Healthy Parenting & Co-Parenting Motherhood Programs

FY 2018 Buncombe County Community Funding

Gateway Group of Asheville

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Application Form

Project Name*

Name of Project

Healthy Parenting & Co-Parenting Motherhood Programs

Amount Requested*

Amount Requested \$36,000.00

Service Area*

Which Commissioner Districts are served by this program?

Access a map of Buncombe County Commissioner districts here.

District 1

Which county sustainability goal aligns best with the goals of this project?*

Based on the Buncombe County Sustainability Plan, select a <u>Category</u>, <u>Goal</u> & <u>Objective</u> that align with the focus of the project and the specific results that will be achieved.

Access the Buncombe County Sustainability Plan here.

Community > Citizen Participation in Community Decisions > Value and respect contributions of all Buncombe County citizens

If applicable, select a second sustainability goal that aligns with project goals.

Result 2 is optional - Select if project aligns with more than one Sustainability Category, Goal & Objective.

If applicable, select a third sustainability goal that aligns with project goals.

Result 3 is optional - Select if project aligns with more than one Sustainability Category, Goal & Objective.

Project Description

Project Description*

Description of Project

Goal of curriculum and program is to help mothers improve the relationships they have with both their children and with the fathers, for the benefit of the children and to strengthen families. Program objectives is to assist mothers in being more knowledgeable, aware, confident, and skillful at engaging in co-parenting relationships with their child's father. Program will also provide training to mothers on how to break down barriers between them and their child(ren) father.

How many people will this project serve?*

State the number of individuals or households in Buncombe County that will be served by this project. Also state the number of people that will experience the desired result. For example, if dropout prevention services are being delivered to 100 students, how many will successfully graduate from high school?

It is anticipated that at least 30-45 individuals will participate, primarily due to referrals from Buncombe County Health and Human Services and Buncombe County Child Support agencies. Projected that 75%-85% of participants will complete the program.

Describe the people this project will serve.*

Characterize the demographics of the project's target population in terms such as age, gender, income, race, ethnicity, geographic area, etc. Include information about method of referral/recruitment of the target population.

Mothers involved with child welfare services and mothers who desire to improve their parenting skills. Referrals will come from Buncombe County Department of Health and Human Services and Department of Child Support. Referrals will be from other community organizations providing support to mothers in both custodial and non-custodial roles.

What key steps will you take to achieve the results of this project?*

Describe the core elements of your implementation plan, including milestones that will take place within the funding timeframe.

Program includes curriculum developed by the National Fatherhood Initiative organization comprising of two courses to assist mom in parenting and relationship skills. The comprehensive program is a 12-week program with topics with focus on the following: increasing the mother's knowledge, positive attitude, and skills associated with improving their relationships with the fathers of their children; increase mother's awareness of the impact of her upbringing on parenting style and skills; increasing mothers positive interaction with children and their father. Pre and post-assessments will be administered to gauge accomplishment of program goal and application in the mother's life.

Describe the evidence of success that backs this project's approach.*

What evidence of success (i.e. evidence-based research, practice model, accreditation, industry standards, and/or other framework) are you using as a basis for your project design?

The National Fatherhood Initiative is the nation's #1 provider of resources for fathers, and has developed two unique program that helps mothers improve the relationships they have with fathers, for the benefit of their children and increase positive parenting and co-parenting. Programs are Mom as Gateway which facilitates helpful discussion and efforts toward co-parenting and Understanding Dad an awareness and communication program.

Describe your data collection, tracking, and reporting procedures.*

Explain your methods for documenting project, service and client information. Include a description of any software or other tools utilized.

To effectively meet the needs of program participants and assess whether program services are being delivered as intended, information will be gathered from participants at program intake, during a program cycle, and at program completion.

During initial intake will collect basic information (e.g., name, contact information, number and names of children, living arrangements, and employment status). Pre and post-surveys will be administered to gauge the mothers understanding and application of the parenting training.

Explain your technological resources and capacity.*

Explain your current technological strengths and barriers and how this impacts your ability to track data and report outcomes. Who is responsible for adaptation and use of technology within your organization?

Facilitator is very skilled in various Microsoft office suites of products (Word, Excel, and PowerPoint) which will be used to develop progress reports, summarize participants program goals and accomplishments; and to report outcomes to external partners, as needed. Video capability to show teaching DVD's will also be a part of the technology used. The lead facilitator for the Motherhood program (Shelly Gates) will be responsible for the adaptation and use of technology within the organization. NO barriers to reporting or tracking is foreseen.

Organizational Profile

How does the proposed project support your mission and strategic plan?*

State your mission and the date of your most recent strategic plan, and explain how the proposed project helps advance your organizational goals.

Mission: Healthy Parenting and Co-Parenting: Strengthen the relationships between mothers and fathers for the benefit of their children.

Most recent strategic plan: August 2016

Proposed projects will provide funding to support training of mothers who are mandated to have training by the child welfare system and provide resources they can use after the program ends.

What expertise/accomplishments do you have that are relevant to the proposed project?*

List your organization's strengths as well as accomplishments from the past 3 years that position the organization to be successful with the proposed project.

Organization started a National Fatherhood Initiative program to help fathers improve their relationship with their children and the mothers of the children. There have been some positive outcome to this program and several inquiries regarding a similar program for mothers led to the establishment of this program. Current relationships with Buncombe County community organizations and other organizations that provide services to mothers positions this project to be successful. The program facilitators have been trained on program components with lead facilitator being certified by the National Fatherhood Initiative organization. In addition lead facilitators are certified coaches and have served as foster parents and provided kinship placement for children in the custody of Buncombe County Child Protective Service and have worked with mothers and families for the benefit of the children.

Describe partners that are critical to the success of your organization.*

List any external partners, intermediaries or advisors important to your success, and describe their role and evidence of their commitment. Describe successful collaborations with these people or groups.

External partners integral to the success of the organization include: Buncombe County Health and Human Services, Buncombe County Child Support who will provide referrals of participants for the program. Collaborations has been successful with these groups with the Gateway Buncombe National Fatherhood Initiative Program.

Financial Information

Nonprofit financial assurance requirements:

Financial statements, prepared using a recognizable basis of accounting (i.e., modified accrual) and IRS Form 990s must be submitted to Buncombe County annually.

- Organizations with annual revenues of \$300,000 or greater must submit financial statements audited in accordance with generally accepted auditing standards.
- Those with revenues between \$100,000 and \$300,000 must submit financial statements reviewed in accordance with SSARS 19.

• Those with revenues of less than \$100,000 must submit non-disclosure financial statements compiled in accordance with SSARS 19.

All financial statements must be reported on by a certified public accountant and include a full balance sheet, income statement, and cash flow statement.

These requirements are considered minimum requirements. Organizations may submit a higher level of assurance than is required.

IRS Form 990 - Upload Here

Click Choose File to upload a copy of the 990 form you most recently completed.

If your organization does not have a 990, briefly state the reason.

Include a statement of intent to comply with nonprofit financial assurance requirements as listed above.

Due to 2016 being the first year of operation, 990 has not been prepared. However, organization will comply with nonprofit financial assurance requirements.

Financial Statements - Upload here

Click Choose File to upload a copy of the most recently completed financial statements (audit, compilation or review).

If your organization does not have financial statements, briefly state the reason.

Include a statement of intent to comply with nonprofit financial assurance requirements as listed above.

Due to 2016 being the first year of operation, financial statements has not been prepared. However, organization will comply with nonprofit financial assurance requirements.

Complete Budget Worksheet - Upload Here*

Download the budget form Here.

Complete the budget form for this project/program and the overall agency. Save it to your computer, then upload it by clicking Choose File.

Motherhood Program - Gateway Group of AVL community-funding-budget-form (1).xlsx

Budget Narrative*

Describe all differences between current year and proposed year. List all pending funding

sources with expected date of notification. Please detail any other information that may help clarify the budget.

Not applicable - first year

What (if any) portion of requested funds will be used to support capital expenses?*

Capital projects are defined as those used to acquire or upgrade physical assets such as property, buildings, or equipment. Please detail.

Not applicable

Employee Wages

Please provide information about the wage breakdowns of your employees. Living wage for Buncombe County has been identified as \$11.00 per hour for employees with employer-provided health insurance and \$12.50 per hour for employees without.

Employees with employer-provided health insurance*

List the number of employees in your organization with employer-provided health insurance in each wage category. For salaried employees, use hourly wage equivalents.

\$7.25 - \$10.99 per hour

\$11.00 - \$14.99 per hour

\$15.00 - \$19.99 per hour

\$20.00 - \$24.99 per hour

\$25.00 - \$29.99 per hour

\$30.00 - \$34.99 per hour

\$35.00 - \$39.99 per hour

\$40.00+ per hour

Not applicable

Employees without employer-provided health insurance*

List the number of employees in your organization <u>without</u> employer-provided health insurance in each wage category. For salaried employees, use hourly wage equivalents.

\$7.25 - \$12.49 per hour \$12.50 - \$14.99 per hour \$15.00 - \$19.99 per hour \$20.00 - \$24.99 per hour \$25.00 - \$29.99 per hour \$30.00 - \$34.99 per hour \$35.00 - \$39.99 per hour \$40.00+ per hour

Not applicable