family Services of WNC

Just Economics (Better Busses Together)

Land of Sky Regional Council

Land of the Sky Association of Volunteer Administrators Legal Aid of NC Senior Law Project

Leslie Apple, Edward Jones Financial Advisor

Linda Giltz, Community Planner, Facilitator, Project Manager MAHEC

Center for Healthy Aging MANNA Food Bank

Meals on Wheels

MemoryCare

Mountain Area Workforce Development Board

Mountain Care

Mountain Housing Opportunities Mountain Mobility

Multi-Modal Transportation Commission

NCCARE360

NC Center for Healthy Aging

NC Dept. of Justice Western District

NC Works Asheville Center No Place Like Home WNC, PLLC

NovusWay Ministries OLLI at UNC-Asheville

OnTrack Financial Education and Counseling Services

Our Voice

P.A.C.E. (Program of All-Inclusive Care for the Elderly)

Pisgah Legal Services

Premier Home Health Care

Project CARE (Caregiver Alternatives to Running on Empty)

R. L. Mace Universal Design Institute

RN Patient Advocacy of NC

SkyHeart Consulting, LLC

Small Business Administration

Smoky Mountain Home Inspections, Inc.

Terri Z. March, MPH

The Urban News

UNC Center for Health & Wellness

United Way of Asheville Buncombe County

**VA Medical Center** 

Van Winkle Law Firm

Vaya Health

Volunteers of America Carolinas Web Tech Czar

WNC Broadband Project WNC Fall Prevention Coalition

YMCA of WNC

YMI Cultural Center

YWCA of Asheville

# **Domain: Health and Community Services**

# **Age-Friendly Action Plan:**

- Improve older adults' health and wellbeing Support caregiver wellbeing.
- Support older adults' financial wellbeing.

#### **Buncombe County Strategic Plan:**

- Protect older residents' ability to age in place.
- Increase median household income to North Carolina's benchmark

# **Affiliated Working Groups:**

- Buncombe Aging Services Alliance
- Communities for Older Adult Health
- Family Caregiver Advisory Committee

# **Highlights and Accomplishments:**

- "Harnessing Tech to Connect", a collaboration between the Land of Sky Area Agency on Aging's Family Caregiver Program and Project C.A.R.E. Four Seasons Compassion for Life, and AARP Mountain Region, is a caregiver webinar series that received a 2021 Aliceann Wohlbruck Impact Award from the National Association of Development Organizations (NADO).
- Experienced Workforce Initiative's most frequently viewed videos on its YouTube channel are "Video Conferencing for the 50+ Worker" and "Successful Virtual Interview for Job Seekers and Hiring Managers".

#### **Domain: Information and Communication**

#### **Age-Friendly Action Plan:**

- Increase older adults' access to services and supports (including technology and broadband).
- Increase community awareness of physical, emotional, sexual, and financial abuse, neglect, and exploitation.

#### **Buncombe County Strategic Plan:**

Ensure funding, talent, and partnerships that enable high quality delivery of services and information.

## **Affiliated Working Groups:**

- **Elder Justice Coalition**
- Home and Community Care Block Grant Advisory Committee
- **WNC Broadband Project**
- **WNC Falls Prevention Coalition**

#### **Highlights and Accomplishments:**

- Every year the Buncombe County Elder Justice Coalition holds in-person and virtual events for World Elder Abuse Awareness Day.
- Buncombe County Elder Justice Coalition is part of the North Carolina Elder Protection Network.