



Data and Analysis

This section of the report comprises graphs, charts, tables and written descriptions of various health indicators.

This section of the report begins with a Table of Comparison Data and Trends from local health surveys (1995, 2000, 2005 and 2010). Trends are indicated where comparable data over time is available.

Data is categorized according to those used by MATCH County Ranking Reports. Each section begins with data from the MATCH County Rankings, followed by additional, relevant data from the local health and opinion surveys, and regional, state and national sources.

MATCH County Ranking Categories:

Health Outcomes

Mortality (death)

Morbidity (disease)

Health Factors

Health Behaviors

Clinical Care and Access

Social and Economic Conditions

Physical Environment



Local Health Survey Data for Buncombe County Comparison of Select Trends Over Time

Topic Area	Indicator (all data is listed in percent format)	2010	2005	2000	1995	Trend
Health Status	Perceived physical health status “fair” or “poor”	32.9	19.24	15.38	13.76	WORSE
Health Care Access & Utilization	Don’t have a place regularly go for health care	4.5	5.31	2.88	--	
	Main Reason don’t have place to go is no insurance, can’t afford	27.0	30.00	26.09	--	
	Needed health care but didn’t get it (past year)	18.2	14.56	11.38	--	WORSE
	Main reason didn’t get care is no insurance, can’t afford	69.8	51.82	44.09	--	WORSE
	Routine check-up received in past year	75.0	77.05	65.88	69.00	
Health Care Affordability	No health insurance	17.5	14.67	13.75	8.63	WORSE
	Main reason don’t have health insurance is too expensive	71.8	49.11	--	--	WORSE
Medication	Needed medication but didn’t get it (past year)	12.00	9.88	6.38	--	WORSE
	Main reason didn’t get medication is no insurance, can’t afford	71.9	69.89	61.54	--	WORSE
Mental Health	Report feeling depressed for two or more weeks (past year)	30.00	26.99	21.88	20.63	WORSE
	Needed mental health counseling but didn’t get it (past year)	10.00	5.63	4.70	--	WORSE
	Main reason didn’t get mental health care is no insurance, can’t afford	61.50	56.60	28.95		WORSE
	Main reason didn’t get mental health care is embarrassed/nervousness about getting	11.50	13.21	7.8	--	
Dental Health	Visited dentist in past year	64.00	67.06	64.13	--	
	Needed dental care but didn’t get it (past yr)	24.00	17.11	13.13	--	WORSE
Screenings & Preventive Care	Mammogram in past two year (2010)	*78.90	61.61	45.05	38.73	BETTER
	Men’s digital rectal exam (within past 5 years)	61.50	--	--	--	
	Flu shot in past year	50.00	30.39	38.38	29.25	BETTER
	Had cholesterol checked (within past year)	65.3	76.74	63.63	56.13	BETTER
Health Behaviors	Currently smoke every day (excludes smoke on some days)	19.00	17.11	19.5	--	
	Live or work around a smoker	24.4	21.04	28.38	32.00	BETTER
	Drank 5+ drinks on one occasion (past mo.)	13.6	12.75	15.07	16.07	BETTER
	Adult BMI (overweight or obese)	57.50	--	--	--	
	Kindergarten BMI (combined overweight & obese)	28.2	--	--	--	
	Got no moderate exercise (past week)	11.2	--	--	--	

Sources: Randomized telephone surveys: 1995, 2000 and 2005; Randomized household survey: 2010; Children’s weight status assessment data (ALL children in grades K – 5 in Buncombe County and Asheville City schools).

NOTE: Trends indicate general patterns and a classification of “worse” or “better” does not necessarily indicate statistical significance.

*Changed indicator to % women **ages 45+** who have mammogram in **past two years** due to changes in recommendations. Indicator for previous years asked about women over 40+ getting mammogram “in past year”.