

FY2023 Buncombe County Strategic Partnership Grant Report

Organization Name:	Mt Zion Community Development	
Project Name:	Project NAF	
Reporting Quarter: (Check one)	<input type="checkbox"/>	Quarter 1 (July 1, 2022 - September 30, 2022)
	<input type="checkbox"/>	Quarter 2 (October 1, 2022 - December 31, 2022)
	<input type="checkbox"/>	Quarter 3 (January 1, 2023 - March 31, 2023)
	<input checked="" type="checkbox"/>	Quarter 4 (April 1, 2023 - June 30, 2023)

Narrative summary of grant related activities

Please provide a brief summary (no more than 1500 characters). You may attach supplemental documents if needed.

Quarter 1	<p>1. Thirty-one (31) pregnant/postpartum women were served during this quarter. Several program participants phased out of the program during this time and were closed for services. There have been additional enrollments since this quarter ended. Additionally, xxx participants have several babies in the program</p> <p>2. Participants continue to be served via face-to-face contacts -either in-person or virtually (12 annually per participant). Some participants received additional contacts based on their individual need(s).</p> <p>3. Conduct 6 home visits annually for each participant, using the Partners for a Healthy Baby (PHB) home visiting curriculum (purchased each program year). Project NAF staff will use its discretion for additional contacts based on a participant's need at any given time.</p> <p>Number of Visits - Home/Community/Educational Session/Office/Newborn Baby/ July-September 2022: 81. Additional case management via telephone calls: 59.</p> <p>During the on-going pandemic, there were 78 additional attempts to reach families served.</p> <p>4. Provide 1 additional home visit (or hospital visit) within one week of the baby's birth for all program participants enrolled prenatally. Project NAF will abide by COVID-19 protocol and hospital/medical settings regarding visitation.</p> <p>5. Provide referrals to program participants based on individual needs, inclusive of but not limited to physical and mental health care, substance abuse, education, housing, and employment opportunities. Social Determinants of Health. Referrals to collaborative partnerships and programs were completed based on a participant's need.</p> <p>Focus Areas: Thirty-one program participants educated in the focus areas listed below:</p> <ul style="list-style-type: none"> •Tobacco use/smoking cessation and eliminating exposure. •Healthy weight and physical activity and nutrition. •Daily folic acid/multivitamin consumption. •Early and continuous prenatal care. •Labor and childbirth. •Breastfeeding initiation and maintenance for at least six months. •Postpartum care. •Reproductive life planning. •Infant safe sleep practices.
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Quarter 2**Case Management Services:**

Comprehensive outreach and care coordination services to program participants; Providing home visits implementing the Partners for a Healthy Baby Visiting curriculum; Planning, organizing, and directing implementation and operations of the program; Program evaluation, advocacy and supportive services to African American pregnant and postpartum women and their families - educating program participants on issues related to minority infant mortality.

Activities consist of but not limited to the following services:

- Thirty-eight women served. Three participants enrolled after December 31, 2022.
- Three new births- all at a healthy birth weight.
- No Infant Deaths: 0.
- Breastfeeding: Three breastfeeding.
- Staff accompanied program participants to prenatal & postnatal check-ups and well-baby check-ups.
- Baby basic needs provided.
- Car seats distributed to newborn births (as requested).
- MZCD facilitated and collaborated with ABCCM & Eblen Charities to provide financial assistance to a participant facing an eviction notice.

Empowerment/Educational Sessions:

- Five (5) Virtual Educational sessions held in December 2022. Topic – Importance of Well-Baby Visits and Immunization utilizing the research-based Partners for a Healthy Baby Curriculum. Pre/Post surveys completed. Results: 100% increased knowledge.

Participant Accomplishments:

- Nineteen (19) program participants maintained their employment. Of the nineteen (19), 4 participants secured new employment.
- Three participants pursuing a certificate for a Community Health Care Worker certificate through Asheville-Buncombe Community College (2), and one from
- One participant secured safer housing.
- Three (3) participants secured new housing.

<p>Quarter 3</p>	<p>Project NAF (Nurturing Asheville and Area Families) Case Management Services: Comprehensive outreach and care coordination services to program participants; Providing home visits implementing the Partners for a Healthy Baby Visiting curriculum; Planning, organizing, and directing implementation and operations of the program; Program evaluation, advocacy and supportive services to African American pregnant and postpartum women and their families - educating program participants on issues related to minority infant mortality.</p> <p>Activities consist of but not limited to the following services:</p> <ul style="list-style-type: none"> •Thirty-five women served. •Five new births. One low birth weight. Mom states baby is doing well. •No Infant Deaths: 0. •Baby clothing needs provided. •Staff collaborated with area programs to provide clothing to siblings of babies/siblings enrolled in the program. •New breast pumps distributed per request. •Car seats distributed for newborn births (as requested). •MZCD facilitated and collaborated with YWCA to secure childcare services. Services at risk of being terminated which would have impacted Mom’s employment. See Narrative note for additional information.
<p>Quarter 4</p>	<p>Buncombe County Strategic Partnership Grant April-June 2023 Project NAF (Nurturing Asheville and Area Families) met goals and objectives listed in the contractual agreement for FY23.</p> <p>Comprehensive outreach, care coordination and case management services to program participants; Staff provided the following services: Case management support implementing the Partners for a Healthy Baby Visiting curriculum; Home and community visits based on an individual's needs. Individual virtual sessions based on the stage of pregnancy and/or based on the baby’s age, or requested topics that met a family’s needs. Group virtual sessions were aligned with topics.</p> <p>Staff coordinated transportation services to medical, to jobsite to maintain a participant’s employment and/or other needed services to impact the Social Determinants of Health.</p> <p>Participants were provided with baby items, breast pumps, car seats, client support and incentivized gift cards for participating in Project NAF Educational sessions. The research-based content in the Partners curriculum addresses a wide range of topics associated with the goals of most home visiting programs including the following: improved prenatal health; healthy birth outcomes; bonding and attachment; positive parenting; enhanced child health and</p>

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Progress toward annual goals

Measure	Annual Goal	Actual Results (Enter Data)				Progress toward Annual Goal
		Quarter 1	Quarter 2	Quarter 3	Quarter 4	
Please only include new data for the specific quarter						
Number of women served	40	31	38	35	33	137
Percent of program participants who report increased knowledge of maternal and child health topics to reduce premature births	90%	100%	100%	100%	100%	100%
Percent of participants who report increased knowledge gained in the focus areas discussed during one-on-one visits and educational sessions.	90%	93%	100%	100%	100%	100%

Comments:

Two (2) Virtual Educational sessions held in May 2023. Topics:
 (1) Session One was held on May 30, 2023. Topic: Breastfeeding Support Group Lesson implemented from the research-based "Partners for a Healthy Baby" Curriculum. Pre/Post surveys completed. Results:
 Question 1: 100% increased knowledge.
 Question 2: 100% increased knowledge.
 Question 3: 90% increased knowledge.
 Question 4: 100% increased knowledge.

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Use of funds to date and any budget considerations

Spending Category	Starting Budget	Total Spending (Enter Data)				Amount Remaining
		Quarter 1	Quarter 2	Quarter 3	Quarter 4	
Personnel	\$ 12,500	\$ 3,006	\$ 1,486	\$ 3,922	\$ 4,086	\$ 0
Training						\$ -
Supplies/Materials	\$ 900	\$ 229		\$ 16	\$ 655	\$ (0)
Meetings	\$ 800	\$ 386			\$ 414	\$ (0)
Equipment/Furniture	\$ 1,175				\$ 1,175	\$ -
Printing/Marketing	\$ 700	\$ 133	\$ 150	\$ 175	\$ 242	\$ -
Licensing/Memberships/Dues/Subscriptions						\$ -
Client Support	\$ 715	\$ 315			\$ 400	\$ -
Contracts						\$ -
Professional Services	\$ 5,695	\$ 1,152	\$ 1,526	\$ 2,077	\$ 939	\$ 0
Insurance and Bonds	\$ 1,104	\$ 344	\$ 303	\$ 456	\$ -	\$ 0
Building Maintenance	\$ 4,800	\$ 1,200	\$ 400	\$ 1,200	\$ 2,000	\$ -
Travel	\$ 200	\$ 75	\$ 4	\$ 12	\$ 109	\$ 0
Participant Incentives	\$ 1,000	\$ 150		\$ 136	\$ 714	\$ 0
Outreach	\$ 2,411	\$ 1,214	\$ 578	\$ 619	\$ -	\$ 0
Telephone	\$ 500		\$ 42	\$ 131	\$ 327	\$ (0)
Total	\$ 32,500	\$ 8,205	\$ 4,489	\$ 8,744	\$ 11,061	\$ 1

Comments:

Mount Zion Community Development, Inc. Outreach & Collaboration

April 2023

- 4/13/2023: Outreach with WRES Broadcast
- 4/19/2023: Outreach with Buncombe County Engagements at Shiloh Community.
- 4/21/2023: Outreach with Buncombe County Engagements at Klondyke Apartments.
- 4/24/2023: Outreach with Buncombe County Engagements at Edington Center.
- 4/25/2023: Outreach with Outreach with Center for Participatory Change (CPC) Black Love Event at United Way re: MZCD Brochures & Healthy Beginnings water bottles.

May 2023

- 05/15/2023: Outreach with Buncombe County Engagement Market at Deaverview Apartments
- 5/12/2023: Outreach with Buncombe County Engagement at Senior Opportunity Center re: bottled water and MZCD Brochures distributed.
- 5/12/2023: Outreach with Meals on Wheels re: MZCD Brochures.
- 5/12/2023: Outreach with Land of Sky. MZCD Brochures distributed.
- 05/16/2023: Outreach with Buncombe County Engagement Market at Asheville Middle School.
- 5/17/2023: Outreach with Buncombe County Engagement at Shiloh Community Market. Bottled water and MZCD Brochures distributed.
- 05/22/2023: Outreach with Buncombe County Engagement Market at Edington Center
- 05/23/2023: Outreach with Buncombe County Engagement Market at Bartlett Arms Apartments.
- 05/24/2023 Outreach with Buncombe County Engagement Market at Pisgah View Apartments.
- 05/26/2023 Outreach with Buncombe County Engagement Market at ABCCM-West

June 2023

- 06/05/2023: Outreach with Buncombe County Engagement Market at Deaverview Apartments. Toiletries, household items distributed.
- 6/6/2023: Outreach with Buncombe County Engagement at Enka Middle School. Stop the Hunger Flyers distributed.
- 06/06/2023: Outreach with Buncombe County Engagement Market at Enka Middle School. Educational flyers.
- 6/7/2023: Outreach with Buncombe County Engagement at Aston Park Towers. "Stop the Hunger" flyers distributed.
- 06/07/2023: Outreach at YMCA. Educational health information distributed.

- 06/07/2023: Outreach at Goodwill. "Stop the Hunger" flyers distributed.
- 06/07/2023: Outreach at B.E.A.R. Closet "Stop the Hunger" flyers distributed.
- 06/07/2023: Outreach at Helpmate: "Stop the Hunger" flyers distributed.
- 06/07/2023: Outreach with Buncombe County Engagement Market at Aston Park Apartments. Educational information distributed.
- 06/09/2023: Outreach with buncombe County Engagement Market at Senior Opportunity Center. Educational information distributed.
- 06/13/2023: Outreach with WRES broadcast,
- 06/13/2023: Outreach with Buncombe County Engagement Market at Bartlett Arms Apartment. Educational information on health disparities distributed.
- 6/13/2023: Outreach with Buncombe County Engagement at Bartlett Arms Apartments re: "The Climb" Out of Darkness. Educational information on health disparities distributed.
- 06/14/2023: Outreach with Buncombe County Engagement Market at Pisgah View Apartments. The Urban News distributed.
- 6/14/2023: Outreach with Buncombe County Engagement at Pisgah View Apartments. MZCD Brochures distributed.
- 6/15/2023: Outreach with Buncombe County Engagement Klondyke. Water distributed.
- 06/16/2023: Outreach with DOWNTOWN Public Library. "Stop the Hunger " flyers distributed.
- 06/16/2023: Outreach with Maple Crest Apartments. "Stop the Hunger " flyers distributed.
- 06/16/2023: Outreach with Edington Center re: "Stop the Hunger " flyers distributed.
- 06/16/2023: Outreach with Grant Center re: "Stop the Hunger " flyers.
- 06/17/2023: Outreach with Juneteenth Celebration 2023 Asheville Pack Square Park Hosted by the MLK Association re: MZCD Brochures & Mental Health information.
- 06/20/2023: Outreach with Buncombe County Engagement Market at Asheville Middle School". Climb out Darkness "flyers distributed.
- 6/20/2023: Outreach with Buncombe County Engagement Asheville Middle School. "Stop the Hunger" flyers distributed.
- 6/21/2023: Outreach with Buncombe County Engagement Shiloh Community Market (Rock Hill Baptist Church). Educational information on health disparities distributed.
- 06/21/2023: Outreach with ABCCM-Downtown Asheville. "Stop the Hunger" flyers distributed.
- 06/21/2023: Outreach with Haywood Street Church. "Stop the Hunger" flyers distributed.
- 06/21/2023: Outreach with WNC Rescue Mission. "Stop the Hunger" flyers distributed.
- 06/21/2023: Outreach with Buncombe County Engagement Market at Shiloh Community Market. "Stop the Hunger" flyers distributed.
- 06/22/2023 Outreach with Buncombe County Engagement Market at Deaverview Apartments- Climb out of the Darkness flyers distributed.
- 06/23/2023: Outreach with Salvation Army. "Stop the Hunger" flyers distributed.

- 06/23/2023: Outreach with CWA Learning Center. "Stop the Hunger" flyers distributed.
- 06/23/2023: Outreach with Soce's Hair Salon. "Stop the Hunger" flyers distributed.
- 06/23/2023: Outreach with Mount Inspiration. "Stop the Hunger" flyers distributed.
- 06/23/2023 Outreach with Jr. Cuts Barbershop re:
- 06/23/2023 Outreach with Isaac Dickinson Elementary School. "Stop the Hunger" flyers distributed.
- 06/23/2023: Outreach with Burton Street Center. "Stop the Hunger" flyers distributed.
- 06/23/2023: Outreach with Asheville Peak Academy School. "Stop the Hunger" flyers distributed.
- 06/23/2023: Outreach with Trinity United Methodist Church. "Stop the Hunger" flyers distributed.
- 06/23/2023: Outreach with Haywood Road Library. "Stop the Hunger" flyers distributed.
- 06/24/2023 Outreach with Center for Participatory Change (CPC) Black Love Event at United Way. MZCD Brochures distributed.
- 06/26/2023: Outreach with Meals on Wheels. "Stop the Hunger" flyers distributed.
- 06/26/2023: Outreach with Beverly Hills Baptist Church. "Stop the Hunger" flyers distributed.
- 06/26/2023: Outreach with Homeward Bound "Stop the Hunger" flyers distributed.
- 06/26/2023: Outreach with God's Promise Christian Fellowship. "Stop the Hunger" flyers distributed.
- 06/26/2023: Outreach with Deaverview Apartments. "Stop the Hunger" flyers distributed.
- 06/26/2023: Outreach with Land of Sky. "Stop the Hunger" flyers distributed.
- 06/27/2023 Outreach with Buncombe County Health and Human Services. "Stop the Hunger" flyers distributed.
- 06/27/23: Outreach with United Way." "Stop the Hunger" flyers distributed. "Stop the Hunger" flyers distributed.
- 06/27/2023 Outreach with The Arc of Buncombe County. "Stop the Hunger" flyers distributed.
- 06/27/2023: Outreach with Community Action Opportunities. "Stop the Hunger" flyers distributed.
- 06/27/2023: WRES broadcast. Topics: Domestic Violence and Emotional Well-Being.
- 06/28/2023: Outreach with Costello House. "Stop the Hunger" flyers distributed.
- 06/28/2023: Outreach with North Asheville Library. "Stop the Hunger" flyers distributed.
- 06/28/2023: Outreach with ABCCM-North. "Stop the Hunger" flyers distributed.
- 06/28/2023: Outreach with Veterans Quarters. "Stop the Hunger" flyers distributed.
- 06/28/2023: Outreach with Foster Seven Day Adventist. "Stop the Hunger" flyers distributed.
- 06/28/2023: Outreach with RHA-Biltmore. "Stop the Hunger" flyers distributed.
- 06/28/2023: Outreach with Buncombe County Engagement Market at Pisgah View Apartment. Educational information on health distributed.

- 06/29/2023: Outreach with Livingston Office. "Stop the Hunger" flyers distributed.
- 06/29/2023: Outreach with red Door Church. "Stop the Hunger" flyers distributed.
- 06/29/2023: Outreach with Stephens Lee Center. "Stop the Hunger" flyers distributed.
- 06/29/2023: Outreach with Land of the Sky Associates and realtors. "Stop the Hunger" flyers & health information distributed.
- 06/29/2023 Outreach with MAHEC Family Health Center. "Stop the Hunger" flyers distributed.
- 06/29/2023: Outreach with MAHEC OBGYN. MZCD brochures and "Stop the Hunger" flyers distributed.
- 06/29/2023: Outreach with new Mount Olive Missionary Baptist Church. "Stop the Hunger" flyers distributed.
- 06/29/2023: Outreach with First Presbyterian Church: "Stop the Hunger" flyers distributed.
- 06/29/2023: Outreach with Labor Finders: "Stop the Hunger" flyers distributed.
- 06/29/2023: Outreach with Minnie Jones Center. "Stop the Hunger" flyers distributed.
- 06/29/2023: Outreach with Housing Authority. "Stop the Hunger" flyers distributed.
- 06/29/2023: Outreach with Sunrise Community for Recovery and Wellness. "Stop the Hunger" flyers distributed.
- 06/29/2023: Outreach with Ingles on Tunnel Road. "Stop the Hunger" flyers distributed.



Home visit and case management with Project NAF Participant.



Project NAF Baby taking a nap during home visit with Participant.



Home visit with Project NAF Participant that's due any day now. Wishing this mom, a healthy and safe labor and delivery.



Project NAF Participant delivered a healthy 6 lbs. 11 oz. baby boy on April 17, 2023.



Congratulations to Project NAF Participant becoming a Certified Medical Assistant (CMA). Blue Ridge Community College was instrumental for securing employment for Akia Whiter as a (CMA) at Advent Health in May 2023.



Mount Zion Community Development, Inc. Executive Director, Belinda K. Grant and Project NAF Baby Girl.



Case management visit with Project NAF Participant. Dropping off essential needs for baby, diapers.



Community Visit

Executive Director with Project NAF participant at her worksite



Outreach and collaboration at the Back History Month Supper at the Stephens Lee Recreation Center.

Photo with Renee White who sponsored and facilitated this annual event.



Outreach and collaboration at the Back History Month Supper at the Stephens Lee Recreation Center.



Mount Zion Community Development, Inc. Registered Nurse, Natalia Munoz-Schneier, MZCD Volunteer, John Grant, MZCD Executive Director, Belinda K. Grant, Project NAF Outreach Worker, Sapphire De'Bellott, and MZCD Administrative Assistant, Barbara Anderson

Outreach & Collaboration at Juneteenth Celebration of Asheville June 17, 2023.



Mount Zion Community Development, Inc. Executive Director, MZCD Nurse Family Practitioner, Kontia Grant, Center for Participatory Change (CPC) Co- Director, Tiffany Flunory De'Bellott, and Project NAF Outreach Worker

Outreach & Collaboration at Juneteenth Celebration of Asheville June 17, 2023.



Dr. Oralene Anderson Graves Simmons, Fonder of The Dr. Martin Luther King Jr. Association, Mount Zion Community, Inc. (MZCD) Nurse Family Practitioner, Kontia Grant, and MZCD Executive Director, Belinda K. Grant.

Outreach & Collaboration at Juneteenth Celebration of Asheville June 17, 2023



Mount Zion Community Development, Inc. Nurse Family Practitioner, Kontia Grant, administering blood pressure check to Project NAF Participant



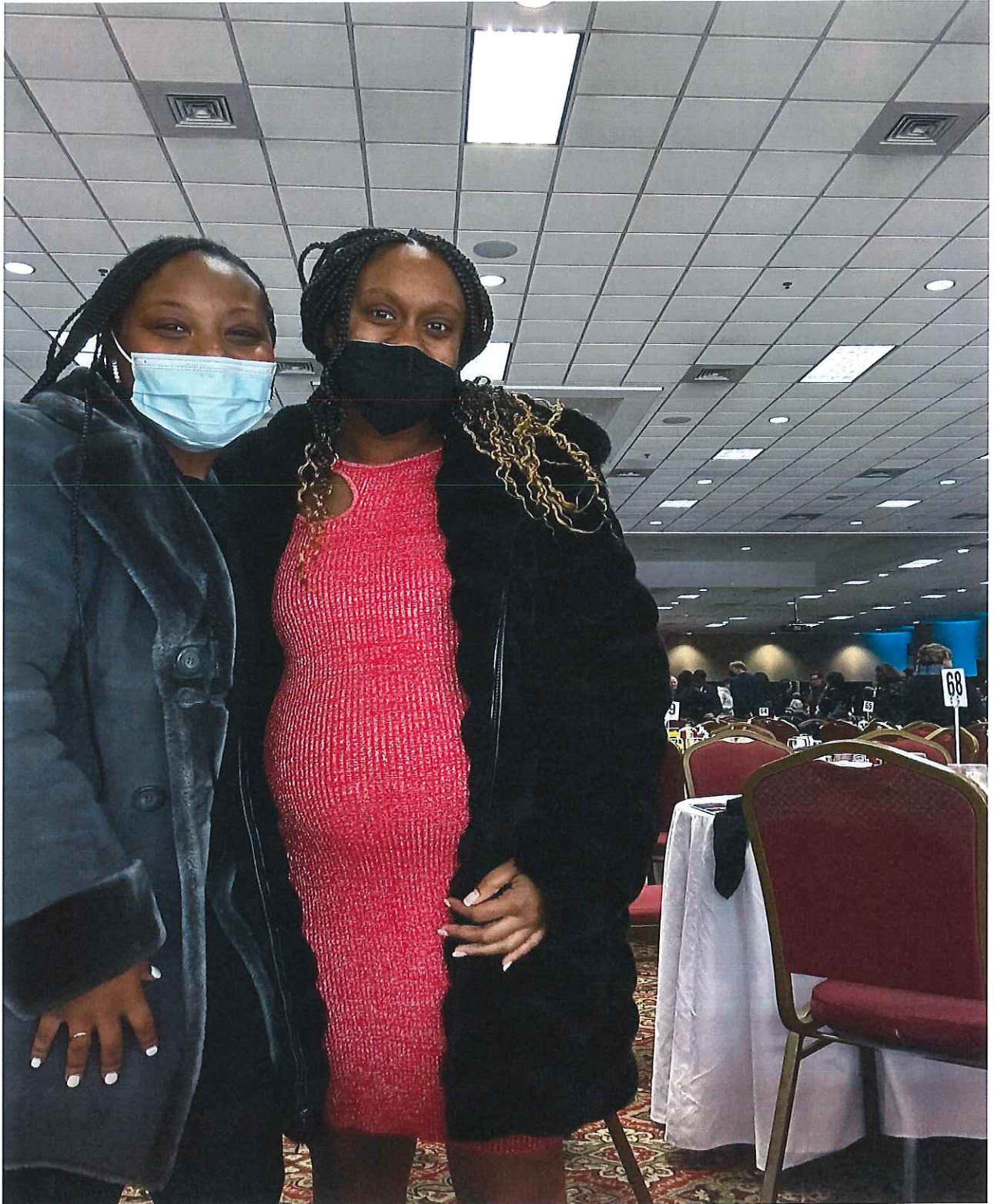
Mount Zion Community Development, Inc. Registered Nurse, Natalia Munoz-Schneier administering a blood pressure test and providing new enrolled Project NAF Participant information.



Photo of Project NAF Outreach Worker with Shateisha Bowden Facility Manager of Grove St. Senior Community Center



One of the Guest Speakers at MLK Jr. Prayer Breakfast, Mayor Preston Blakely of Fletcher County.



Project NAF Participant accompanied Project NAF Outreach Worker at the MLK Jr. Prayer Breakfast on January 14, 2023



Project NAF Outreach Worker with Former Project NAF Participant.



Project NAF Outreach Worker took a photo with Center for Participatory Change (CPC) Co-Director Tiffany Flunory De'Bellott, who also donated Project NAF MLK Jr. Prayer Breakfast tickers and Former Project NAF Participant, Pearl De'Bellott, and Member of Asheville City's School Board, Jessie Warner.