

Child Abuse Prevention and Treatment

*FY 2017 Buncombe County Community
Funding*

Child Abuse Prevention Services

Mr. Geoff Sidoli
50 S. French Broad Avenue
Suite 152
Asheville, NC 28801

caps@childabusepreventionservices.org
O: 828-254-2000
M: 828-231-2205
F: 828-254-2605

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50 S. French Broad Avenue
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Application Form

Project Name*

Name of Project

Child Abuse Prevention and Treatment

Amount Requested*

Amount Requested

\$20,000.00

Service Area*

Which Commissioner Districts are served by this program?

Access a map of Buncombe County Commissioner districts [here](#).

District 1

District 2

District 3

Which county sustainability goal aligns best with the goals of this project?*

Based on the Buncombe County Sustainability Plan, select a Category, Goal & Objective that align with the focus of the project and the specific results that will be achieved.

Access the Buncombe County Sustainability Plan [here](#).

Community > Healthy People > Increase access to mental health and substance abuse prevention programs

If applicable, select a second sustainability goal that aligns with project goals.

Result 2 is optional - Select if project aligns with more than one Sustainability Category, Goal & Objective.

Community > Healthy Environments > Improve and increase opportunities for safe, active living

If applicable, select a third sustainability goal that aligns with project goals.

Result 3 is optional - Select if project aligns with more than one Sustainability Category, Goal & Objective.

Project Description

Project Description*

Description of Project

Children, K-5th grade will be educated to protect themselves to prevent or stop abuse & develop support systems. Children will demonstrate skills and knowledge to protect themselves by observation of skills practice and by scoring 80 or more on the post-test. The research-based curriculum Recognize, Responding and Reporting is widely used in US.

Adults (parents/caregivers, professionals working with children) will be educated to recognize and respond to abuse, handle disclosures, make reports, and protect children. The research-based curriculum from Prevent Child Abuse NC is Recognizing & Responding to Abuse is used throughout the State. Triple P is also being used with parents. It is an intervention with the main goal of increasing the knowledge, skills, and confidence of parents to reduce the prevalence of mental health, emotional, and behavioral problems in children and adolescents. The program is specifically tailored for at risk children and parents.

Children that have experienced abuse and/or neglect will receive mental health services using Trauma Focused Cognitive Behavioral Therapy (TFCBT) to reduce trauma symptoms and help them recover from adverse experiences.

How many people will this project serve?*

State the number of individuals or households in Buncombe County that will be served by this project. Also state the number of people that will experience the desired result. For example, if dropout prevention services are being delivered to 100 students, how many will successfully graduate from high school?

8,425 total individuals will be served.

80% of 8,000 students K-4 in all county/city schools will receive desired effect as indicated by post assessment measures. 80% of 375 of adults (parents/caregivers, professionals working with children) will receive desired effect from education indicated by post assessment measures.

80% of 50 individuals will have reduce trauma symptoms indicated on comparison of pre and post treatment measures (Trauma Symptoms Checklist & UCLA-PTSD Index).

Describe the people this project will serve.*

Characterize the demographics of the project's target population in terms such as age, gender, income, race, ethnicity, geographic area, etc. Include information about method of referral/recruitment of the target population.

Prevention/Personal Safety Education will serve all county schools K-4 and thus be a true representation of Buncombe Co. and its demographic makeup.

Adult/Parent Education is open to all with referrals being from Asheville/Buncombe County school systems, Buncombe Co. DSS, Mission Hospital, and internally from our therapists. We anticipate that the demographic makeup of the referrals will be reflective of Buncombe County.

Mental Health services is open to all who have experienced abuse/neglect regardless of gender, race, income, ethnicity or any other demographic. Many referrals will come from the Family Justice Center, Buncombe Co. DSS, and Buncombe County Schools counselors and Mission Hospital.

What key steps will you take to achieve the results of this project?*

Describe the core elements of your implementation plan, including milestones that will take place within the funding timeframe.

*** Prevention/Personal Safety Education**

CAPS community educator will schedule all BCS K-4 through school counselors. Will Travel to schools and present the Program, and give all students the take-home packet and electronic option for parents to review and reinforce the information and skills learned. These trainings are scheduled prior to the school year and typically are completely booked before the beginning of the school year.

*** Adult/Parent Education**

CAPS will publicize through media, agencies, school counselors, DSS, etc. We monitor referrals to determine adequate coverage between parents and other community trainings to build capacity for meeting training needs.

*** Mental Health Services**

Children will receive comprehensive trauma assessment and use pre and post measures to evaluate effectiveness of Trauma Focused Cognitive Behavioral Therapy.

Describe the evidence of success that backs this project's approach.*

What evidence of success (i.e. evidence-based research, practice model, accreditation, industry standards, and/or other framework) are you using as a basis for your project design?

Children will demonstrate skills and knowledge to protect themselves by observation of skills practice and by scoring 80% or better on the post-test.

Adults will demonstrate knowledge to recognize and respond to abuse, handle disclosures, make reports, and protect children by scoring 80 or more on the post-test from Prevent Child Abuse North Carolina

Mental Health services will utilize Trauma Focused Cognitive Behavioral Therapy to reduce trauma symptoms in 80% of victims. We will gauge this using approved measures (Trauma Symptoms Checklist & UCLA-PTSD Index) pre and post treatment.

Describe your data collection, tracking, and reporting procedures.*

Explain your methods for documenting project, service and client information. Include a description of any software or other tools utilized.

*** Prevention Education**

Post tests will be tracked through an Excel spreadsheets to track data by Prevention/Education Specialist.

*** Adult/Parent Education**

Post tests will be tracked through an Excel spreadsheets to track data by Prevention/Education Specialist.

*** Mental Health Services**

Pre and post clinical assessments using Trauma Symptom Checklist and UCLA-PTSD Index will be recorded in

electronic health records to analyze pre and post data.

Explain your technological resources and capacity.*

Explain your current technological strengths and barriers and how this impacts your ability to track data and report outcomes. Who is responsible for adaptation and use of technology within your organization?

We have the ability to track/report data electronically. We are currently purchasing a software package that will help us track data and produce reports. Both our program administrator and executive director collaborate to ensure data is collected and evaluated.

Organizational Profile

How does the proposed project support your mission and strategic plan?*

State your mission and the date of your most recent strategic plan, and explain how the proposed project helps advance your organizational goals.

Our mission is to "Identify, advocate and respond to child abuse and neglect in Buncombe County to educate and empower the public, protect children and reduce trauma through a coordinated community effort."

We are currently in the process of becoming accredited as a Child Advocacy Center (CAC) so our strategic plan is being developed around this specific objective. Our Prevention/education Services and Mental Health Services are core elements of the the CAC model and therefore we prioritizing their development and sustainability.

What expertise/accomplishments do you have that are relevant to the proposed project?*

List your organization's strengths as well as accomplishments from the past 3 years that position the organization to be successful with the proposed project.

Child Abuse Prevention Services has under gone dramatic changes over the past six months since hiring a new executive director. Since that time we have also hired a new prevention/education specialist with a masters degree in school counseling to update/upgrade our prevention/education program and curriculum. We will also be hiring a family advocate to assist children and their families through the system after having been abused and/or neglected

We have hired three certified/rostered TFEBT therapist since July of 2015. One of those therapists is a master trainer (one of only ten in the country) for TFEBT and assists in complying with model fidelity and quality.

We will also be moving to the Mission Reuter Children's Hospital to merge our services and provide more immediate response to abuse and/or neglect disclosures and complete the CAC services. We have received our provisional CAC accreditation through the state and will be submitting our full national application in 2016.

Describe partners that are critical to the success of your organization.*

List any external partners, intermediaries or advisors important to your success, and describe their role and evidence of their commitment. Describe successful collaborations with these people or groups.

Prevention/Personal Safety Ed our partner is Buncombe Co. Schools through the Director of Student Services and his counselors. We are also beginning to partner with other agencies (Helpmate, Ourvoice) that are providing prevention services to coordinate out resources to avoid gaps and duplications.

In Adult/Parent Education, a primary partner is Buncombe Co. DSS with referrals also coming from schools, counselors, Helpmate, Our Voice, other agencies and the community at large.

Mental Health partners include DSS with children and families coming to us during a child protection investigation. Mission Hospital is a partner as our trauma treatment is part of our collaborative effort to develop the CAC. The Family Justice Center is a critical partner along with Our Voice (sexual assault) and Helpmate (domestic violence) as we provide counseling to children of their clients, particularly where the family has experienced both domestic violence and child abuse.

Financial Information

Nonprofit financial assurance requirements:

Financial statements, prepared using a recognizable basis of accounting (i.e., modified accrual) and IRS Form 990s must be submitted to Buncombe County annually.

- Organizations with annual revenues of \$300,000 or greater must submit financial statements audited in accordance with generally accepted auditing standards.
- Those with revenues between \$100,000 and \$300,000 must submit financial statements reviewed in accordance with SSARS 19.
- Those with revenues of less than \$100,000 must submit non-disclosure financial statements compiled in accordance with SSARS 19.

All financial statements must be reported on by a certified public accountant and include a full balance sheet, income statement, and cash flow statement.

These requirements are considered minimum requirements. Organizations may submit a higher level of assurance than is required.

IRS Form 990 - Upload Here

Click Choose File to upload a copy of the 990 form you most recently completed.

CAPS 2013 990.pdf

If your organization does not have a 990, briefly state the reason.

Include a statement of intent to comply with nonprofit financial assurance requirements as listed above.

Our current 990 is being completed now and should be available before 12/31/2015.
2013 990 was too large to be uploaded and was sent in separate email.

Financial Statements - Upload here

Click Choose File to upload a copy of the most recently completed financial statements (audit, compilation or review).

Audit 2013 - 2014.pdf

If your organization does not have financial statements, briefly state the reason.

Include a statement of intent to comply with nonprofit financial assurance requirements as listed above.

Our current Audit is being completed now and should be available before 12/31/2015.

Complete Budget Worksheet - Upload Here*

Download the budget form [Here](#).

Complete the budget form for this project/program and the overall agency. Save it to your computer, then upload it by clicking Choose File.

community-funding-budget-form CAPS.xlsx

Budget Narrative*

Describe all differences between current year and proposed year. List all pending funding sources with expected date of notification. Please detail any other information that may help clarify the budget.

There is not any anticipated changes to the budgets for Prevention/Education or Mental Health Services from this fiscal year to next. The significant increase in funds for next fiscal year will be from the Family Justice Center's Governor's Crime Commission grant the we will receive funding as a partnering agency. Those funds will be to provide additional services in the Family Justice Center. We did lose one larger grant for this current fiscal year that supported both Prevention/Education and Mental Health Services but we will attempt to obtain funds elsewhere.

Both the United Way and Sister's of Mercy grants will begin their application cycle in February of 2016 for funding beginning July of 2016.

What (if any) portion of requested funds will be used to support capital expenses?*

Capital projects are defined as those used to acquire or upgrade physical assets such as property, buildings, or equipment. Please detail.

None will be used for capital expenses.

Employee Wages

Please provide information about the wage breakdowns of your employees. Living wage for Buncombe County has been identified as \$11.00 per hour for employees with employer-provided health insurance and \$12.50 per hour for employees without.

Employees with employer-provided health insurance*

List the number of employees in your organization with employer-provided health insurance in each wage category. For salaried employees, use hourly wage equivalents.

\$7.25 - \$10.99 per hour

\$11.00 - \$14.99 per hour

\$15.00 - \$19.99 per hour

\$20.00 - \$24.99 per hour

\$25.00 - \$29.99 per hour

\$30.00 - \$34.99 per hour

\$35.00 - \$39.99 per hour

\$40.00+ per hour

Currently none of our employees have health insurance provided by the employer.

Employees without employer-provided health insurance*

List the number of employees in your organization without employer-provided health insurance in each wage category. For salaried employees, use hourly wage equivalents.

\$7.25 - \$12.49 per hour

\$12.50 - \$14.99 per hour

\$15.00 - \$19.99 per hour

\$20.00 - \$24.99 per hour

\$25.00 - \$29.99 per hour

\$30.00 - \$34.99 per hour

\$35.00 - \$39.99 per hour

\$40.00+ per hour

\$15.00 - \$19.99 per hour - 2 persons

\$35.00 - \$39.99 per hour - 1 person