Parks and Recreation Month

Whereas parks and recreation are an integral part of communities throughout this country, including Buncombe County; and

Whereas parks and recreation promote health and wellness, improving the physical and mental health of people who utilize parks; and

Whereas through events like the Lake Julian Park campout and kids' fishing events, parks and recreation promote time spent in nature, which positively impacts mental health and well-being; and

Whereas parks and recreation encourage physical activities by providing space for popular sports, hiking trails, swimming pools, greenways, and many other activities designed to promote active lifestyles; and

Whereas parks and recreation programs and events are critical to social interaction and enhanced self-esteem; and

Whereas our parks and natural recreation areas ensure the ecological beauty of our community and provide a place for children and adults to connect with nature and recreate outdoors; and

Whereas the U.S. House of Representatives has designated July as Parks and Recreation Month; and

Whereas Buncombe County offers river parks, sports complexes, natural areas, for families and neighbors to gather, celebrate, and recreate; and

Whereas residents and visitors celebrate with Buncombe County Recreation Services each July and December with fireworks and the Festival of Lights; and

Whereas Buncombe County proudly partners with Special Olympics and celebrates our award-winning teams that competed recently at the state level, as well as our soccer team that earned the silver medal at the national competition; and

Whereas Buncombe County recognizes the benefits derived from parks and recreation resources.

Now therefore, be it resolved by the Buncombe County Board of Commissioners recognize July as Parks and Recreation Month.

Brownie Newman, Chairman
Buncombe County Board of Commissioners