

Childbirth Classes in Buncombe County

- ◇ Who teaches them?
- ◇ How do I sign up?
- ◇ Does Medicaid pay for them?

Buncombe County Department of Health works with community partners to assure that childbirth classes are available in English and Spanish, especially for women who have Medicaid. Medicaid pays for classes. Women without Medicaid can also sign up for classes and are responsible for paying for classes by check, cash or private insurance. Please bring Medicaid and Insurance cards with you to the first class.

Location & Time of Classes	Registration Information
<p>MAHEC Family Health Center Address: 118 W.T. Weaver Blvd Asheville, NC 28804</p> <p>Classes are taught in English</p> <p><i>Evening Classes</i></p>	<p>Register online: www.mahec.net/calendar and enter keyword: childbirth</p> <p><i>There is no need to register your labor partner.</i></p> <p>Click here for a brochure in English</p> <p>For more information: Call (828) 230-4928 or talk to your OB Care Manager.</p>
<p>Minnie Jones Health Center Address: 257 Biltmore Avenue Asheville, NC</p> <p>Classes are taught in Spanish</p> <p><i>Evening Classes - Dates coming soon!</i></p>	<p>COMING SOON!!!</p> <p>Registration will be available in Spanish.</p> <p>Our Spanish speaking childbirth educator will guide you and your birth partner through the process of labor and delivery. A tour of Mission hospital birthing center is included!</p>
<p>Mission Hospital Address: Classes are offered at a variety of locations</p> <p>Classes are taught in English</p> <p><i>Evening & weekend classes</i></p>	<p>To register, call: (828) 213-2222</p> <p>Mission offers classes in a two-part series, starting at 20-24wks. Please call to schedule ASAP to ensure timely registration for the Part 1: Parenting Series, followed by the Part 2: Birth Preparation Series.</p> <p>For more information: Talk to your OB Care Manager or call the registration phone number.</p>

Birth Support: Birth and Postpartum Doulas provide pregnant woman with extra help & support during labor, delivery and just after birth. Look on-line for certified Doulas in our area. Medicaid does not pay for Doula services; however, some Doulas will accept Medicaid clients and work out the fees, if possible.

If you need more information, please contact Gaylen Ehrlichman by calling (828) 250.5045 or by emailing gaylen.ehrlichman@buncombecounty.org.