

# Health Snapshot 2013: Buncombe, NC

| BUNCOMBE COUNTY, NC   | Buncombe Value | National Benchmark | NC Value | Buncombe's NC Rank |
|---|----------------|--------------------|----------|--------------------|
| <b>HEALTH OUTCOMES</b> <small>The face symbols indicate the status of our Buncombe Value compared to the National Benchmark or NC Value</small> |                |                    |          | <b>19th</b>        |
| <b>Mortality</b>  |                |                    |          |                    |
| Premature death   | 7,026          | 5,317              | 7,480    | <b>18th</b>        |
| <b>Morbidity</b>  |                |                    |          |                    |
| Poor or fair health   | 14%            | 10%                | 18%      | <b>17th</b>        |
| Poor physical health days   | 3.4            | 2.6                | 3.6      |                    |
| Poor mental health days   | 3.5            | 2.3                | 3.4      |                    |
| Low birthweight   | 8.6%           | 6.0%               | 9.1%     |                    |
| <b>HEALTH FACTORS</b>   |                |                    |          |                    |
| <b>Health Behaviors</b>   |                |                    |          |                    |
| Adult smoking   | 21%            | 13%                | 21%      | <b>7th</b>         |
| Adult obesity   | 24%            | 25%                | 29%      |                    |
| Physical inactivity   | 20%            | 21%                | 25%      |                    |
| Excessive drinking  | 13%            | 7%                 | 13%      |                    |
| Motor vehicle crash death rate  | 13             | 10                 | 17       |                    |
| Sexually transmitted infections   | 300            | 92                 | 441      |                    |
| Teen birth rate   | 40             | 21                 | 46       |                    |
| <b>Clinical Care</b>  |                |                    |          |                    |
| Uninsured adults  | 21%            | 11%                | 19%      | <b>6th</b>         |
| Primary care physicians   | 821:1          | 1,067:1            | 1,480:1  |                    |
| Dentists  | 1,550:1        | 1,516:1            | 2,171:1  |                    |
| Preventable hospital stays  | 47             | 47                 | 63       |                    |
| Diabetic screening  | 89%            | 90%                | 88%      |                    |
| Mammography screening   | 73%            | 73%                | 69%      |                    |
| <b>Social &amp; Economic Factors</b>  |                |                    |          |                    |
| High school graduation  | 81%            | No benchmark       | 80%      | <b>15th</b>        |
| Some college  | 68%            | 70%                | 62%      |                    |
| Unemployment  | 8.2%           | 5.0%               | 10.5%    |                    |
| Children in poverty   | 27%            | 14%                | 25%      |                    |
| Inadequate social support   | 17%            | 14%                | 21%      |                    |
| Children in single-parent households  | 32%            | 20%                | 35%      |                    |
| Violent crime rate  | 293            | 66                 | 411      |                    |
| <b>Physical Environment</b>   |                |                    |          |                    |
| Daily fine particulate matter   | 13.5           | 8.8                | 12.9     | <b>74th</b>        |
| Drinking water safety   | 0%             | 0%                 | 3%       |                    |
| Access to recreational facilities   | 10             | 16                 | 11       |                    |
| Limited access to healthy foods   | 9%             | 1%                 | 7%       |                    |
| Fast food restaurants   | 43%            | 27%                | 49%      |                    |

NOTES: The faces indicate the status of our **Buncombe Value** relative to the National Benchmark or NC Value.

- Buncombe Value **does not meet** NC Value or National Benchmark.
- Buncombe Value is **equal to** NC Value or National Benchmark
- Buncombe Value is **better than** NC Value or National Benchmark