

Funded Services Descriptions
FY 23

Provider	Service	Description
Blue Ridge Pride	"Pride in Care"	Blue Ridge Pride will launch the training module 'Pride in Care', a free cultural competency training initiative for the regions facilities that care for elders, assisted living communities, doctors, dentist and other providers.
Buncombe County/Mountain Mobility	Medical/General Transport	Mountain Mobility provides both medical and general transportation to the most vulnerable members of our community who have no other means of transportation. Home and Community Care Block Grant funds allow us to provide life-saving medical trips such as dialysis and chemotherapy and to transport seniors to and from grocery shopping, pharmacies and other critical destinations throughout our community.
Council on Aging of Buncombe County, Inc.	Senior Dining and Wellness Program	The Council on Aging Senior Dining and Wellness program offers eligible adults the opportunity to enjoy daily nutritious, hot lunches from Moose Cafe along with weekly fresh local produce in a fun, safe and social setting at the Weaverville First Baptist Church, Senior Opportunity Center, Linwood Crump Shiloh Community Center, and the Lakeview Center for Active Aging. More than a meal, this program connects participants to health and wellness programming, opportunities for socialization, as well as community resources. Reservations after registration are required.
Council on Aging of Buncombe County, Inc.	Information & Assistance/Options Counseling	Council on Aging provides information and assistance to community members about available resources through service navigators and social workers to answer questions, make referrals, and assist with getting the services and support they need. We offer comprehensive, person-centered information to ensure clients have their needs met with a "no wrong door" approach to community resource coordination.
Council on Aging of Buncombe County, Inc.	In Home Aide Level I, II, III	Council on Aging assists eligible clients in receiving companionship and personal care services from subcontracted and licensed agencies to keep them as safe and independent as possible in their homes. These services include: meal preparation, light housekeeping, assistance with showers, mobility support, medication reminders, toileting, dressing, grooming, and other forms of care. Clients are registered through our In Home Aide Care Manager, are provided with wraparound services and support through Council on Aging and visited throughout the year to ensure goals are being met. We maintain a waitlist and ensure prioritization of service as applicable.
Council on Aging of Buncombe County, Inc.	Institutional Respite	This short-term respite option is ideal for families who are unable to keep their loved one in the home while the care partner takes a break. Council on Aging caregiver specialists assist family care partners in planning and arranging for time away from their loved one in adult day and facility settings. Funds go toward these options to reduce cost burden on families and ensure the level of care required to support the care recipient away from the home.

Funded Services Descriptions
FY 23

Jewish Family Services WNC	Group Respite	Faye's Place Group Respite Program is a specialized program for isolated older adults facing the onset of mobility and/or cognitive challenges. Meeting 4 days per week in Buncombe County, Faye's Place provides socialization for its members, and respite for their caregivers.
Jewish Family Services WNC	Mental Health Counseling	Healing Solutions Counseling at JFS provides clinical mental health counseling to adults 18+, in a confidential, welcoming, comfortable and HIPAA-compliant setting. We accept Medicare and other private insurances. We also provide financial support for uninsured and under-insured individuals.
Land of Sky Regional Council	Health Promotion	The Community Health Worker program is a community-based model addressing the complex needs of high-risk older adults in subsidized senior housing. Formally serving only Asheville Terrace, the success of this program has provided the opportunity to introduce it to an additional housing site in Buncombe County (to be determined). Services are provided at individual and community levels and include food distributions, health education & exercise, access to on-site clinical services, and home visits. Activities are coordinated to facilitate the development of social networks and create opportunities for engagement through community volunteerism.
MAHEC - Home Based Primary Care Outreach	Health Promotion	MAHEC will offer home based primary care services and medication management assistance through referrals from Buncombe County Adult Protective Services and agency community partners.
Meals on Wheels of Asheville & Buncombe County	Home Delivered Meals	Meals on Wheels of Asheville and Buncombe County delivers prepared nutritious meals to homebound seniors helping them live nourished lives with independence and security in their the comfort of their own homes. The nutritious meal, friendly visit and safety check help them cope with three of the biggest threats of aging: hunger, isolation and loss of independence. Research proves that when seniors have the right support, they gain greater quality of life, need fewer hospital stays and live longer.
MemoryCare	Caregiver Support	MemoryCare is a nonprofit out-patient clinic providing care management services for families affected by dementia that combines medical care of older adults with cognitive impairment with support and education for their caregivers. The program is available for anyone with need of this service- see www.memorycare.org for additional information.
Mountain Housing Opportunities, Inc.	Housing Home Improv.	The primary goal of the Emergency Home Repair Program is to reduce imminent threats to life, health and safety in homes owned and occupied by low and very low income people living in Buncombe County. For HCCBG funding, the program clients are 60 years and older and there are no restrictions on income.

Funded Services Descriptions
FY 23

MountainCare	General Transport	MountainCare Adult Day Services is an engaging, safe, state certified nonprofit Day Care/Day Health program that includes health monitoring, social enrichment, therapeutic activities and nutritionally balanced meals. We are open Monday-Friday from 7:30am to 5:30pm and two Saturdays a month from 9:00am to 5:00pm.
MountainCare	Adult Day Health	MountainCare Adult Day Services is an engaging, safe, state certified nonprofit Day Care/Day Health program that includes health monitoring, social enrichment, therapeutic activities and nutritionally balanced meals. We are open Monday-Friday from 7:30am to 5:30pm and two Saturdays a month from 9:00am to 5:00pm.
MountainCare	Adult Day Care	MountainCare Adult Day Services is an engaging, safe, state certified nonprofit Day Care/Day Health program that includes health monitoring, social enrichment, therapeutic activities and nutritionally balanced meals. We are open Monday-Friday from 7:30am to 5:30pm and two Saturdays a month from 9:00am to 5:00pm.
MountainCare	Mountain Explorers	Mountain Explorers is a part-time Group Respite program for older adults with mild impairments. Through this vibrant group, we provide a structured program with social opportunities, mental stimulation, exercise, and enrichment. Participants enjoy community outings at local museums, galleries, gardens, and special events. We work with numerous community guests who provide poetry readings, presentations, and musical performances.
OnTrack Financial Education & Counseling	Financial Counseling	OnTrack Financial Education & Counseling's Silver Dollars Program improves and supports financial wellbeing among older adults with individual financial/housing counseling, education programs/webinars, and free tax preparation. Please visit www.ontrackwnc.org for updates on programs to help navigate finances and housing challenges caused by COVID-19.
Pisgah Legal Services - Elder Law Program	Legal Services	Pisgah Legal Services' Elder Law Program provides free legal services to low-income seniors (age 60 and older) who are in crisis due to housing instability; dangerous or unhealthy living conditions; creditor, financial, and physical abuse; consumer scams; illegal debt collection; or lack of basic resources such as health care access or subsistence income.