

Project Rebound

*FY 2017 Buncombe County Community
Funding*

Homeward Bound of WNC

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Application Form

Project Name*

Name of Project

Project Rebound

Amount Requested*

Amount Requested

\$50,000.00

Service Area*

Which Commissioner Districts are served by this program?

Access a map of Buncombe County Commissioner districts [here](#).

District 1

District 2

District 3

Which county sustainability goal aligns best with the goals of this project?*

Based on the Buncombe County Sustainability Plan, select a Category, Goal & Objective that align with the focus of the project and the specific results that will be achieved.

Access the Buncombe County Sustainability Plan [here](#).

Community > Healthy People > Increase access to mental health and substance abuse prevention programs

If applicable, select a second sustainability goal that aligns with project goals.

Result 2 is optional - Select if project aligns with more than one Sustainability Category, Goal & Objective.

Community > Affordable, Green, and Liveable Housing > Work in partnership with other organizations to assist families in finding safe, affordable housing

If applicable, select a third sustainability goal that aligns with project goals.

Result 3 is optional - Select if project aligns with more than one Sustainability Category, Goal & Objective.

Project Description

Project Description*

Description of Project

Homeward Bound's Project Rebound provides specialized behavioral health intensive case management services for formerly chronically homeless individuals who have severe and persistent mental illness and/or addiction disorders and were originally supported by a 3-year, non-renewable Substance Abuse Mental Health Services Administration grant for long term sustainability in permanent housing. Currently, Project Rebound provides the highest level of intervention for individuals who have not succeeded in other housing programs. Project Rebound implements the Housing First, best practice model, by providing housing before individuals are deemed "ready" for housing. Once in housing, the program provides evidence-based practices of Intensive Case Management, Harm Reduction, Crisis Intervention, and Motivational Interviewing by a Qualified Mental Health Professional (QMHP) and Certified Substance Abuse Counselor (CSAC) to help individuals in the program achieve success. Project Rebound assists program participants to stabilize in permanent housing and to access mainstream behavioral health treatment services, which help them better manage their addictions and mental illnesses to increase the likelihood they will remain in housing..

How many people will this project serve?*

State the number of individuals or households in Buncombe County that will be served by this project. Also state the number of people that will experience the desired result. For example, if dropout prevention services are being delivered to 100 students, how many will successfully graduate from high school?

Project Rebound will serve 70 formerly chronically homeless individuals who have severe and persistent mental illness and/or addiction disorders and were supported by the 3-year, non-renewable Substance Abuse Mental Health Services Administration (SAMHSA) grant for long term sustainability in housing. 30 of the 70 will be actively engaged in case management services at any given time. Homeward Bound expects 58 of the 70 individuals will remain in permanent housing. In addition, 48 of the 70 individuals will increase their access to behavioral health (mental health and/or substance use) treatment by connecting to a mainstream behavioral health provider for services.

Describe the people this project will serve.*

Characterize the demographics of the project's target population in terms such as age, gender, income, race, ethnicity, geographic area, etc. Include information about method of referral/recruitment of the target population.

Project Rebound serves formerly chronically homeless individuals who have severe and persistent mental illness and/or addiction disorders. The project's population is a group moved into housing and supported through a 3-year, non-renewable Substance Abuse Mental Health Services Administration (SAMHSA) grant (October 2011 through September 2014). Current demographics of the population served are 80% male and 20% female. In terms of age: 1% are 18 to 24; 3% are 25 to 34; 16% are 35 to 44; 53% are 45 to 54; 24% are 55 to 61; and 3% are over 61. 100% are at or below 50% Area Median Income (\$19,600 for a household of 1). In terms of ethnicity, 100% are non-Hispanic/non-Latino. In terms of race, 71% are white and 29% are black.

What key steps will you take to achieve the results of this project?*

Describe the core elements of your implementation plan, including milestones that will take place within the funding timeframe.

In FY17, Project Rebound will continue with one case manager who provides high needs, formerly chronically homeless individuals with severe and persistent mental illness and/or addiction disorders with specialized behavioral health intensive case management to achieve long term sustainability in permanent housing ending their homelessness for good. The Project Rebound case manager will actively engage 30 program participants in case management at any given time. She will continue to meet with program participants weekly depending on intensity of need through phone conversations, home visits, and/or office visits. She will also continue to receive clinical supervision from a licensed clinical social worker and licensed clinical addiction specialist on staff. The Project Rebound case manager will document daily notes and produce monthly reports on outcomes.

Describe the evidence of success that backs this project's approach.*

What evidence of success (i.e. evidence-based research, practice model, accreditation, industry standards, and/or other framework) are you using as a basis for your project design?

According to Opening Doors: The Federal Strategic Plan to End Homelessness, "the research is clear that permanent supportive housing using a Housing First approach is the primary solution" to ending chronic homelessness. Homeward Bound implements this Housing First model by working with chronically homeless individuals and moving them into permanent housing before deeming them "ready" for housing. Instead of insisting on sobriety and good mental health, this method takes individuals in active addiction and without mental stability and moves them into housing. Once housed, the program provides evidence-based practices of Intensive Case Management, Harm Reduction, Crisis Intervention, and Motivational Interviewing by a qualified mental health professional and certified substance abuse counselor to help participants address behavioral health issues and remain housed.

Describe your data collection, tracking, and reporting procedures.*

Explain your methods for documenting project, service and client information. Include a description of any software or other tools utilized.

The Project Rebound case manager documents outcomes on an Excel spreadsheet and utilizes the Homeless Management Information System (HMIS), a state-wide database for demographic information, homeless/housing history, and services accessed on those served. The Project Rebound case manager enters information on an Excel spreadsheet and into HMIS. The Project Rebound case manager uses the Excel spreadsheet and HMIS to produce monthly reports.

Explain your technological resources and capacity.*

Explain your current technological strengths and barriers and how this impacts your ability to track data and report outcomes. Who is responsible for adaptation and use of technology within your organization?

Homeward Bound participates in the state-wide HMIS system ensuring that every program participant's information has been entered in the system. The agency has a written technology plan that addresses general technology, making sure staff properly use equipment and software. Homeward Bound Senior Staff monitor technology needs at the agency, addressing issues through a contracted Information Technology provider. The agency's HMIS Agency Administrator assists in ensuring data quality within HMIS.

Organizational Profile

How does the proposed project support your mission and strategic plan?*

State your mission and the date of your most recent strategic plan, and explain how the proposed project helps advance your organizational goals.

Homeward Bound's mission is "working with others to end the cycle of homelessness." The agency's most recent strategic plan covers calendar years 2015 through 2018. The plan helps the agency build the infrastructure and financial resources to end chronic and veteran homelessness by 2017. Project Rebound is a vital part of achieving this goal by providing specialized behavioral health intensive case management services to the hardest-to-remain housed in our community, working to keep them from returning to homelessness. The plan also helps Homeward Bound collaborate with community stakeholders to develop and implement homelessness prevention and a housing crisis system of care to decrease a person's likelihood of becoming homeless or amount of time in the homeless service system. The strategic plan focuses on the agency's mission by building awareness of homelessness and how individuals, businesses, and faith communities can partner with Homeward Bound to end homelessness as we know it.

What expertise/accomplishments do you have that are relevant to the proposed project?*

List your organization's strengths as well as accomplishments from the past 3 years that position the organization to be successful with the proposed project.

In 2006, Homeward Bound aligned with the community's 10-Year Plan to End Homelessness redesigning all of its programs on moving individuals experiencing homelessness into permanent housing. As a result, Homeward Bound created the Pathways to Permanent Housing (PPH) program, based on the national best practice model, Housing First. Since its inception in 2006, PPH has permanently housed 1,334 individuals with an 89% housing retention rate. Project Rebound is a component of PPH and successfully provides housing and specialized behavioral health case management to the hardest-to-house, hardest-to-keep housed individuals in Buncombe County.

Describe partners that are critical to the success of your organization.*

List any external partners, intermediaries or advisors important to your success, and describe their role and evidence of their commitment. Describe successful collaborations with these people or groups.

Project Rebound has strong community connections to mainstream behavioral health providers in Smoky Mountain Center's Provider Network which offer mental health and substance use treatment services for Project Rebound participants. Project Rebound also refers program participants to Western Carolina Community Health Services which offers mental health, substance use, and physical health treatment. The Housing Authority of the City of Asheville expedited housing for Project Rebound participants by having a preference for chronically homeless individuals who agreed to case management services. For Project Rebound participants, the Housing Authority of the City of Asheville often overturned denials for those with criminal charges related to drugs/alcohol because of their connection to the agency and program.

Financial Information

Nonprofit financial assurance requirements:

Financial statements, prepared using a recognizable basis of accounting (i.e., modified accrual) and IRS Form 990s must be submitted to Buncombe County annually.

- Organizations with annual revenues of \$300,000 or greater must submit financial statements audited in accordance with generally accepted auditing standards.
- Those with revenues between \$100,000 and \$300,000 must submit financial statements reviewed in accordance with SSARS 19.
- Those with revenues of less than \$100,000 must submit non-disclosure financial statements compiled in accordance with SSARS 19.

All financial statements must be reported on by a certified public accountant and include a full balance sheet, income statement, and cash flow statement.

These requirements are considered minimum requirements. Organizations may submit a higher level of assurance than is required.

IRS Form 990 - Upload Here

Click Choose File to upload a copy of the 990 form you most recently completed.

HBofWNC990 - 2013.pdf

If your organization does not have a 990, briefly state the reason.

Include a statement of intent to comply with nonprofit financial assurance requirements as listed above.

Homeward Bound's IRS Form 990 is much larger than 10MiB. The first 16 pages of the document were uploaded.

Financial Statements - Upload here

Click Choose File to upload a copy of the most recently completed financial statements (audit, compilation or review).

Homeward Bound 2014 FS.pdf

If your organization does not have financial statements, briefly state the reason.

Include a statement of intent to comply with nonprofit financial assurance requirements as listed above.

Homeward Bound's FY2015 audit is currently underway.

Complete Budget Worksheet - Upload Here*

Download the budget form [Here](#).

Complete the budget form for this project/program and the overall agency. Save it to your computer, then upload it by clicking Choose File.

PR Budget 2016-2017.xlsx

Budget Narrative*

Describe all differences between current year and proposed year. List all pending funding sources with expected date of notification. Please detail any other information that may help clarify the budget.

Line 2 and 3: Homeward Bound currently has a Sisters of Mercy grant that cannot be renewed for the proposed year. The agency will increase its use of unrestricted contributions to meet its budget.

Line 5: Homeward Bound has applied for a new bonus project through the HUD Continuum of Care process that would increase funding for Tenant Based Rental Assistance and Case Management for that project.

Line 12 and 17: If Homeward Bound obtains the HUD Continuum of Care bonus project, it will hire a new dedicated case manager for new tenant based rental assistance funds.

Pending Funding Sources: United Way of Asheville/Buncombe County – May 2016; HUD Continuum of Care – January-March 2016; HOME – March/April 2016

Except for the potential HUD Continuum of Care funding for new TBRA and dedicated case management, this budget remains virtually the same in the proposed year as the current year.

What (if any) portion of requested funds will be used to support capital expenses?*

Capital projects are defined as those used to acquire or upgrade physical assets such as property, buildings, or equipment. Please detail.

N/A

Employee Wages

Please provide information about the wage breakdowns of your employees. Living wage for Buncombe County has been identified as \$11.00 per hour for employees with employer-provided health insurance and \$12.50 per hour for employees without.

Employees with employer-provided health insurance*

List the number of employees in your organization with employer-provided health insurance in each wage category. For salaried employees, use hourly wage equivalents.

\$7.25 - \$10.99 per hour

\$11.00 - \$14.99 per hour

\$15.00 - \$19.99 per hour

\$20.00 - \$24.99 per hour

\$25.00 - \$29.99 per hour

\$30.00 - \$34.99 per hour

\$35.00 - \$39.99 per hour

\$40.00+ per hour

Homeward Bound of WNC's board has established a task force to study providing employer-provided health insurance starting July 1, 2016.

Employees without employer-provided health insurance*

List the number of employees in your organization without employer-provided health insurance in each wage category. For salaried employees, use hourly wage equivalents.

\$7.25 - \$12.49 per hour

\$12.50 - \$14.99 per hour

\$15.00 - \$19.99 per hour

\$20.00 - \$24.99 per hour

\$25.00 - \$29.99 per hour

\$30.00 - \$34.99 per hour

\$35.00 - \$39.99 per hour

\$40.00+ per hour

- \$7.25 - \$12.49 per hour = 0 # of employees
- \$12.50 - \$14.99 per hour = 1 # of employees
- \$15.00 - \$19.99 per hour = 39 # of employees
- \$20.00 - \$24.99 per hour = 8 # of employees
- \$25.00 - \$29.99 per hour = 3 # of employees
- \$30.00 - \$34.99 per hour = 1 # of employees
- \$35.00 - \$39.99 per hour = 0 # of employees
- \$40.00+ per hour = 0 # of employees